

National School Lunch Week Announcements, October 21-25

This week we are celebrating National School Lunch Week. You will have the chance to try a new food item each day this week. Don't miss out on trying something new!

School lunches provide many important nutrients needed for healthy bodies. Enjoy school lunch this week and try something new.

The National School Lunch Program serves over 30 million students every school day! President John F. Kennedy created National School Lunch Week in 1962 to promote the importance of a healthy school lunch in a child's life.

All school lunches provide protein, grains, fruits, vegetables, and milk. Be sure to choose all 5 food groups for the healthiest lunch.

School lunches give you the opportunity to try foods you may not have at home. Try a school menu item you have not tried before. You may like it and not even know it!