



INDIANA ACADEMY OF
FAMILY PHYSICIANS

74th IAFP Annual Convention
July 13-16, 2023
French Lick Resort

Agenda

CME PROGRAM DESIGNED FOR FAMILY PHYSICIANS

Earn up to **16.0 Prescribed AAFP CME credits plus an additional 8 Prescribed AAFP CME credits per KSA Study Group** at a meeting planned by family physicians to meet the needs of family physicians. Our medical education program is based specifically on previous attendee evaluations and member needs assessments. Four ABFM KSA Study Groups will be offered as optional sessions (two concurrent KSAs on Thursday afternoon; two concurrent KSAs on Sunday morning), each offering 8 AAFP Prescribed CME credits.

REGISTRATION PRICING

Please note: Registration fees will increase on June 12

	AAFP Member	AAFP Non-Member
Full Conference Registration Fee	\$495	\$595
Includes: One KSA Study Group on Thursday; all General CME Sessions on Thursday, Friday, and Saturday; one KSA Study Group on Sunday; PDF of syllabus materials. IAFP members may also attend Friday and Saturday lunch sessions of Congress of Delegates. 4 tickets to Saturday's Trivia Night are also included!		
Thursday	\$195	\$295
Friday	\$195	\$295
Saturday	\$195	\$295
Sunday (KSA Only)	\$95	\$195
Please Note: Academy Business Meetings are open to all IAFP members regardless of attendance at CME sessions - you may register free of charge using the registration form on our website.		
Electronic Syllabus	Free	Free
Printed Syllabus	\$50	\$50
Saturday evening Trivia Night (Additional Ticket)	\$25	\$25
Note: 4 tickets are included with full conference registration (attendees aged 2+ require a ticket)		

AAFP Prescribed CME Credits By Day

Assuming all CME sessions are attended:

Thursday	3.0 credits for CME; 8.0 credits for KSA Study Group
Friday	6.5 credits for CME
Saturday	6.5 credits for CME
Sunday	8.0 credits for KSA Study Group

Application for CME credit will be filed with the American Academy of Family Physicians. Determination of credit is pending. Updated credit certificates will be available on site.

AGENDA

Please note: we are working to confirm a small number of faculty and topics.
This agenda is subject to change. All registrants will receive a final agenda before the event.

Thursday, July 13

9:00am **Opening of IAFP Annual Scientific Assembly
and Call for Late Resolutions**

9:05am - 12:00pm **General CME Sessions - Focus on Child Psychiatry**

The Indiana Behavioral Health Access Program for Youth ("Be Happy") within Indiana University School of Medicine's Department of Psychiatry is an innovative child psychiatry access program for pediatric primary care providers. The program aims to improve Hoosier families' access to best practice pediatric behavioral health care across the state by supporting health care providers in their local communities with guidance from psychiatric specialists. Faculty involved with the Be Happy program will present Thursday morning's CME session.

Topics are being finalized but will include *Guidelines for Adolescent Depression in Primary Care*. This lecture will review the American Academy of Pediatrics' guidelines for adolescent depression in primary care, with a focus on pharmacologic approaches, evidence, and problem-solving.

12:00pm - 5:30pm Exhibits Open

12:00pm - 2:00pm Lunch on your own

12:00pm - 1:30pm Past Presidents' Lunch

2:00pm - 5:00pm KSA Study Group: Care of Hospitalized Patients

(Concurrent Session)

- Matthew DuPre, MD

- Complete the 60-question Knowledge Self-Assessment (KSA) with other family physicians in a fast paced, group discussion format facilitated by a family physician experienced with the topic.
- Facilitator will guide you through all 60 questions of the Knowledge Self-Assessment (KSA) module, part of the ABFM's certification process.
- Engage in discussion and debate to help you decide on the correct answer as a group.
- Benefit from automatic reporting of your answers to the ABFM – your account will show you've successfully completed this KSA.
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- KSA Study Group registration is limited to enable group discussion - please register as early as possible!

2:00pm - 5:00pm KSA Study Group: Asthma (Concurrent Session)

- TBD

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2:00pm - 3:00pm Foundation Board of Trustees Meeting

3:30pm - 5:00pm Board of Directors Meeting

6:00pm - 7:00pm Board Reception (invitation only)

7:00pm - 9:00pm Board Dinner (invitation only)

Friday, July 14

8:30am - 5:00pm Exhibits Open

9:00am - 12:00pm ***Essential Evidence CME Program***

This popular format, taught by nationally-recognized faculty, will review and analyze recent findings from pertinent clinical research with a focus on immediate implications for your daily practice. This is a fun and engaging CME program with no clinical bias and a focus on practical application. The faculty will provide an engaging, rapid-fire review of the most important research publications of the past two years. They will present and critically appraise new research evidence and meta-analyses in 30-minute blasts that will either change your practice or confirm that your current approaches are supported by solid evidence from randomized trials and other high quality studies. Each section ends with a bottom-line summary of key take home points.

