

# Connecting Hands



The American Massage Therapy Association Wisconsin Chapter  
Volume 15-03

Promoting Wellness Through Massage  
Summer 2009



## A Critical Step in the Legislative Process!

Senator Dave Hansen of Green Bay and Assembly Representative Therese Berceau of Madison have kindly agreed to be the lead authors for the massage therapy and bodywork therapy licensing bill in the Wisconsin Senate and Assembly. When you contact your own state legislators they will want to know these names as well as the number, which is LRB-0273. Please, please, do your part and make a quick call or send an email or a snail mail to your state senator and assembly representative and ask for them to support our bill. This can take as little as a couple of minutes out of your day! To get all the information on who represents you in Madison call 1-800-362-9472 or go to [www.legis.state.wi.us](http://www.legis.state.wi.us) then click on Who Represents Me? Check [www.amtawi.org](http://www.amtawi.org) for the latest on this quickly changing process. Questions? Contact Betsy Krizenesky, [Krizenesky@aol.com](mailto:Krizenesky@aol.com) 920-725-0224.

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Plan On Attending  
Fall Educational Conference and Chapter Meeting  
September 12 & 13, 2009  
La Crosse Center  
300 Harborview Plaza

La Crosse is a beautiful city resting right on the Mississippi River.  
Plan some extra time to take a drive along the Great River Road, see fantastic bluffs,  
eagles and the Great River.

Chapter Meeting Sunday 9/13/09 11:30 (lunch) Meeting at 12:30  
Be there to help decide the future of your profession and association.  
See pages 10 & 11 for more information.



Your GROOVY Board of Directors

## AMTA - WI Chapter Officers

### PRESIDENT

Amy Remillard, WCMT  
Term ends 2/10  
120 West Wabash Avenue  
Waukesha, WI 53186  
(262) 549-2362  
amy120@wi.rr.com



### FIRST VICE -PRESIDENT

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### SECOND VICE -PRESIDENT

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Stressrelief1@juno.com



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### SECRETARY

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### IMMEDIATE PAST PRESIDENT

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## The AMTA Purpose

The purposes of the AMTA shall be; To advance the science and art of massage and related techniques; To raise and maintain the standards of the massage profession; To foster a spirit of cooperation and the exchange of ideas and techniques among its members and others who are part of the massage profession; To promote legislation that supports and upholds, and oppose legislation that harms and damages, the massage profession; To protect and preserve the rights of its members; To enhance the public's understanding and appreciation of massage; To further the broad objective of improving conditions of life, or individual well being, in our society through utilization of the professional knowledge and skills of massage therapy; To advocate the rights and interests of persons seeking massage therapy as health care; To conduct any other activity in connection with the purposes stated in this Article and to undertake such other desirable activities as the Board of Directors may determine.

## Connecting Hands

This newsletter is a quarterly publication of the AMTA Wisconsin Chapter, (AMTA-WI) a non-profit professional massage therapy association. This publication welcomes contributions from readers. Articles for submission may be presented in any format, but must include the name, address and phone number of the writer. Copyright materials must be accompanied by written permission by its holder. The Wisconsin Chapter reserves the right to edit material for space and clarification; accept or reject materials; and assumes no responsibility for errors, omissions, corrections or modifications to publications. The beliefs or opinions contained in this publication do not necessarily reflect those of the AMTA-WI Chapter.

## Committee Chairs

### DELEGATES '09 Convention

Michael Rude 262-884-8059  
AnnMarie Kolb 414-247-0908  
Robin Brauner 715 379-0900

Ken Ring 608-444-3039

### Delegates '10 Convention

Cynthia Licht, Amy Appel, Barb Mitchell, Emily Ilg, Alishia Mell.

Alternates: Karen White, Erin Witthun, Ellen Wittwer.

### WEB MASTER

Judy Wu WCMT  
innerpearlmassage@yahoo.com

### SCHOLARSHIP

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262-554-5419  
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### EDUCATION Co-Chairs

Amy Appel 715-299-3488  
amypowerhands@yahoo.com

### LAW & LEGISLATION

Betsy Krezenesky, WCMT  
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## Important Contact Information

AMTA-WI Chapter Voice Mail & Website  
414-299-9201

Website: [www.amtawi.org](http://www.amtawi.org)

AMTA National Office

500 Davis St, Suite 900

Evanston, IL 60201-4444

Toll Free Phone: 877-905-2700.

Fax: 847-864-1178

Website: [www.amtamassage.org](http://www.amtamassage.org)

Email: [info@amtamassage.org](mailto:info@amtamassage.org)

For address changes, insurance questions, etc.

Wis. Dept. of Regulation & Licensing

1400 E. Washington Ave.

PO Box 8935

Madison, WI 53708-8935

Fax: 608-267-0644

608-266-2112 Automated line for credential applications

608-266-7482 For complaint forms

Website: <http://drl.wi.gov> (new web address)

To check law updates, licensee status, etc.

Wis. Educational Approval Board

PO Box 8696

Madison, WI 53708-8696

Phone: 608-266-1354

Fax: 608-264-8477

To verify a school's status, make reports

National Certification Board

1901 South Meyers Road suite 240

Oakbrook Terrace, IL 60181-5243

800-296-0664 for applications

Website: [www.ncbtmb.com](http://www.ncbtmb.com)

For application downloads, updates, etc

Newsletter Committee Chair

Kay S. Peterson

Layout/Design

Mike Rude

Editorial Committee

Board of Directors

Deadlines

November 30 (January Issue)

February 28 (April Issue)

May 31 (July Issue)

August 31 (October Issue)

Submissions will be accepted by email at:

[essentialmassage@sbcglobal.net](mailto:essentialmassage@sbcglobal.net) & [mikerude@mac.com](mailto:mikerude@mac.com)

Advertisement should be sent in PDF format by email to the above addresses.

Typed or handwritten submissions are also welcome, they should be mailed to:

Essential Massage  
4330 Golf Terrace #209  
Eau Claire, WI 54701

Advertising Rates

Full Page - \$175                      1/2 Page - \$90

1/4 Page - \$50                        1/8 Page - \$30

Classifieds & Personals - \$8, (20 words or less)

Professional Networking- FREE to all AMTA members and Chapters.

## President's Report

In May, the Board of Directors and Committee Chairs met in Madison, WI for their first Board Meeting. Our newest board member, Erin Witthun, 3rd Vice President and Outreach Committee Chair was welcomed by everyone. Erin will be working with the Sports Massage Chair, Shane Granzow, to provide sports massage but also educate the public on the benefits of massage therapy. If you are interested in participating or may have ideas to offer please contact Erin or Shane (their contact information is in the front cover). Shane has recovered from a recent illness and will continue the responsibilities of treasurer with the National Office overseeing the chapter's bookkeeping. If you are interested in being involved with any of the committees or volunteering in general you may want to attend a board meeting. Our board meeting dates for 2009 are as follows:



*Sunday, July 26, in Eau Claire at 10 a.m.*

*Saturday, September 12, in La Crosse at 6 p.m.*

*Sunday, November 15, in Madison at 1:00 p.m.*

Ellen Wittwer, 2nd vice president and Erin Witthun, 3rd vice president will be attending the Chapter Volunteer Orientation Program (CVOP) in Evanston, IL, July 9-12. This program offers information about non-profit boards and volunteer roles & responsibilities particular to the AMTA. An explanation on how to access the resources available at the AMTA will also be provided. They will network and have some fun as well! Feel free to contact Ellen or Erin to ask them what they learned at CVOP.

