

**SAN JUAN HOSPITAL
TELESTROKE**

MD PROCEDURE

A. PATIENT ASSESSMENT

- ☐ ABCs.
- ☐ Establish history (brief).
- ☐ PMH and medications (brief)--include prior disability.
- ☐ Perform a brief neurologic exam.
- ☐ Review thrombolytic inclusion and exclusion with the patient and family.
- ☐ BP Control.

If the patient is likely a thrombolytic candidate:

Give Labetalol 5-10 mg IV Q 15 mins. prn for SBP > 185 or DBP > 110
(not to exceed a total of 150 mg). **DO NOT USE A CONTINUOUS IV
DRIP.**

For Ischemic Stroke ONLY: If the patient is not a thrombolytic candidate, avoid treating BP.

- ☐ Obtain consent.

B. VIDEOCONFERENCE

- ☐ Obtain consent for teleconference if not already done
- ☐ Present case to consulting physician.
- ☐ Introduce patient and family.
- ☐ Help consultation physician facilitate the history and physical.

C. t-PA CONSENT

- ☐ Obtain t-PA consent (see form).
- ☐ Sign t-PA order set.
- ☐ Sign post-t-PA orders.