| CES/IS | Breakfast                |                          | November 2024            |                          |                          |
|--------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
|        | Monday                   | Tuesday                  | Wednesday                | Thursday                 | Friday                   |
|        |                          |                          |                          |                          | 1                        |
| Week 1 |                          |                          |                          |                          | Poptart                  |
|        |                          |                          |                          |                          | Cereal                   |
|        |                          |                          |                          |                          | w/Cheese Stick or Yogurt |
|        |                          |                          |                          |                          | Fruit and/or Juice       |
|        |                          |                          |                          |                          | Milk                     |
|        | 4                        | 5                        | 6                        | 7                        | 8                        |
| Week 2 | Cinni Mini               | French Toast             | Donut                    | Muffin                   | Frudel                   |
|        | Cereal                   | Cereal Bar               | Cereal                   | Cereal Bar               | Cereal                   |
|        | w/Cheese Stick or Yogurt |
|        | Fruit and/or Juice       |
|        | Milk                     | Milk                     | Milk                     | Milk                     | Milk                     |
|        | 11                       | 12                       | 13                       | 14                       | 15                       |
| Week 3 | Cinnamon Roll            | Pancake                  | Donut                    | Muffin                   | Overnight Oats           |
|        | Cereal                   | Cereal Bar               | Cereal                   | Cereal Bar               | Cereal                   |
|        | w/Cheese Stick or Yogurt |
|        | Fruit and/or Juice       |
|        | Milk                     | Milk                     | Milk                     | Milk                     | Milk                     |
|        | 18                       | 19                       | 20                       | 21                       | 22                       |
| Week 4 | Cinni Mini               | Waffle                   | Donut                    | Muffin                   | Bagelful                 |
|        | Cereal                   | Cereal Bar               | Cereal                   | Cereal Bar               | Cereal                   |
|        | w/Cheese Stick or Yogurt |
|        | Fruit and/or Juice       |
|        | Milk                     | Milk                     | Milk                     | Milk                     | Milk                     |
|        | 25                       | 26                       | 27                       | 28                       | 29                       |
| Week 5 | Cinnamon Roll            | Breakfast Sandwich       |                          |                          |                          |
|        | Cereal                   | Cereal Bar               | No                       | No                       | No                       |
|        | w/Cheese Stick or yogurt | w/Cheese Stick or yogurt | School                   | School                   | School                   |
|        | Fruit and/or Juice       | Fruit and/or Juice       | Thanksgiving Break       | Thanksgiving Break       | Thanksgiving Break       |
|        | Milk                     | Milk                     |                          |                          |                          |

Subject to change

This Institution is an Equal Opportunity Provider