

# County Health Rankings & Roadmaps

Building a Culture of Health, County by County

## DeKalb (DK)

	DeKalb County	Error Margin	Top U.S. Performers <sup>^</sup>	Indiana	Rank (of 92)
<b>Health Outcomes</b>					<b>28</b>
<b>Length of Life</b>					<b>36</b>
Premature death	7,300	6,400-8,200	5,200	7,600	
<b>Quality of Life</b>					<b>27</b>
Poor or fair health**	16%	16-17%	12%	19%	
Poor physical health days**	3.6	3.4-3.8	2.9	4.1	
Poor mental health days**	3.9	3.7-4.1	2.8	4.3	
Low birthweight	7%	6-8%	6%	8%	
<b>Additional Health Outcomes (not included in overall ranking)</b>					
Premature age-adjusted mortality	380	350-420	270	380	
Child mortality	50	30-80	40	60	
Infant mortality	6	4-10	5	7	
Frequent physical distress	11%	10-11%	9%	13%	
Frequent mental distress	11%	11-12%	9%	13%	
Diabetes prevalence	10%	9-10%	9%	10%	
HIV prevalence	58		41	172	
<b>Health Factors</b>					<b>20</b>
<b>Health Behaviors</b>					<b>31</b>
Adult smoking**	20%	19-21%	14%	23%	
Adult obesity	31%	26-37%	25%	31%	
Food environment index	7.3		8.3	7.2	
Physical inactivity	28%	23-34%	20%	28%	
Access to exercise opportunities	69%		91%	75%	
Excessive drinking**	16%	15-17%	12%	16%	
Alcohol-impaired driving deaths	22%	14-32%	14%	25%	
Sexually transmitted infections	163.0		134.1	428.7	
Teen births	40	36-44	19	37	
<b>Additional Health Behaviors (not included in overall ranking)</b>					
Food insecurity	13%		11%	15%	
Limited access to healthy foods	8%		2%	6%	
Drug overdose deaths	10	5-18	8	16	
Drug overdose deaths - modeled	12.0-14.0		6.1-8.0	18.2	
Motor vehicle crash deaths	13	9-18	9	12	
Insufficient sleep	35%	34-37%	28%	38%	
<b>Clinical Care</b>					<b>49</b>
Uninsured	15%	14-17%	11%	16%	
Primary care physicians	1,760:1		1,040:1	1,490:1	
Dentists	2,350:1		1,340:1	1,930:1	
Mental health providers	1,930:1		370:1	710:1	
Preventable hospital stays	67	58-77	38	63	
Diabetic monitoring	85%	75-95%	90%	84%	
Mammography screening	51%	42-60%	71%	62%	
<b>Additional Clinical Care (not included in overall ranking)</b>					
Uninsured adults	18%	16-20%	13%	19%	
Uninsured children	8%	6-11%	5%	8%	
Health care costs	\$8,473			\$9,753	
Other primary care providers	2,493:1		866:1	1,661:1	

	DeKalb County	Margin	Top 10% Performers <sup>^</sup>	Indiana	Rank (of 92)
<b>Social &amp; Economic Factors</b>					15
High school graduation	92%		93%	87%	
Some college	55%	50-60%	72%	61%	
Unemployment	5.3%		3.5%	6.0%	
Children in poverty	15%	11-19%	13%	21%	
Income inequality	3.8	3.4-4.1	3.7	4.4	
Children in single-parent households	29%	24-34%	21%	34%	
Social associations	16.1		22.1	12.6	
Violent crime	135		59	334	
Injury deaths	63	52-74	51	63	
<b>Additional Social &amp; Economic Factors (not included in overall ranking)</b>					
Median household income	\$51,900	\$49,200-54,600	\$61,700	\$49,400	
Children eligible for free lunch	34%		25%	41%	
Residential segregation - black/white			23	69	
Residential segregation - non-white/white	17		15	56	
Homicides			2	5	
<b>Physical Environment</b>					5
Air pollution - particulate matter	13.1		9.5	13.5	
Drinking water violations	No		No		
Severe housing problems	11%	9-13%	9%	14%	
Driving alone to work	86%	84-88%	71%	83%	
Long commute - driving alone	28%	25-31%	15%	30%	

Areas to Explore    Areas of Strength

<sup>^</sup> 10th/90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

\*\* Data should not be compared with prior years due to changes in definition/methods

2016