The National Convention will be held in Orlando, FL, September 23-26. If you plan on attending please contact me at [amy120@wi.rr.com](mailto:amy120@wi.rr.com). I would like to organize a group dinner for those of you attending. Thursday evening will be the best evening for all of us to get together. I look forward to seeing everyone between educational sessions, networking, and visiting the exhibits marketplace.

I would also like to extend condolences to Andrew Schaefer's family. Andy passed away at Wheaton Franciscan Healthcare on Friday, May 22, 2009. If anyone wishes to write a note to Andy's family you may send the note to me. I will send these notes along with the framed article from page 6 to his family. Please read more about Andy on page. His contributions to the WI chapter, subtle humor, and love of his profession, family and friends will never be forgotten.

Enjoy the Summer,  
Amy

# Lakeside

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## Continuing Education Courses

**Questions?** Contact Megan, 414-372-4345 ext. 17 or [megan@lakeside.edu](mailto:megan@lakeside.edu).

### Heated Stone Massage Workshop

Instructor: Kay Peterson, WCMT, NCTMB  
Dates: 6/27 6/28/09; Hours: 14; Cost: \$265  
Cost to Lakeside graduates: \$235

### Certified Infant Massage Teacher Course

Instructor: Tina Allen, LMT, CPMMT, CPMT, CIMT  
Dates: 7/10 7/12/09; Hours: 24; Cost: \$650;

### Aromatherapy for Massage

Instructor: Dora Fronek, WCMT, CFT  
Dates: 7/14 and 7/21/09; Hours: 8; Cost: \$85

### Certified Pediatric Massage Therapist Course

Instructor: Tina Allen, LMT, CPMMT, CPMT, CIMT  
Dates: 7/18 7/19/09; Hours: 16; Cost: \$450

### Advanced and Shared Chair Massage

Instructor: Len Pautz, WCMT, ADMT  
Date: 9/19/09; Hours: 8; Cost: \$120;  
Cost to Lakeside graduates: \$90

### Assessment and Treatment of Shoulder Pain

Instructor: Dr. Ben Benjamin  
Dates: 9/26 9/27/09; Hours: 16; Cost: \$350;  
Cost to Lakeside graduates: \$262.50

*All continuing education classes are held at Lakeside School of Massage Therapy, Milwaukee.*

## Work at Lakeside!

**We're looking for skilled people with teaching and practitioner experience.**

Contact Jerilyn Jones, Director of Education,  
[jerilyn@lakeside.edu](mailto:jerilyn@lakeside.edu), **414-372-4345**



Lakeside does not discriminate on the basis of race, color, national or ethnic origin, gender, sexual orientation, religion, age or disability in administration of the educational policies, admission policies, and other school administrated programs. Lakeside is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing ed provider.



**REGISTER ONLINE**  
[www.lakeside.edu](http://www.lakeside.edu)

Lakeside  
SCHOOL OF  
MASSAGE THERAPY

**Milwaukee 414-372-4345**  
1726 N. 1st Street, Milwaukee, WI 53212  
[milw\\_info@lakeside.edu](mailto:milw_info@lakeside.edu)

## Ethical Dimensions

This column often responds to questions sent to me by Massage Therapists regarding the dynamics of the therapeutic relationship. This month,



however, I have decided to invite you to pause and reflect on our profession as a whole. Together let's take a look at the many changes which have taken place over the past many years, along with the current legislative proposal here in Wisconsin: changes in relationship to consumer use of mas-

sage therapy; public knowledge and understanding of the massage therapy profession; the diverse reasons people seek our services; the cost of massage therapy; the growing professional opportunities for those seeking to make a solid and meaningful career choice; the enormous responsibility we have as massage therapists; and many more. With these many changes, I feel it is important to reflect on the topic of legal recognition in the context of regulation. If you have been following Betsy Krzenesky's dedication, hard work, and updates over the last couple of years, you are well aware of the legislation in progress here in Wisconsin.

Although regulation can sometimes be confusing and frustrating, legal recognition of the massage therapy profession is good for everyone. This article attempts to ignite your curiosity, offer some "general" solid reasons, and perhaps weave my personal beliefs and thoughts regarding updating Wisconsin's massage therapy law to that of *practice protection*.

I believe it is fair to say that legal recognition and standards of competency offer a clear and meaningful way to talk about what we do, but most importantly protect both you and your client. Having laws in place raises the reputation of the massage therapy profession as a whole. As many of you know I have the opportunity of teaching both at TIBIA Massage School and East ~ West Healing Arts Institute, both located in Madison. The first day of my Ethics class I invite the students to pause and reflect on the following scenario: "Soon, you will have the situation where a friend, family member, or total stranger will give you almost total access to their naked body. What are your responsibilities and what are your client's responsibilities concerning this relationship?" This simple question is often not very simple to answer. Even to "seasoned" therapists, this question can be a reminder of the extraordinary and

often difficult dynamics of the therapeutic relationship.

With this in mind, imagine there was minimal regulation within our profession. Imagine there were people practicing massage therapy with limited professional training. This could lead to public confusion around professional titles and services that are offered. I invite you to look through the Yellow Pages and Isthmus magazine. Are you following me? Limited ethical accountability simply means one is not accountable to a code of conduct and professional standards. This, I believe, opens up situations where both client and therapist can be physically, emotionally and sexually hurt and violated with little or no consequences. Is this the profession we want to work in and represent?

Currently, Wisconsin is a *title protection* state. Essentially this means that those who have even as little as 20 hours of massage therapy education (just one example) can offer massage services to the public and charge the "going" rate. The only legal requirement affecting them is that they avoid using the protected titles, Massage Therapist or Bodyworker. Again, for me the larger issue is the probability of many people practicing with zero accountability to a written code of ethics, and the grave possibilities that often accompany this lack of professional standards. Doctors, nurses, lawyers, and other professionals do not allow for this short-cut ~ why should we?

This topic can often lead into a juicy and fired-up conversation. However, I do hope I have brought some clarity, ignited your thinking, and perhaps inspired you in some way to support the move to a *practice protection* state. Of the 43 other states, plus DC that regulate the profession, only 5 are not practice protected.

*Please feel free to contact either myself or Betsy regarding Wisconsin's current legislative proposal. Her contact information is on the inside cover of every newsletter.*

Kathy Ginn is currently in private practice in Madison, WI. She teaches Ethics and Business courses both locally and nationally. Kathy is an NCBTMB approved provider. You may visit her web site @ [www.ethicaldimensions.com](http://www.ethicaldimensions.com) for her course offerings.

