CES/IS	Breakfast		August 2025		
	Monday	Tuesday	Wednesday	Thursday	Friday
			6	7	8
Week 1					
			Cereal	Cereal Bar	Cereal
			w/Cheese Stick or Yogurt	w/Cheese Stick or Yogurt	w/Cheese Stick or Yogurt
			Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice
			Milk	Milk	Milk
	11	12	13	14	15
Week 2	Cinnamon Roll	Breakfast Sandwich	Muffin	Cinnamon Toast Bar	Frudel
	Cereal	Cereal Bar	Cereal	Cereal Bar	Cereal
	w/Cheese Stick or Yogurt				
	Fruit and/or Juice				
	Milk	Milk	Milk	Milk	Milk
	18	19	20	21	22
Week 3	Cinni Mini	Pancake	Muffin	Donut	Overnight Oats
	Cereal	Cereal Bar	Cereal	Cereal Bar	Cereal
	w/Cheese Stick or Yogurt				
	Fruit and/or Juice				
	Milk	Milk	Milk	Milk	Milk
	25	26	27	28	29
Week 4	Cinnamon Roll	Breakfast Sandwich	Muffin	Bagelful	Frudel
	Cereal	Cereal Bar	Cereal	Cereal Bar	Cereal
	w/Cheese Stick or yogurt				
	Fruit and/or Juice				
	Milk	Milk	Milk	Milk	Milk