Friday morning's topics:

Musculoskeletal Update - Dr. Barry

At the end of this session, participants will be able to discuss recent research on:

- injections for common musculoskeletal conditions\
- managing common acute injuries
- managing patients with fibromyalgia

Hypertension Update - Dr. Ferenchick

At the end of this session, participants will be able to understand and apply:

- Variances in blood pressures obtained in routine clinical practice
- Contemporary uses of chlorthalidone
- Hyperaldosteronism is common, but not commonly diagnosed
- Updated evidence on evening vs nighttime dosing of blood pressure medications

Sleep - Dr. Rowland

At the end of this session, participants will be able to:

- Describe new recommendations for pharmacologic therapies for insomnia
- Identify the most effective pharmacologic and non-pharmacologic therapies for insomnia
- Explain the potential benefits of treating obstructive sleep apnea
- Recommend newly approved medications for daytime sleepiness associated with obstructive sleep apnea when appropriate

Headache - Dr. Barry

At the end of this session, participants will be able to discuss recent research on:

- newer medications for the acute management of migraine headaches
- nonpharmacologic approaches to migraines
- managing patients with medication overuse headaches

Depression & Anxiety - Dr. Rowland

Essential Evidence Faculty:



Henry C. Barry, MD, MS is a professor of Family Medicine and Senior Associate Dean for Faculty Affairs and Development in the College of Human Medicine at Michigan State University. After graduating from the University of Maryland, he completed his family medicine residency at St. Lawrence Hospital in Lansing, Michigan and completed a master's in Clinical Research Design and Statistical Analysis at the University of Michigan School of Public Health. For over 20 years, as one of the original "POETs," he and colleagues have generated nearly 6000 POEMs – Patient Oriented Evidence that Matters – short critical summaries of original research on topics relevant to primary care physicians.



Gary Ferenchick, MD, MS is Professor of Medicine at Michigan State University College of Human Medicine, where he practices general internal medicine and is deeply involved in MSU-CHM major curriculum renovation. He earned his master's degree in human nutrition and medical degree from Michigan State University and completed his residency training in internal medicine at Michigan State University College of Human Medicine, where he has been a faculty member for over 25 year. Dr. Ferenchick is a Past-President of the Clerkship Directors in Internal Medicine. His research interest is the interface between medical education and information technology.



Kate Rowland, MD, MS, FAFP, is an Assistant Professor at Rush Medical College and faculty at the Rush Copley family medicine residency. She graduated from Rush Medical College, the Advocate Illinois Masonic family medicine residency, and the University of Chicago primary care clinical research fellowship. She is an associate medical editor for the AAFP's FP Essentials and sits on the editorial board of the Journal of Family Practice. She is also a board member of the Illinois Academy of Family Physicians.

12:00pm - 1:30pm

Lunch & Congress of Delegates - First Session

Our Congress is your chance to take an active role in IAFP business. All members are invited and encouraged to attend because every member is a delegate, and every participant will have a vote and voice.

1:30pm - 3:00pm

Town Hall Meeting: The State Of Health In Indiana - Kris Box, MD, Indiana State Health Commissioner

Hear the latest developments on the many pressing issues that the IDOH is focusing on.



Dr. Kristina Box was named Indiana State Health Commissioner by Governor Eric J. Holcomb on September 18, 2017. She brings to the role a passion for improving the health of Hoosiers, beginning before birth.

Dr. Box has been a practicing obstetrician and gynecologist in Indianapolis for 30 years, starting her career at Community Hospitals of Indianapolis in 1987 as a private practitioner with Clearvista Women's Care. Since 2015, she has served as the Physician Lead for Community Health Network's Women's Service Line. In this role, she built the first multi-disciplinary women's center in the Community Health Network, developed critical partnerships with area children's hospitals to improve care and decrease health care costs, and led efforts to ensure that low-income women receive the important free health screenings they need.

She has served on the Indiana Perinatal Quality Improvement Collaborative (IPQIC), an advisory council to the Indiana State Department of Health that is comprised of more than 300 statewide community professionals working to reduce infant mortality. Her work with IPQIC includes serving on a state task force to address neonatal abstinence syndrome (NAS), which established standards for the diagnosis of NAS and developed a hospital study to determine the prevalence of drug exposed newborns.

