

| ICES/IS Breakfast |                                                                                   |                                                                                            | Dec. 2025                                                                 |                                                                                |                                                                                               |
|-------------------|-----------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|--------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|                   | Monday                                                                            | Tuesday                                                                                    | Wednesday                                                                 | Thursday                                                                       | Friday                                                                                        |
|                   | 1                                                                                 | 2                                                                                          | 3                                                                         | 4                                                                              | 5                                                                                             |
| Week 1            | Cinnamon Roll<br>Cereal<br>w/Cheese Stick or Yogurt<br>Fruit and/or Juice<br>Milk | Waffle<br>Cereal Bar<br>w/Cheese Stick or Yogurt<br>Fruit and/or Juice<br>Milk             | Donut<br>Cereal<br>w/Cheese Stick or Yogurt<br>Fruit and/or Juice<br>Milk | Muffin<br>Cereal Bar<br>w/Cheese Stick or Yogurt<br>Fruit and/or Juice<br>Milk | Cinnamon Toast Crunch Bar<br>Cereal<br>w/Cheese Stick or Yogurt<br>Fruit and/or Juice<br>Milk |
|                   | 8                                                                                 | 9                                                                                          | 10                                                                        | 11                                                                             | 12                                                                                            |
| Week 2            | Cinni Mini<br>Cereal<br>w/Cheese Stick or Yogurt<br>Fruit and/or Juice<br>Milk    | Pancake<br>Cereal Bar<br>w/Cheese Stick or Yogurt<br>Fruit and/or Juice<br>Milk            | Donut<br>Cereal<br>w/Cheese Stick or Yogurt<br>Fruit and/or Juice<br>Milk | Muffin<br>Cereal Bar<br>w/Cheese Stick or Yogurt<br>Fruit and/or Juice<br>Milk | Frudel<br>Cereal<br>w/Cheese Stick or Yogurt<br>Fruit and/or Juice<br>Milk                    |
|                   | 15                                                                                | 16                                                                                         | 17                                                                        | 18                                                                             | 19                                                                                            |
| Week 3            | Cinnamon Roll<br>Cereal<br>w/Cheese Stick or Yogurt<br>Fruit and/or Juice<br>Milk | Breakfast Sandwich<br>Cereal Bar<br>w/Cheese Stick or Yogurt<br>Fruit and/or Juice<br>Milk | Donut<br>Cereal<br>w/Cheese Stick or Yogurt<br>Fruit and/or Juice<br>Milk | Muffin<br>Cereal Bar<br>w/Cheese Stick or Yogurt<br>Fruit and/or Juice<br>Milk | Bagelful<br>Cereal<br>w/Cheese Stick or Yogurt<br>Fruit and/or Juice<br>Milk                  |
|                   | 22                                                                                | 23                                                                                         | 24                                                                        | 25                                                                             | 26                                                                                            |
| Week 4            | No<br>School<br>Christmas<br>Break                                                | No<br>School<br>Christmas<br>Break                                                         | No<br>School<br>Christmas<br>Break                                        | No<br>School<br>Christmas<br>Break                                             | No<br>School<br>Christmas<br>Break                                                            |
|                   | 29                                                                                | 30                                                                                         | 31                                                                        |                                                                                |                                                                                               |
| Week 5            | No<br>School<br>Christmas<br>Break                                                | No<br>School<br>Christmas<br>Break                                                         | No<br>School<br>Christmas<br>Break                                        | No<br>School<br>Christmas<br>Break                                             | No<br>School<br>Christmas<br>Break                                                            |