

ES/IS Breakfast				August 2019	
	Monday	Tuesday	Wednesday	Thursday	Friday
August 1-2				Cereal Bar w/Cheese	Cinni Mini OR
				Stick or Yogurt	Cereal w/Cheese Stick or
				Fruit/Juice	Cheese Stick or Yogurt
				Milk	Fruit/Juice
					Milk
August 5-9	Muffin OR Cereal	Pancakes (prepackaged)	Breakfast Pizza OR	Chicken Patty/Egg/Toast	Frudel
	Cheese Stick or Yogurt	OR Cereal Bar w/Cheese	Cereal w/Cheese	OR Cereal Bar w/Cheese	OR Cereal w/Cheese
	Fruit/Juice	Stick or Yogurt	Stick or Yogurt	Stick or Yogurt	Stick or Yogurt
	Milk	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice
		Milk	Milk	Milk	Milk
August 12-16	Benefit Breakfast Bar	Sausage Biscuit OR	Bagelful OR	French Toast/Syrup IS	Cinnamon Roll
	Cereal	Cereal Bar w/Cheese	Cereal w/Cheese Stick	OR Cereal Bar w/Cheese	OR Cereal w/Cheese
	Cheese Stick or Yogurt	Stick or Yogurt	or Yogurt	Stick or Yogurt	Stick or Yogurt
	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice
	Milk	Milk	Milk	Milk	Milk
August 19-23	Muffin OR Cereal	Waffles (prepackaged)	Breakfast Pizza OR	Frudel	Chicken Biscuit OR
	Cheese Stick or Yogurt	OR Cereal Bar w/Cheese	Cereal w/Cheese	OR Cereal Bar w/Cheese	Cereal w/Cheese Stick
	Fruit/Juice	Stick or Yogurt	Stick or Yogurt	Stick or Yogurt	or Yogurt
	Milk	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice
		Milk	Milk	Milk	Milk
August 26-30	Cinni Mini OR	Sausage Biscuit OR	Bagelful OR	French Toast/Syrup IS	Biscuit/Omelet OR
	Cereal w/Cheese Stick or	Cereal Bar w/Cheese	Cereal w/Cheese Stick	OR Cereal Bar w/Cheese	Cereal w/Cheese Stick
	Cheese Stick or Yogurt	Stick or Yogurt	or Yogurt	Stick or Yogurt	or Yogurt
	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice
	Milk	Milk	Milk	Milk	Milk