We have 1,855  
new members!  
See page 16  
for a complete list

## Massage Pioneer Andy Schaefer Dies



On May 15, 1972, long before massage became an accepted form of health care, Andrew Schaefer of Racine became a member of the AMTA. Andy served as Chapter President in 1980-1981, then served as 1<sup>st</sup> Vice President from 1981-1982 and again as President from 1982 -1983 he also served as a Delegate to the National Convention in 1997. During his time with the AMTA-WI Chapter Andy was a vocal participant at just about every Chapter Meeting he attended; he always demonstrated a willingness to participate in the process of decision-making by voicing his opinions and concerns to the assembled membership. It has been a few years since Andy attended a Chapter Meeting but those of us who have been around for a bit recall Andy and Bill attending as a team offering warm hellos to everyone and engaging in discussions whenever the opportunity presented itself. Bill Shulak was Andy's friend, fellow instructor of therapeutic massage and companion to all of the events. Andy was legally blind; Bill served as Andy's extra set of eyes to help him traverse the massage table filled conference rooms.

Andy was the founder and lead instructor of the YMCA School of Swedish Massage in Racine. He retired from both his massage practice and teaching in 1999.

In a recent conversation with Bill Shulak following Andy's death, Bill recounted his memories of Andy. "Andy was the reason I became a massage therapist. My wife and I were regular clients of his and when I retired from the insurance business I decided to attend Andy's school. After I graduated Andy hired me as co-instructor, I taught there for 10 years."

Andy had a strong practice in Racine, his excellent technique and skill prompted him to start a massage training program, Bill explains "Andy was probably the most knowledgeable straight Swedish Massage Therapist I ever met and probably had the finest touch. When I took my Swedish practical to become an AMTA member (this requirement ended around 1992) the proctor could tell who trained me through the quality of my touch and my distinctive technique. Andy was a good man."

Andy passed away May 22, 2009, he will be missed by many.

## Free Continuing Education

Would you like to go to the  
September 12 & 13, 2009  
workshop at La Crosse, WI  
FREE?

3 classes to choose from:  
Bryan Born  
*Essential Strategies for Today's  
Complex Massage Cases*  
Saturday and Sunday  
Lyrea Crawford  
*Introduction to Traditional  
Thai Massage*  
Saturday and Sunday  
Dawne Knudson  
*4 Simple Moves*  
Sunday only

All you have to do is write a one page  
essay and  
answer the following question:

***What did you learn from an  
experienced colleague that made you  
want to continue to  
be a Massage Therapist?***

The dead line for submissions

is August 1<sup>st</sup>

Email to Dorothy Sack

dorothy@dorothymassagetherapy.com



Raffle prize winners from the February conference.

# BLUE SKY

## SCHOOL OF PROFESSIONAL MASSAGE & THERAPEUTIC BODYWORK

Do you love being a massage therapist? Tell your family and friends...  
we are accepting applications NOW for our September 2009 program.

CONTINUING EDUCATION SEMINARS-NCBTMB APPROVED  
JULY – OCTOBER, 2009, CHECK [BLUESKYMESSAGE.COM](http://BLUESKYMESSAGE.COM) FOR FULL  
LISTING AND DESCRIPTIONS!

### NEW SEMINARS!

7/25-26 Refresher/Preparation for National Certification Exam, DePere\*\*  
8/1-2 Refresher/Preparation for National Certification Exam, Grafton \*\*  
10/27 Advanced Aromatherapy Part III, Grafton \*

### PRECISION NEUROMUSCULAR THERAPY SEMINARS

7/24-26 Spine & Thorax, Grafton  
8/7-9 Spine & Thorax, DePere  
9/18-20 Upper Extremities, Grafton  
10/2-4 Form & Function, Madison  
10/16-18 Lower Extremities, Grafton

### SMALL ANIMAL MASSAGE SEMINARS

8/21-23 Small Animal Massage, DePere  
9/18-20 Small Animal Massage, Grafton  
10/9-11 Small Animal Anatomy, Grafton  
10/16-18 Small Animal Anatomy, DePere

### OTHER SPECIALITY SEMINARS

7/10-12 Acupressure: Jin Shin Do, Grafton  
7/18-19 Reflexology, DePere  
9/26 Lymphatic, Grafton  
10/2-4 Ayurveda: Dynamics of Rejuvenation, Grafton\*  
10/9-11 Lomi Lomi I & II, Grafton  
10/12 Lomi Lomi III, Grafton  
10/16-18 Reiki, Energy and Body, Grafton  
10/23 Herbs for Relaxation & Stress Relief, Grafton  
10/23-24 Aromatherapy, Grafton

Contact Brenda at 262-376-1011 or [Brenda@BlueSkyEdu.org](mailto:Brenda@BlueSkyEdu.org).

\*Not NCBTMB Approved at this time

\*\*NEW ONLINE REGISTRATION AVAILABLE FOR THIS SEMINAR!

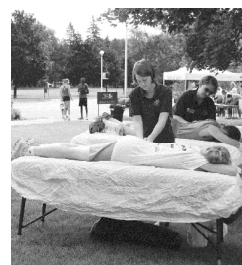
Enjoy our "NEW" building at 350  
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that may be interested in learning basic massage to relieve  
everyday stress or strains or maybe interested in a career in  
massage, but would like to try an introduction course first....  
have them check out our Please Touch and Very Basic Massage  
classes! We offer two classes to choose from; a four hour Very  
Basic massage class and an eight week Please Touch class.

Very Basic Massage class: 7/16, Grafton &  
7/1, 7/13, 7/29, 8/10, 8/26 DePere

Eight week Please Touch Intro to Massage class: 9/19 Madison  
& 7/7 & 7/9 DePere

Call the location directly to sign up or  
email [Info@BlueSkyEdu.org](mailto:Info@BlueSkyEdu.org)



[www.BlueSkyMassage.com](http://www.BlueSkyMassage.com)  
email: [info@BlueSkyEdu.org](mailto:info@BlueSkyEdu.org)

### GREATER MILWAUKEE

350 Double Tree Lane  
Grafton, WI 53024  
262-376-1011  
Grafton Open House: 6pm  
7/8, 8/5, 10/14

### MADISON

2005 West Beltline Highway, Suite 201  
Madison, WI 53713  
608-270-5245  
Madison Open House: 9:30am  
7/11, 8/8, 10/17

### DEPERE

2200 American Boulevard  
De Pere, WI 54115  
920-338-9500  
De Pere Open House: 6pm  
7/9, 8/6, 10/15

## The Best Way To Predict The Future Is To Help Create It

*Learn new skills or expand current ones.*

*Being a volunteer creates opportunities for unlimited personal growth.*

*There are many opportunities to volunteer either as a committee chair, committee member or serve on the Board of Directors or Delegate to the National Convention.*

*To volunteer, mail in the Chapter Volunteer Information Form on the following page or attend the Annual Chapter meeting held in February of each year and nominate yourself or have a friend nominate you. We encourage you to run for offices even if held by a sitting member of the Board of Directors.*

*Democracy works when everyone gets involved!  
In February 2010 the Professional Voting Members present at the Annual Chapter Meeting in Waukesha will elect the following volunteer positions:*

President  
2nd Vice President  
Secretary  
Delegates for 2011

A. Qualifications: Candidates for the Board of Directors and all Delegates must be Professional Members in good standing.

A candidate for the office of Chapter President shall 1) have held an elected office or appointed chair position on the AMTA-WI Chapter Board of Directors within the preceding four years and 2) hold active professional membership classification for one year prior to candidacy.

B. Duties: 1. Chapter officers are required to attend a minimum of four (4) Board Meetings annually, which include

"conference call" board meetings and minimum of two (2) Chapter Meetings, except for good cause shown.

