

ICES/IS Lunch

Jan. 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
Week 1	No School	BBQ Sandwich	Mini Corn Dogs	Spaghetti w/Meat Sauce	Beef n Cheese Burrito
		Carrots	Baked Beans	Cheese Cup	Cucumber
		Peaches	Banana	Salad	Ranch
		Fruit Snack	Pudding	Pears	Frozen Fruit Treat
		Milk	Milk		Cheese Stick
				Milk	Milk
	9	10	11	12	13
Week 2	Pancakes W/Sausage	Pizza	Breaded Chicken Sandwich	Macaroni & Cheese	Hot Dog on Bun
		Salad/Dressing	Carrots/Ranch pkt	Green Beans	Chili Beans
	Tator Tots	Pears	Oranges	Apples	Peaches
	Juice	Pudding	Fruit Snacks	Jello	Pretzels
	Milk	Milk	Milk	Milk	Milk
	16	17	18	19	20
Week 3	No School Rev. Martin Luther King Day	Chicken Nuggets	Grilled Cheese Sandwich	French Toast	Calzone
		Baked Beans	Cucumber Slices	Egg Patty	Carrots
		Juice	Peaches	Sausage	Ranch Dip
		Cheddar Goldfish	Teddy Grahams	Carrots	Apple Slices
		Milk	Milk	Juice	Rice Krispy Treat
				Milk	Milk
	23	24	25	26	27
Week 4	Popcorn Chicken	Cheese Quesadilla	Meatball Sub	Turkey & Noodles	Pizza
	Green Beans	Refried Beans	Carrots	Mashed Potatoes	Broccoli
	Pineapple	Shredded Lettuce	Applesauce	Applesauce	Peaches
	Cheez-Its	Frozen Fruit Treat	Pretzels	Jello w/topping	Pretzels
	Milk	Milk	Milk	Milk	Milk
	30	31			
Week 5	Chicken Tenders	BBQ Sandwich			
	Corn	Salad w/ranch			
	Fruit Cocktail	Peaches			
	Cheddar Goldfish	Fruit Snack			
	Milk	Milk			

Subject to change

This Institution is an Equal Opportunity Provider