Sacopee Midwives
Certified Professional Midwives serving greater Portland and beyond since 1995

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How our Practice Works:
Welcome to Sacopee Midwives! We are a group practice of four primary Certified Professional Midwives. At this time Brenda Surabian, Acadia Gantz, Grace Pease and Danielle Mason are the primary midwives and split all practice duties.

A group practice means that our clients benefit from our collective knowledge and experience, and have more than one midwife to oversee their care and get to know them. It also means you will always have a well-rested team of at least two at your birth.

For the midwives, it means that we can have certain days when we are on-call only for our families, which keeps us fresh and balanced to provide the best midwifery care possible. We feel this group practice model offers a sustainable way to give our clients quality, individualized midwifery care, while also balancing the needs of our own families.

From a unique business perspective:
Our practice operates as a horizontal collective. This means that Sacopee Midwives functions as a partnership of individual professionals, recognizing them as equals and rewarding them for their expertise. This model aims to reduce costs to clients while maintaining healthy rewards for participating partners (to us this means fair compensation for our time and dedication, as well as the ability to take time off). Eliminating the operating costs that are needed to support levels of management helps us to accomplish these goals.

Who will I see for prenatal and postpartum visits and where will they be?
You will see Brenda, Acadia, Grace and Danielle for your prenatal and postpartum visits.
We will primarily see you in our office located in the Steep Falls Family Medicine building (1200 Pequawket Tail, Steep Falls ME). You are guaranteed a home visit at least once during the prenatal time, and at least two of the five-six postpartum visits are at home.

Who will be at my birth?
Brenda has retired from going to births, and Acadia, Grace and Danielle each take about 7 days off-call each month. It is likely that you will have two of the midwives at your birth, although you may have one midwife from our practice and one assistant midwife from another local practice if there are multiple births in progress at the same time. You can read more about each of the Sacopee Midwives in their bio's on our website, www.sacopeemidwives.org.

Also, when considering our practice for your care, please read the other following documents; Informed Choice, Financial Agreement, Emergency Care Plan, and When to Call to get a further idea of how our practice works. You can email us any time with questions at sacopeemidwives@gmail.com.

We appreciate your interest in our practice and wish you a happy, healthy pregnancy and birth.