2. At both Chapter Meetings each officer will present a written report/s given orally of a summary of committee activities.

3. Each officer is required to contribute 2 written submissions annually for publication in the Chapter's newsletter.

4. Each Vice-President is required to Chair or Co-Chair one committee.

### C. Benefits:

1. All Chapter Officers' registration fees for educational functions hosted by the Wisconsin Chapter will be waived if the requirements are met by the officers while in term. Non compliance of required duties, as defined by section B. 1,2,3 & 4 would result in benefits being revoked.

Chapter policy also allows that board members and committee chairs have expenses related to conducting Chapter business reimbursed including telephone, postage, supplies, and mileage for travel to meetings. Meals may also be provided as part of a board meeting.

Please submit form on following page if interested. A written explanation of your wish to be considered should also be attached so it can be viewed prior to voting by the professional members in attendance prior to the election.

## Fox Valley School Of Massage Learn From the Best

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Aromatherapy	Myofascial Release
Kinesiology	Introduction to Reflexology
Qi Gong/Fundamentals of Chinese Medicine	Body Positioning / Positional Release

New classes beginning in September and February

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## AMTA-WI Chapter Volunteer Information Form

Name \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_  
 ZIP \_\_\_\_\_ Phone \_\_\_\_\_  
 Email \_\_\_\_\_

### I Am Interested in Working With the Following Committees

\_\_\_\_\_ Awards Committee is responsible for identifying chapter members that deserve recognition for contributing to AMTA and/or the massage therapy profession in an outstanding manner and diligent volunteerism done by an AMTA member in an altruistic manner.

\_\_\_\_\_ Education Committee is responsible for providing educational opportunities to chapter members at chapter meetings and/or as independent education events.

\_\_\_\_\_ Law & Legislation Committee is responsible for monitoring legislation that might influence the scope and practice of massage therapy and when directed by the board, leading the chapter effort to affect legislation.

\_\_\_\_\_ Membership Committee: Prepares quarterly written reports for the newsletter and contacts the national office for census figures before each board and chapter meeting. Welcomes new members by mail or phone and maintains contact with the state approved massage schools.

\_\_\_\_\_ Massage Emergency Responder Team members are to respond to emergency situations throughout the state when called upon by local emergency support staff. Members must keep current membership in the AMTA -MERT Team.

\_\_\_\_\_ Newsletter Committee is responsible for the timely publication and distribution of the chapter's quarterly newsletter. Opportunities exist for writers, photographers and desktop publishers.

\_\_\_\_\_ Outreach Committee is responsible for organizing participation in local community events, providing a venue to create awareness of the benefits of massage therapy and the AMTA through dissemination of information and volunteer onsite massage.

\_\_\_\_\_ Sports Massage Team is responsible for organizing massage therapists to provide massage therapy at sporting events throughout the state.

\_\_\_\_\_ Scholarship Committee is responsible for reading essays and awarding scholarships to members.

\_\_\_\_\_ Webpage Committee is responsible for maintaining the chapter website.

\_\_\_\_\_ National Convention Delegates are elected at the Annual Chapter Meeting to represent the Chapter at the convention the following year. Besides having a vote at the House of Delegates meeting, delegates attend Chapter meetings to garner member opinions. They also attend and report to the membership on convention education sessions.

Board of Directors: (circle desired position) President, First VP, Second VP, Third VP, Secretary, Treasurer  
 Attach or Email a page indicating your reasons for seeking this position. The information along with a photo of you will be displayed at the Annual Chapter Meeting.

I prefer \_\_\_\_\_ a one-day project \_\_\_\_\_ one-time project \_\_\_\_\_ ongoing project

My skills include \_\_\_\_\_ accounting \_\_\_\_\_ computer expertise \_\_\_\_\_ desk-top publishing \_\_\_\_\_ marketing  
 \_\_\_\_\_ communications \_\_\_\_\_ organizing \_\_\_\_\_ motivating people \_\_\_\_\_ listening

**MAIL TO:**  
**Amy Remillard**  
**120 West Wabash Street**  
**Waukesha, WI 53186**  
**262-549-2362**  
**amy120@wi.rr.com**



## Day Introduction to Traditional Thai Massage

as taught by Lyrea Crawford,

Traditional Thai Massage is a beautiful and elegant therapeutic healing modality. It dates back 2,500 years and is said to embody the practice of "loving-kindness." The work consists of slow rhythmic compressions on the muscles, gentle rocking, deep flowing stretches (similar to assisted yogic asanas) and thumb presses on specific energetic pathways. Traditional Thai Massage is performed in a quiet meditative atmosphere on a mat on the floor, enabling the practitioner to use graceful whole body movements and even pressure. The client is dressed in loose comfortable clothing. The client and practitioner work together with conscious awareness of the breath. During the course of a treatment, practitioners utilize their thumbs, fingers, hands, elbows, knees and feet to manipulate and stimulate the body. This 2 day class will include step by step demonstrations of Traditional Thai Massage, and supervised hands-on practice to gain proficiency. By the end of the class, participants will be able to give a basic Thai session, and will have awareness of how to adjust the session for individual needs. The class will include a look at history, philosophical concepts, benefits and contraindications. Attention will be given to quality of touch and body mechanics that benefit both partners.

Lyrea Crawford is approved by the NCBTMB as a continuing education Approved Provider. She originally studied Nuad Bo Rarn (Traditional Thai Massage) with Lana David as part of her Practitioner of Healing Arts training at Windemere Institute of Healing Arts. Lyrea apprenticed to teach Traditional Thai Massage with Lana, and then completed further studies with Rose Griscom of the Institute of Thai Massage USA, and at Kam Thyé Chow's Lotus Palm School. During her travels to Thailand, Lyrea

trained at Wat Po Chetawan, Sunshine, Loi Kroh, and Lek Chaiya Massage Schools. . Her Thailand studies included special focus on the osteopathic correlations of Traditional Thai Massage with Arnaud (Arno) L'Hermitte. Lyrea is a Yoga Alliance therapeutic yoga instructor, a T'ai Chi instructor and a teacher of a meditation method called "The Ishayas' Ascension."

Traditional Thai Massage is strongly emphasized in her private healing practice.

*What to wear & bring: Please wear loose comfortable clothing. Come well hydrated. Each participant is asked to bring along a flat sheet, and a twin-sized or larger "eggcrate" or "memoryfoam" pad.*

## Essential Strategies for Today's Complex Massage Cases

This is a nuts & bolts seminar specifically designed to enhance your clinical decisionmaking with today's complex aging clients. This class complements the established therapist who wants increased confidence with the newest drugs and disease terminology, and will empower the recent graduate with the action steps they need for practice success. The top 15 most prescribed medications (among others) will be discussed with specific massage precautions laid out in an easy-to-understand format. The massage precautions for the most common conditions for our aging population will also be covered, including cancer, diabetes, DVT, MID, CHF, COPD, CKD and more. Dr. Bryan Born uses his 16 years teaching experience and clinical background to blend real client cases and concrete examples in a clearly understandable, engaging presentation.



book, The Essential Massage Com-

panion, was published in 2005 and has helped thousands of therapists as their go-to quick reference for massage precautions. It is the culmination of not only his 16 years of teaching pathology and pharmacology, but also his rich personal experiences in full-time chiropractic practice.