Dr. Box earned her undergraduate degree at Indiana University in Bloomington and her medical doctorate at Indiana University School of Medicine in Indianapolis. She is a member of several professional organizations, including the Indiana State Medical Association and the Marion County Medical Association, and serves on many hospital committees.

Dr. Box has been involved in ongoing surgical medical missions to Haiti and Bolivia for more than a decade. She and her husband of 35 years, David, a retired ophthalmologist, live in Indianapolis. They have four adult children.

3:00pm - 5:30pm

Essential Evidence CME Program

Friday afternoon's topics:

Atrial fibrillation/Anticoagulation - Dr. Ferenchick

At the end of this session, participants will be able to understand and apply:

- Updates on screening for atrial fibrillation including smart technology
- Updates on rate vs rhythm control for new onset atrial fibrillation
- Perioperative management of antithrombic therapy

Pediatrics Update - Dr. Rowland

At the end of this session, participants will be able to:

- Discuss new recommendations for management of neonatal hyperbilirubinemia
- Discuss new recommendations and evidence for management of pediatric overweight and obesity
- Identify effective therapies for pediatric abdominal pain syndromes

Guidelines you can trust - Dr. Barry

At the end of this session, participants will be able to:

- Discuss why guidelines might be discordant
- Discuss what makes a “guideline we can trust”
- Summarize several recent practice guidelines as examples

Diabetes Update - Dr. Ferenchick

At the end of this session, participants will be able to understand and apply:

- Diabetes screening in ethnic minorities
- Basic changes in the 2023 ADA guidelines
- Updates on newer glucose lowering medications (note that SGLT2 inhibitors & GLP-1 agonists also covered in the Cardiovascular and Diet & Nutrition and Obesity chapters)
- Overtreatment risks among older adults

5:30pm - 6:30pm Reference Committee #1

6:30pm - 7:30pm Reference Committee #2

7:00pm - 9:00pm All Member Reception

Saturday, July 15

9:00am - 12:00pm **General CME Sessions**

Topics will include:

Innovative Approaches to Address Agitation in Alzheimer's Disease

Learning Objectives:

- Summarize the impact of agitation on individuals with Alzheimer's disease, their caregivers, clinicians and the healthcare system.
- Expand the skill set of practicing primary care/family physicians to include identification, assessment and monitoring of neuropsychiatric symptoms associated with AD.
- Demonstrate use of the NPI-Q as part of a baseline neuropsychiatric assessment and ongoing monitoring.
- Describe the potential role of third-generation antipsychotics in the treatment of agitation in individuals with Alzheimer's, including the importance of monitoring for potential side effects.

Faculty will include two of the following physicians:

- Charles Vega, MD (Board-certified in family medicine)
Clinical Professor of Family Medicine, University of California Irvine
- Thomas W. Heinrich, MD (Board-certified in family medicine & psychiatry)
Professor of Family Medicine and Psychiatry, Medical College of Wisconsin
- J. Sloan Manning, MD (Board-certified in family medicine)
Adjunct Associate Professor, Department of Family Medicine, University of North Carolina at Chapel Hill; Co-Director, Mood Disorders Clinic, Moses Cone Family Practice Residency
- George T. Grossberg, MD (Board-certified psychiatry, neurology and geriatric psychiatry)
Professor of Psychiatry and Human Behavior, Division of Geriatric Medicine, St. Louis University

Modern Management of Venous Thromboembolic Disease: An Evidence Based Approach

Treatment of Venous Thromboembolic Embolism (VTE) has changed significantly with the advent of new medications in the post-coumadin era. It is vital for all practitioners to become familiar with these new agents and comfortable with their use and complications. Emerging data can guide therapy and change practice allowing for more effective treatment with fewer side effects and in particular medical emergencies.

Update From The ABFM - Gary L. LeRoy, MD, FAAFP

Hear about recent changes to the ABFM's Family Medicine Certification process. This presentation will also address common misconceptions and sources of confusion regarding Family Medicine Certification. You'll hear about upcoming changes and improvements to the ABFM's Family Medicine Certification process.



Dr. Gary LeRoy serves ABFM as the Senior Vice President of Diplomate Experience.

Previously, Dr. LeRoy was an associate professor of Family Medicine at Wright State University Boonshoft School of Medicine in Dayton, Ohio. He served as East Dayton Health Center's Medical Director from 1992 to 2007 before joining the faculty of Wright State University Boonshoft School of Medicine where he served as Associate Dean of Student Affairs and Admissions for 14 years (2008-2022). He also served on the Miami Valley Hospital Board of Directors from 1997 to 2006.

