

ICES/IS Breakfast				October 2021	
	Monday	Tuesday	Wednesday	Thursday	Friday
Oct 1					Cinnamon Roll OR Cereal w/Cheese Stick or Yogurt Fruit/Juice Milk
Oct 4-8	Muffin OR Cereal Cheese Stick or Yogurt Fruit/Juice Milk	Waffles OR Cereal Bar w/Cheese Stick or Yogurt Fruit/Juice Milk	Cinnamon Toast Bar OR Cereal w/Cheese Stick or Yogurt Fruit/Juice Milk	Frudel OR Cereal Bar w/Cheese Stick or Yogurt Fruit/Juice Milk	Cinnamon Roll OR Cereal w/Cheese Stick or Yogurt Fruit/Juice Milk
Oct 11-15	FALL BREAK NO SCHOOL	FALL BREAK NO SCHOOL	FALL BREAK NO SCHOOL	FALL BREAK NO SCHOOL	FALL BREAK NO SCHOOL
Oct 18-22	Cinni Mini OR Cereal w/Cheese Stick or Yogurt Fruit/Juice Milk	S'More Bar OR Cereal Bar w/Cheese Stick or Yogurt Fruit/Juice Milk	Bagelful OR Cereal w/Cheese Stick or Yogurt Fruit/Juice Milk	French Toast OR Cereal Bar w/Cheese Stick or Yogurt Fruit/Juice Milk	Muffin OR Cereal Cheese Stick or Yogurt Fruit/Juice Milk
Oct 25-29	Benefit Breakfast Bar Cereal Cheese Stick or Yogurt Fruit/Juice Milk	Muffin OR Cereal Bar w/Cheese Stick or Yogurt Fruit/Juice Milk	Bagelful OR Cereal w/Cheese Stick or Yogurt Fruit/Juice Milk	Pancakes OR OR Cereal Bar w/Cheese Stick or Yogurt Fruit/Juice Milk	Cinnamon Roll OR Cereal w/Cheese Stick or Yogurt Fruit/Juice Milk
Subject to change					