Dr Bryan Born is a massage author, educator and coach on a mission to help massage therapists make the transition from dangerously tentative to successfully confident. His

## 4 Simple Moves

is a instruction/hands-on training in self defense created with massage therapists in mind. 4 Simple Moves instills in each person, if ever confronted, total certainty to remain in control and keep focused on personal safety. Join us for a humorous time spent on a serious subject.

## Instructors

Defense Tactics/Police Officer Brian Morrissey has been a police officer in East Moline, Illinois for 9 years. He serves the department as a Field Training Officer, Defensive Tactics Instructor, and Firearms Instructor. Prior to becoming a police officer, Brian served 10 years in the United States Marine Corps as a Military Policeman. Brian is a veteran of the Persian Gulf War and has participated in combat, rescue, and humanitarian operations all over the world. He has been teaching defensive tactics and self-defense to law enforcement, military personnel, and civilians for over 13 years. Brian is certified by the Illinois Training and Standards Board and the

Military Arts

Institute as a Defensive Tactics Instructor. Dawne Knudsen, L.M.T.

Licensed MassageTherapist since 1995, and a mas-

sage therapy modality instructor since 1997.Owner/Operator/Instructor Alive & Wellness, Inc. School of Massage Therapy.

In my years of experience working on clients and teaching numerous students, it has been asked by many, "What if"? In answer to "What if", Police Officer Brian Morrissey and I have created what we believe to be the best response. Students will want to dress comfy.





American Massage Therapy Association  
Wisconsin Chapter

**CHAPTER MEETING & FALL EDUCATION CONFERENCE**

**September 12 & 13, 2009**

**La Crosse Center  
300 Harborview Plaza  
La Crosse, WI 54601**

**Sleeping Rooms held at Brookstone Inn, La Crosse  
Phone: (608) 781-1400 Toll-Free (800) 243-3053**

**Two Day Classes  
Saturday/Sunday Classes**

**9/12/09 & 9/13/09**

**(choose one)**

**Introduction to Thai Massage with Lyrea Crawford  
Essential Strategies for Today's Complex Massage Cases with Bryan Born**  
both classes 13 NCTMB CEs

**One Day Class**

**Sunday 9/13/09**

*\*note can not be combined with any other classes*

**4 Simple Moves - Self Defense for Massage Therapists with Dawne Knudsen**  
6 NCTMB CEs

<b>Saturday/Sunday 9/12/09 &amp; 9/13/09</b>	<b>Before 8/12/09</b>	<b>After 8/12/09</b>
_____ Thai Massage AMTA Member or student	\$125.00	\$150.00
_____ Thai Massage non-member	\$195.00	\$220.00
_____ Essential Strategies AMTA Member or student	\$125.00	\$150.00
_____ Essential Strategies non-member	\$195.00	\$220.00

**(see class info for what to bring)**

<b>Sunday 9/12/09 * tables needed</b>	<b>Before 8/12/09</b>	<b>After 8/12/09</b>
_____ 4 Simple Moves AMTA-WI Member or student	\$75.00	\$90.00
_____ 4 Simple Moves non-member	\$90.00	\$105.00

**\* ALL CLASSES INCLUDE LUNCH ON ALL DAYS. LUNCH CAN NOT BE DEDUCTED FROM SEMINAR PRICE**

**Sunday 9/13/09 11:30 - 12:30 Lunch Only \_\_\_\_\_ \$15.00 (There is no charge for attending the Chapter Meeting )**

**QUESTIONS? CALL AMY APPEL 1-715-299-3488**

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ St. \_\_\_\_\_ Zip \_\_\_\_\_

Telephone: \_\_\_\_\_ **AMTA Member #** \_\_\_\_\_

Amount \_\_\_\_\_ Payment Method \_\_\_\_\_ Email \_\_\_\_\_

Visa/MC # \_\_\_\_\_ Exp. Date \_\_\_\_\_

(Make sure your **billing address** for this card is printed above on the address line)

Ideas for Future Presenters? \_\_\_\_\_ Bringing Table yes/no \_\_\_\_\_

Make checks payable to:

**AMTA-WI Chapter**

Mail to:

Mya Rowe

W3830 Timberland Rd.

Granton, WI 54436

(715) 937-3115



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## Summer / Fall 2009 CE Classes Milwaukee School of Massage, LLC

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All Continuing Education classes are open  
to the public & massage therapists



### ETHICS AS RIGHT USE OF POWER

*With Kathy Ginn*

Sunday, July 19, 2009 • 10:00am – 5:00pm • 6 CE Hours • Fee \$120 (\$110 if paid 2 weeks prior to class)

### BOOKKEEPING IN THE REAL WORLD

*With Linda Nietz*

Sunday, July 26, 2009 • 2:00pm – 4:00pm • 2 CE Hours • Fee \$40

### BENEVOLENT TOUCH

*With Mary McCanna, WCMT 2373-046*

Thursday, July 30, 2009 • 9:00am – 1:00pm • 4 CE Hours • Fee \$60

*Please note: Class will be held at St. Ann Center, 2801 E. Morgan Ave., Milwaukee*

### TRUSTING YOUR INTUITION

*With Amy Wilinski, MBA, OTR, Energy Practitioner*

Saturday, September 12, 2009 • 10:00am – 4:00pm • 5 CE Hours • Fee \$100

### INTRODUCTION TO LOMILOMI

*With Ann Fuggiasco, LMT, CYI, Reiki Master*

Monday, September 14, 2009 • 10:00am – 1:00pm • 3 CE Hours • Fee \$50

### INTRODUCTION TO WORKING FROM A MODEL OF WHOLENESS FOR ADVANCED HEALING (1 OF 4)

*With Peig Myota, BSN, MSW*

Monday, September 21, 2009 • 10:00am – 1:00pm • 3 CE Hours • Fee \$50

### BEGINNING LOMILOMI (PREREQ OF INTRO TO LOMILOMI)

*With Ann Fuggiasco, LMT, CYI, Reiki Master*

Monday, September 28, 2009 • 9:00am – 4:00pm • 6 CE Hours • \$100

### BENEVOLENT TOUCH

*With Sandy Anderson*

Tuesday, September 29, 2009 • 9:00am – 1:00pm • 4 CE Hours • \$60

*Please note: Class will be held at St. Ann Center, 2801 E. Morgan Ave., Milwaukee*

### HAWAIIAN HOT STONES

*With Ann Fuggiasco, LMT, CYI, Reiki Master*

Saturday, October 3, 2009 • 9:00am – 6:00pm • 8 CE Hours • \$120 (including healing stones)