Dr. LeRoy has shown love and loyalty to the city of Dayton in many ways since his career began. Beginning in 2008, he continued his clinical practice by serving patients at the East Dayton Community Health Center, a federally qualified health center. Dr. LeRoy is a past board chair of The Dayton Foundation, Public Health Dayton/Montgomery County, and Hospice of Dayton. Additionally, he has served as the Chief Medical Consultant for Dayton Public Schools since 1997.

Dr. LeRoy has had significant national leadership experience as the President-Elect, President and Board Chair of the American Academy of Family Physicians from 2018 to 2021. He is an active member of the Alpha Omega Alpha Honor Medical Society, the Ohio State Medical Association, the American Medical Association, the Ohio Academy of Family Physicians (Past President), and the Phi Rho Sigma Medical Society (Vice President).

Over the last 30 years, Dr. LeRoy has been recognized for his work through numerous awards at the state and national levels. These include the Wright State University Outstanding Alumni Achievement Award, a Certificate of Recognition by the Ohio House of Representatives and Ohio Senate, the American Association of Medical Colleges Humanism in Medicine Award, the National Council of Community and Justice Humanism Award, the American Medical Student Association Golden Apple Teaching Excellence Award, and both the Educator of the Year and Philanthropist of the Year awards from the Ohio Academy of Family Physicians. He is also an award-winning book author – *Quotes From The Edge of Nowhere* (2020).

Dr. LeRoy completed his medical degree at Wright State University before moving on to Dayton's Miami Valley Hospital for residency and then a fellowship at Michigan State University in 1992.

12:00pm - 1:30pm

Lunch & Congress of Delegates - Second Session

Our Congress is your chance to take an active role in IAFFP business. All members are invited and encouraged to attend because every member is a delegate, and every participant will have a vote and voice.

1:30pm - 2:30pm

Board of Directors Meeting

General CME Sessions

Topics will include:

Continuous Glucose Monitoring in Practice

Continuous Glucose Monitoring is making a big impact on diabetes care – and patient outcomes. Learn more about the practicalities of bringing CGM into your practice and making it work for your staff, your colleagues, and your patients.

Learning Objectives:

At the end of the presentation, participants will be able to:

- Prepare the clinical practice for CGM
- Understand options available to the practice for professional and personal CGM
- Locate and interpret CGM data, using the Ambulatory Glucose Profile (AGP) to assess if the patient is achieving targets established by the International Consensus on Time in Range
- Modify the treatment plan based on CGM data to improve patient outcomes

This presentation is supported by an educational grant from Abbott Diabetes.

Integrating Cognitive Assessment into the Primary Care Workflow to Facilitate the Timely Detection and Diagnosis of Mild Cognitive Impairment and Mild Dementia Due to AD: Leveraging Medicare Reimbursement Mechanisms to Improve Clinical Care

Learning Objectives:

Upon completion of this activity, participants should be better able to:

- Integrate routine cognitive assessment in outpatient visits of older adults who present with signs and symptoms of cognitive impairment to facilitate the timely diagnosis of MCI and mild dementia due to AD
- Employ appropriate tools for documentation and coding of procedures (eg, cognitive assessments) and services for patients presenting with cognitive symptoms or concerns
- Implement effective communication strategies to educate patients and caregivers about the clinical significance and prognostic implications of their cognitive assessment results

Women's/Menstrual Health

An astounding 1 in 5 women with heavy menstrual bleeding may have a bleeding disorder. This presentation discusses menstruation, pregnancy, and beyond in exploring the management of women with bleeding disorders. Content also covers the importance of utilizing bleeding scores to quantify blood loss/risk stratification, management.

6:00pm - 9:00pm

Trivia Night



Join us for dinner and Trivia Night! You and your trivia team can test your knowledge with our friends from Hambone's during our family-friendly trivia game. Don't have a team? We'll help you create one! Come dressed in costume and capture the memories with your friends and family in our photo booth. Enjoy dinner and fun!

Sunday, July 16

9:00am - 12:00pm

KSA Study Group: *Palliative Care* (concurrent session)

- Bernard Richard, MD

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9:00am - 12:00pm

KSA Study Group: *Care of Women* (concurrent session)

- TBD

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CME SESSION CREDIT INFORMATION: Application will be made to the American Academy of Family Physicians for 16.0 AAFP Prescribed CME credits. Determination of credit is pending. Updated credit certificates will be available on site.

AMA/AAFP Equivalency: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)[™] toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

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