

ICES/IS Lunch				October 2019	
	Monday	Tuesday	Wednesday	Thursday	Friday
Sep 30-Oct 4	Cheeseburger	Pizza	BBQ Rib Sandwich	Tacos	Chicken Nuggets
	French Fries	Salad/Dressing	Carrots	Refried Beans	Green Beans
	Pickles	Peaches	Orange Slices	Lettuce	Raisins
	Juice	Pudding	Fruit Snacks	Applesauce	Cheddar Goldfish
	Milk	Milk	Milk	Rice Krispy Treat	Milk
				Milk	
Oct 7-11	Pancakes	Hot Dog on Bun	Macaroni & Cheese	Meatball Sub	Calzone
	Sausage	Chili Beans	Broccoli	Green Beans	Carrots
	Tator Tots	Pears	Apple Slices	Pineapple	Ranch Dip
	Juice	Pretzels	Jello	Cheez-Its	Chortles
	Milk	Milk	Graham Crackers	Milk	Orange Slices
			Milk		Milk
Oct 14-18					
	FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK
Oct 21-25	Mystery Meal	Breaded Chicken Sandwich	Biscuit & Gravy	Cheese Quesadilla	Grilled Cheese Sandwich
		Cucumber/Ranch pkt	Egg Patty	Refried Beans	Tomato Soup
		Fruit Cocktail	Sausage	Lettuce, Pears	Saltine Crackers
		Fruit Snacks	Carrots	Frozen Fruit Cup	Broccoli
		Milk	Applesauce	Milk	Apple Slices
			Milk		Milk
Oct 28-Nov 1	Chicken Tenders	Turkey & Noodles	Mini Corn Dog	Spaghetti	Taco Snack
	Carrots/Dip	Mashed Potatoes	Baked Beans	Cheese Bread	Cucumber Slices
	Peaches	Mandarin Oranges	Banana	Salad/Dressing	Ranch Dip
	Giant Goldfish	Jello/Topping	Pudding	Pears	Frozen Fruit Treat
	Milk	Milk	Milk	Halloween Cookie	Milk
				Milk	