### ADVANCED LOMILOMI (PREREQ OF BEGINNING LOMILOMI)

*With Ann Fuggiasco, LMT, CYI, Reiki Master*

Monday, October 5, 2009 • 9:00am – 4:00pm • 6 CE Hours • Fee \$100

### CARE OF THE SOUL WITH FLOWER ESSENCES (1 OF 3)

*With Julie Zettel, NCTMB, WCMT 1285-046*

Monday, October 12, 2009 • 1:00pm – 4:00pm • 3 CE Hours • Fee \$75

*(Fee includes materials, consultation, and custom flower essence blend)*

### DEVELOPING INTUITION AS A GUIDE TO THE HEALING PROCESS (2 OF 4)

*With Peig Myota, BSN, MSW*

Monday, October 19, 2009 • 10:00am – 1:00pm • 3 CE Hours • Fee \$50

**TOUCHING THE SOUL – USING FLOWER ESSENCES TO COMPLIMENT MASSAGE (2 OF 3)***With Julie Zettel, NCTMB, WCMT 1285-046*

Monday, October 26, 2009 • 1:00pm – 4:00pm • 3 CE Hours • \$50

**PROFESSIONAL ETHICS AS RIGHT USE OF POWER***With Kathy Ginn*

Sunday, November 1, 2009 • 10:00am – 5:00pm • 6 CE Hours • \$130 (\$120 if paid 2 weeks prior to class)

**THE SUN IN UNION WITH THE AWAKENING OF HUMAN CONSCIOUSNESS,  
A BODYWORKERS CONNECTION WITH FLOWER ESSENCES (3 OF 3)***With Julie Zettel, NCTMB, WCMT 1285-046*

Monday, November 9, 2009 • 1:00pm – 4:00pm • 3 CE Hours • \$50

**INNER SPIRITUAL DEVELOPMENT AND ADVANCED HEALING WORK***With Peig Myota, BSN, MSW*

Monday, November 16, 2009 • 10:00am – 1:00pm • 3 CE Hours • \$50

**Please visit our website for class descriptions****www.milwaukeechoolofmassage.com****REGISTER BY PHONE WITH A DEBIT/CREDIT CARD • TO REGISTER BY MAIL: SEND CHECK & REGISTRATION TO:**

Milwaukee School of Massage LLC • Continuing Education Program • 830 E. Chambers Street • Milwaukee, WI 53212

Make check payable to: Milwaukee School of Massage. Registration deadline is 4 days prior to class date. A \$20 non-refundable fee will be charged for cancellation after deadline

Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

E-mail (optional) \_\_\_\_\_ Fee Enclosed \$ \_\_\_\_\_

Registering for class(es) \_\_\_\_\_

MSM is a small, intimate school. Our maximum enrollment per class is 14 students. We recommend you plan to register at least two weeks before the class is offered.

**For more information or to  
register by phone please contact:**Laura Lenz, nctmb  
(414) 530-0949 - msmced@yahoo.com  
www.milwaukeechoolofmassage.com

## Learn how to give Traditional Thai Massage!

*Introductory classes:***Sept. 12-13, 2009** AMTA-WI Conference, LaCrosse, WI**Sept. 18, 2009** Rochester, MN*Level 1 classes:***July 24-27, 2009** Hillsboro, WI**Oct. 23-26, 2009** Madison, WI

Nuad Bo Rarn (Traditional Thai Massage) is a beautiful and elegant therapeutic healing modality. It embodies the practice of "loving-kindness" and consists of slow rhythmic compressions on the muscles, gentle flowing stretches and thumb presses on specific energetic pathways.

Taught by **Lyrea Crawford**, an experienced instructor who has studied in Thailand. Lyrea Crawford is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider.



A complete upcoming class schedule, class descriptions,  
instructor information and registration details available at:

**www.mwt.net/~growchi/**

Questions? Call 608-549-2023



*"Luk Pra Kob, the  
Art of Thai Herbal  
Compresses"*

July 20, Madison, WI  
Sept. 21, Rochester, MN



## Correction

The May Issue of Connecting Hands contained two editorial errors on the education registration page (11). The two day classes are Saturday/Sunday not Sunday/Monday as previously printed, and the cut off for the early registration savings is 8/12/09. We apologize for any inconvenience these errors may have caused.

## What is Professional Member?

"Am I a Professional Member?" Quite simply this is an official membership category of AMTA. This question came from recent graduates of a massage training program, who have passed the National Certification exam, are Wisconsin Certified and are practicing massage therapists. Many students join the AMTA as they near graduation in order to take advantage of the savings in cost of the student membership, this status remains for one full year from the time of joining unless you upgrade early to Professional status. While you are certainly a professional in every sense of the word you are *not* able to vote or run for office or run for the position of delegate to the AMTA National Convention unless you are a Professional Member of AMTA. If you wish to seek an officer position or run for delegate in February you *must* upgrade your membership to Professional prior to the Annual Chapter Meeting

## An Informed Electorate

After the election at the Annual Chapter Meeting in Waukesha a member raised a question regarding how it is determined who will run for a delegate or Chapter Officer position. The questioner also asked whether solely taking nominations from the floor provided those present to vote, sufficient information upon which to make an informed decision. In an attempt to create a more fair and informed voting environment the AMTA-WI Chapter Board of Directors has decided to try a new strategy for the elections in February 2010.

If you wish to be nominated for a delegate position to the National Convention in 2011, to be held in Portland, Oregon: submit a brief description of yourself, including your reasons for seeking the position of delegate. Mail or email Amy Remillard (contact information on inside cover of newsletter) by February 1, 2010. The professional members present at the meeting will elect five delegates. Nominations from the floor will also be accepted; each can-

didate will be allowed a few minutes to verbally express their reasons for seeking the position. Responsibilities of delegates will be printed in the October and January issues of Connecting Hands.

Chapter Officer positions up for election in February 2010 will include, President, 2<sup>nd</sup> VP and Secretary, all positions require the candidate to be a professional member in good standing. In addition the position of President requires the candidate to have held an elected or appointed chair position on the AMTA-WI Chapter Board of Directors within the preceding four years and held professional member status one year prior to candidacy. To place yourself up for consideration please submit a brief description of yourself including your reasons for seeking the elected position of your choice. Mail or email Amy Remillard (contact information on inside cover of newsletter) by February 1, 2010. The professional members present at the Annual Meeting will vote for the candidate they feel most suitable to the position. Nominations from the floor will also be accepted; each candidate will be allowed a few minutes to verbally express their reasons for seeking the position.

## A New Paradigm for Ethics Education

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**Kathy Ginn C.M.T., NCTMB**

Approved Provider #399967-00

**608-334-8592**

**[Kathy@ethicaldimensions.com](mailto:Kathy@ethicaldimensions.com)**

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### Massage School

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Package and Promotions



Off-site Table and Chair Massage



Competitive Pricing

## Here's a look at the courses you won't find anywhere else!

### Freeing the Power to Heal The Foundation Workshop:

16 CE Hours

June 12 & 15, 2009-9a-6p

August 15 & 16, 2009-9a-6p

\$300



### Energy in Action:

16 CE Hours

August 29 & 30, 2009-9a-6p

\$300

### Transformational Bodywork 1, 2 & 3\*:

8 CE Hours

1: June 13, 2009-9a-6p

2: June 13, 2009-9a-6p

3: June 13, 2009-9a-6p

\$250 (\$225\*\*)

\*Freeing The Power To Heal: The Foundation Workshop is a prerequisite for these classes.

Save \$250 with our Energy Bundle! Call for Details!

