

## ***I. Program Description – Supervised Group Living***

### **A. Program Overview**

Stone Belt's Supervised Group Living Program (SGL) provides direct support and training to adults and youth with disabilities in the home and community based settings. Support is generally 24 hours a day and based on the Individual Support Plan and the funding source, which is Medicaid.

### **B. Goals**

It is the goal of the Supervised Group Living Program to prepare, empower and support individuals with intellectual/developmental disabilities in:

- Recognizing and fulfilling their life's goals
- Establishing meaningful relationships
- Participating fully in their communities
- To learn daily living skills that leads to self sufficiency

## ***II. Program Participation***

### **A. Populations Served and Eligibility**

Stone Belt serves adults and youth with intellectual/developmental disabilities who have been deemed eligible for services by the Bureau of Developmental Services (BDDS), the Division of Aging (DOA) and/or the Division of Children Services.

### **B. Referral Sources**

Stone Belt accepts referrals from the person desiring admission, families, schools, funding agencies or other service providers.

### **C. Admission**

To be admitted to the Supported Group Living, applicants must meet the following criteria:

- Meets all general Stone Belt admission criteria according to the Admissions Policy
- Is eligible for BDDS/Medicaid funding
- Have a current Level of Care for Group Home Placement

#### D. Individual Program Planning

All persons enrolled in Stone Belt's programs have an Individualized Support Plan (ISP) that is based on the individual's Person Centered Plan. The plan is developed upon admission and annually thereafter. Goals and outcomes are developed with each individual and his/her support team. Each individual has a Consumer Supports Coordinator who is responsible for writing and coordinating the plan that is developed. Direct Support Professionals are responsible for implementation and data collection. Progress on the ISP goals and outcomes is monitored by the Coordinator on a monthly basis and reviewed quarterly with the support team. Changes to the plan are made anytime the support team deems necessary.

#### E. Program Components

Residential services are provided in each home.

#### F. Service Delivery

##### 1. Length of Service

Supervised Group Living services can be provided as long as the program continues to be deemed appropriate and desired by the consumer/family and as long as the funding source is maintained. In some instances, a youth can "age out" of a particular licensed home.

##### 2. Hours of Operation

The Supervised Group Living Program operates 24 hours a day, 7 days per week, year round.

##### 3. Frequency of Services

Each client residing in SGL is provided services 24 hours a day, 7 days per week, year round.

##### 4. Fees and Payer Sources

Fees for services are provided by Medicaid and are determined based on the licensure of each home and rates calculated bi-annually based

on the cost of providing services in a given home. The following licensures apply to Stone Belt Group Homes:

- Adult/Basic Developmental
- Adult/Intensive Training
- Small Behavior Management for Children

The number of beds per home ranges from five to seven depending on licensure. Medicaid reimbursement rate per person ranges from \$201.77 to \$288.01 per day. This is recalculated biannually.

## 5. Discharge

Discharge from the Supervised Group Living program may occur when:

- The client/legal guardian chooses to leave services.
- Services are no longer appropriate, either because the client has received full benefit or because the needs of the client have changed. This also may be determined by the State Department of Health
- The client, and/or as applicable, the family, refuses to participate in available services.
- The client no longer meets admission criteria.
- The client has presented conduct dangerous to self or others that is not manageable through behavior intervention techniques, medication and/or environmental adjustments.
- Funding for services is no longer available.

## ***III. Intra/Interagency Relationships***

Many clients in Stone Belt's Supervised Group Living program are in multiple Stone Belt programs, including Life Long Learning, Work Services, Employment and Behavioral Services. Depending on the individual, he/she may still be enrolled in the public school system. Each client in SGL has a Consumer Support Services Coordinator (QMRP) assigned to manage the client's program and advocate for the client to receive services based on individual needs. In addition, the each client is supported by a Nurse, a Social Worker and a Behavior Specialist. The Coordinator is responsible for coordinating all services provided to each individual within Stone Belt.

#### **IV. Personnel**

- A. Direct Support Professional – The DSP provides direct instruction and support to consumers by assisting them in achieving their personal goals, necessary health care (medication administration) and other community services as deemed necessary. In addition they assist in maintaining a household, participating in community activities (i.e. Special Olympics) and, in some cases, retaining employment. This position could include day and overnight hours. This position is directly supervised by either the Home Manager or Associate Manager.
- B. Home Manager – The Home Manager in SGL is responsible for the day-to-day operation on an individual group home serving up to seven consumers. This individual manages the daily operation of the group home in accordance with federal and state regulations, certifying agencies and Stone Belt policies and procedures. Some of the duties include financial management, consumer records, supervision of staff, etc. This position reports to the Consumer Services Coordinator.
- C. Associate Manager – The Associate Manager is responsible for the operation of the group home on the weekend and is directly in authority after the Home Manager. Duties are similar to the Home Manager and is directly supervised by that position.
- D. Food Management Purchasing Specialist – The FMPS is responsible for assisting in the food purchasing, meal planning and preparation and implementation of IHPs of the consumers in the home. This position is supervised by the Home Manager.
- E. Behavior Technician – The Behavior Technician is responsible for intensive behavioral intervention with individual residents. This position is responsible for implementation and documentation of intervention strategies as outlined in formal behavior management programs. While reporting the Home Manager, the Behavior Technician serves as a liaison between the SGL staff, the Behavior Specialist and the Psychologist.

- F. Consumer Supports Coordinator – The Coordinator in SGL assists with the operation of Stone Belt’s Supervised Group Living Program. The position serves as a liaison to the program participants for all community integration and is responsible for the general operation of assigned group homes and for the assessment, development and implementation of Individual Support Plans for each resident. The Coordinator of SGL is supervised by the Director of SGL.
- G. Director of Supported Group Living – The Director of SGL is responsible for the development, maintenance and direction of programs serving adults and youth with disabilities in the areas of residential living and for the supervision and development of staff in the program area. The Director is responsible for the overall operation of the group homes in accordance with federal and state regulations, certifying agencies and Stone Belt policies and procedures. This position reports directly to the Chief Executive Officer.

**V.     *Program Evaluation***

On an annual basis, program outcomes are developed as part of Stone Belt’s Outcome Measurement System. Current outcomes include Progress, Goal Progression, Satisfaction and Efficiency. Data is collected from internal sources, as well as from clients, families and other stakeholders. The data is analyzed in order to determine progress toward outcomes. Information gained from the data collection/analysis is used to make recommendations for improvement in the Supervised Group Living Program.