### Energetic Alignment 1 & 2\*:

4 CE Hours

1: June 25, 2009-6-10p

2: June 26, 2009-6-10p

\$130 (\$115\*\*)



### Energy 1 & 2\*:

8 CE Hours

1: July 11, 2009-9a-6p

2: July 12, 2009-9a-6p

\$250 (\$225\*\*)

## Additional class offerings

### Yoga for Bodyworkers:

11 CE Hours

June 26, 2009-6:30-8:30p

June 27, 2009-9a-4p

June 28, 2009-9a-12p

\$220 (\$200\*\*)



### Deep Tissue Techniques:

16 CE Hours

July 11 & 18, 2009-9a-6p

\$310 (\$280\*\*)+\$10 materials fee



### Myofascial Healing Workshop:

15 CE Hours

July 18 & 19, 2009-9a-5:30p

\$290 (\$260\*\*)

\$200 each if 2 or more register together

\*\*Price discounts for paying tuition two weeks prior to class date

### Intro to Myofascial Release:

20 CE Hours

July 24, 2009-6-10p

July 25, 2009-9a-6p

July 26, 2009-9a-6p

\$440 (\$400\*\*)



### Aromatherapy Raindrop Technique:

7 CE Hours

July 26, 2009-10a-6p

\$160 (\$140\*\*)

Plus \$20 minimum fee for use of Young Living essential oils (if needed)



### Sports Massage:

8 CE Hours

June 6, 2009-9a-6p

July 28 & August 4, 2009-5:30-9:30p

\$180 (\$160\*\*)

### Trigger Point:

20 CE Hours

September 11, 2009-6-10p

September 12, 2009-9a-6p

September 13, 2009-9a-6p

\$440 (\$400\*\*)



### Integrative Reflexology for Hands and Feet:

16 CE Hours

October 23, 2009-6-10p

October 24, 2009-9a-6p

October 25, 2009-9a-1p

\$310 (\$280\*\*)+\$10 supply fee



### Reflexology Skills Test:

3 CE Hours

October 25, 2009-2-5p

\$75 (\$60\*\*)

Visit [www.tibiainc.com](http://www.tibiainc.com) for a complete list of our courses

6225 University Ave. Ste 202, Madison, WI 53705  
608-238-7378 ✧ [www.tibiainc.com](http://www.tibiainc.com)

energy in action

## New Members

Hello fellow MT's! As of May 2009 the Wisconsin Chapter of the AMTA is 1,855 members strong. For more information on member benefits and resources to support you in your practice go to the AMTA-WI website at [www.amtawi.org](http://www.amtawi.org) and the AMTA National website at [www.amtamassage.org](http://www.amtamassage.org).

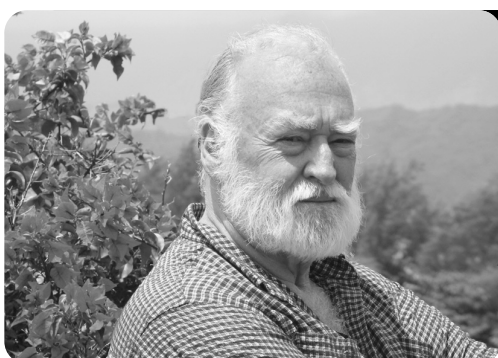
Please welcome the following members who have joined the AMTA-WI Chapter in the last few months:

Andrew	Aberle	Ashley	Dorband	Leah	Janssen
Charles	Alkire	Kelly	Dorfner	Melinda	Joas
Heather	Althiser	Christine	Drake	Abigail	Johnson
Michelle	Angst	Robyn	Eddy	Kelli	Johnson
Jennifer	Baak	Alene	Egner	Kimberly	Jones
Alicia	Baetz	Brittany	Engelman	Brianna	Karl
Amanda Sue	Bahr	Cynthia	Fahrman	Lisa	Kaul-Bjornson
Michael	Balfanz	Tim	Farrell	Deanna	Kaya
Amanda	Ball	Jamie	Freund	Amanda	Keen
Kristin	Baney	Abigail	Gage	Beverly	Keil
Amy	Bareta	Renee	Gayk	Erika	Kendzierski
Amanda	Beison	Brittany	Gehrke	Kelly	Kent
Dana	Bennett	Rom	Gempesaw	Kathleen	Kettner
Justin	Berg	Steven	Gloe	Joseph	Kiel
Jill	Berger	Sarah	Goebel	Amanda	Kilian
DeeDee	Berray	Tammy	Goldsmith	Lisa	Klein
Aubrie	Bettinger	Alana	Gomez	Seth	Knutson
Sabrina	Bodden	Ben	Guppy	Emily	Kobach
Naomi	Boldon	Feiyan	Hagar	Jill	Koplitiz
Melissa	Bollenbach	Sara Marie	Hamilton	Ivan	Krejchik
Tasha	Bowers	Sarah	Hamilton	Cynthia	Krist
Catrina	Braatz	Lindsey	Harms	Krista	Larson
Troy	Brasted	Cynthia	Hatfield	Bradley	Lautenbach
Alicia	Brown	Jamie	Healy	Nicole Lynn	LeDoux
Mary	Brugge	Ashley Mae	Hearley	Johanna	Lieber
Donielle	Buchanan	Janet	Heinen	Stephanie	Linkowski
Heather	Buchert	Kacey	Hengel	Pamela	Lynch
Tracy	Burandt	Lena	Hennessy	Ana	Martinka
Julie	Carlstein	Katie	Henning	Amy	Matiski
Reeyanana	Cha	Valerie	Hickman	Jill	Matteson
Ruth	Chase	Chrystal	Higginbotham	Jaymie	McCune
Carri	Christiansen	Lisa	Hinds	Robyn	McKenna
Deborah	Clark	Ola	Hooper	Miranda	Merkes
Laura	Cornelius	Jacci Marie	Horstman	Michael	Michell
Darrell	Cox	Jessica	Howie	Dorothy	Mickleburgh
Spring	Crocker	Jarrod	Huffman	Nora	Mirocha
William	del Moral	Iras	Humphreys	Isabelle	Mondelaers
Deborah	Dibble	Rene	Ippolite	Nicole	Mondroski
Kimberle Ann	Doak	Kathryn	Jackson	Stephanie	Mooney
Randi	Dobczyk	Danijela	Jakovljevic	Robert	Moore
Maryann	Dolson	Ashley Kay	Janny	Angela	Murray
Pamela	Donart	Tom	Janquart	Suzette	Murty

Valene Nelson  
 McKenzie Nelson  
 Porter Newcomer  
 Tracie Nichols  
 Anastasia Nichols  
 Brooke Nimmer  
 Donna Norgel  
 Brian Norris  
 Toni Nortman  
 Jamie Olson  
 Koah Orth  
 Kristine Ott  
 Wayne Ott  
 Christine Otth  
 Nichole Paris  
 Maurice Parr  
 Laura Pearce  
 Mashonda Pearson  
 Amy Pedretti  
 Gretchen Peskie  
 Marilee Petasek  
 Stephanie Peterson  
 Brandy Poltrock  
 Paul Ponce  
 Linda Preschat

Mary Price  
 Keith Raasch  
 Elizabeth Rahimi  
 Heather Rams  
 Michael Ranallo  
 Nicholas Rand  
 Stacy Reinke  
 Kimberly Reyes Alvarez  
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 Cali Rogers  
 Michelle Rosenau  
 Jennifer Rzepiejewski  
 Erica Yvonne Sain  
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 Tracy Sprader  
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## MYOFASCIAL RELEASE IN WISCONSIN!

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**September 12 & 13, 2009**

**Milwaukee, WI**

*Pediatric Myofascial Release*  
**October 31 & Nov. 1, 2009**



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AMTA-WI Board Meeting  
February 2, 2009  
Emergency Teleconference

Meeting called to order at 8:07pm by Amy Remillard.

Board Members and Committee Chairs present:  
Amy Remillard (President), Kay Peterson (1st  
VP/Newsletter Editor), Ellen Wittwer (2<sup>nd</sup>  
VP/Awards), Sara Smiley-Robbins (3<sup>rd</sup>  
VP/Membership), Ann Marie Kolb (Secretary), Betsy  
Krizenesky (Immediate Past President/ Law &  
Legislation Chair).

Meeting called to discuss financials. Amy Remillard explained that our financial reporting obligations to AMTA-National are not being met due to the prolonged illness of our Treasurer and we need to take immediate action.

MOTION: Ellen Wittwer moved that Effective Immediately, AMTA-WI Board of Directors temporarily authorizes the AMTA-National to provide the accounting and bookkeeping for the AMTA-WI Chapter until Shane Granzow fully recovers from his illness. Sara Smiley-Robbins seconds. All approved.

MOTION: Betsy Krizenesky moved to adjourn the meeting. Ellen Wittwer seconded. All approved.

Meeting adjourned at 8:48pm by Amy Remillard.

Respectfully submitted by Ann Marie Kolb,  
Secretary.

February 3, 2009  
AMTA-WI BOD  
Email approval of minutes

MOTION: Kay Peterson moved to approve the teleconference meeting minutes as corrected. Ellen Wittwer seconded.

AMTA-WI Chapter Meeting  
February 22, 2009  
Waukesha, WI – Country Springs Inn

Meeting called to order at 12:35pm by Amy Remillard.

Board Members and Committee Chairs present:  
Amy Remillard (President), Kay Peterson (1st  
VP/Newsletter Editor), Ellen Wittwer (2<sup>nd</sup>  
VP/Awards), Ann Marie Kolb (Secretary), Betsy  
Krizenesky (Immediate Past President/ Law &  
Legislation Chair), Amy Appel, (Education Chair),  
Lynn Kutz (Display Unit Chair), Dorothy Sack  
(Scholarship Chair).

Determine a Quorum: the minimum number of professional members that must be present for business to be transacted. The AMTA-WI Chapter defines this as 50% of the professional members present when the meeting is called to order. Total 58 professionals present; 50% is 30 members.

Approval of minutes. MOTION: Karen White moved to approve the minutes from the August 23, 2008 meeting. Dick Klaesing seconded. All approved.

#### Board/Committee Reports

President: Amy Remillard thanked everyone for attending today's meeting. She also thanked Amy Appel for all the work she did to get this Education Conference.

1<sup>st</sup> VP/ Newsletter: Kay Peterson reported the deadline for the April/Spring issue is February 28, 2009. Please send your submissions to Kay Peterson and Mike Rude. Several members volunteered to write reviews of the weekend's classes for the Spring issue.

2<sup>nd</sup> VP/Awards: Ellen Wittwer asked for nominations for the Meritorious Award and Humanitarian

Award, slips of paper were given to the members to get names. She reported that she has received one design idea for the pin competition.

3<sup>rd</sup> VP/Membership: Ann Marie Kolb reported for Sara Smiley-Robbins that we have 1,764 total members as of February 2, 2009. There are 1,564 Professional members, 13 Schools, 184 Student members and 3 Supporting members.

Immediate Past President/Law & Legislation: Betsy Krizenesky handed out information on legislators and a sign up sheet to contact legislators. She reported that we will hear about our bill soon. We are looking for a lead author. Betsy asked everyone to call their state legislator and ask that they support the massage therapy and bodyworker proposal. Legislators NEED to hear from us, the constituents. At this time we just need people to call, down the road we will need to send letters.

Betsy Krizenesky reported that as of March 1, 2009 all Wisconsin Certified Massage Therapists must have a current AED card in order to renew their state licenses. Detailed information will be in the October newsletter and on the website.

#### Committee Chairs:

Amy Appel reported that we had a total of 156 people registered for the conference this weekend. She have been working on presenters for the September 12-13, 2009 Education Conference in LaCrosse, WI.

Lynn Kutz reported that the display unit is always available to use by all the members.

Dorothy Sack asked that Scholarship will be for the September conference in LaCrosse. Details on this year's topic for the essay will be printed in the April issue.

#### NEW BUSINESS

Elections: Elections were held for 1<sup>st</sup> and 3<sup>rd</sup> Vice President and Secretary. Lynn Kutz ran the elections. John McMahon, Peter Georgson and Dorothy Sack volunteered to count the ballots.

1<sup>st</sup> VP Nominations: Kay Peterson was

nominated and accepted the nomination. Erin Witthun was nominated and accepted the nomination. Kay Peterson was elected to 1<sup>st</sup> VP for a 2 year term.

Ellen Wittwer gave Mike Rude his Newsletter Editor Award. Some door prizes were handed out.

3<sup>rd</sup> VP Nominations: Amy Appel was nominated and accepted the nomination. Erin Witthun was nominated and accepted the nomination. There was a tie. The Board of Directors decided to have a recount of Professional Members. We have 64 members with a 50% of 32 members needed to vote. Both nominees spoke to the group and we held a revote. Erin Witthun is our new 3<sup>rd</sup> Vice President.

Secretary Nominations: Due to a National AMTA by-law change, this position is a one year nomination and will be elected again next year. AnnMarie Kolb was nominated and accepted. AnnMarie Kolb is our secretary, winning uncontested.

2010 House of Delegate Nominations: This is for the convention in Minneapolis in September 2010. The following were nominated and accepted: Cynthia Licht, Karen White, Amy Appel, Mya Rowe, Alisha Mell, Ellen Wittwer, Emily Ilg, Barb Mitchell, and Erin Witthun. The following members will represent AMTA-WI at the 2010 National Convention: Cynthia Licht, Amy Appel, Mya Rowe, Barb Mitchell and Emily Ilg. Alternates: Alisha Mell, Karen White, Erin Witthun, Ellen Wittwer.

Approval of the Budget: Amy Remillard directed the members to look at page 35 in the Connecting Hands Newsletter for the proposed budget.

MOTION: Mike Rude moved to approve the proposed budget as printed in the Winter Connecting Hands Newsletter. Alan Weld seconded. All approved.

MOTION: Peter Georgson moved to adjourn the meeting. John McMahon seconded. All approved.

Meeting adjourned at 2:17pm by Amy Remillard.

Respectfully submitted by AnnMarie Kolb, Secretary.

## *Connecting Hands*

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## Calendar

July 26

*Board of Directors Meeting, 10 am Eau Claire, WI*

September 12

*Board of Directors Meeting, 6 pm La Crosse, WI*

September 13

*AMTA-WI Chapter Meeting, 12:30 pm La Crosse, WI*

*La Crosse Center, 300 Harborview Plaza*

September 12 and 13

*Educational Conference, LaCrosse, WI*

September 23 - 26

*AMTA National Conference, Orlando, FL*

November 16

*Board of Directors Meeting, 10 am Madison, WI*