

ICHS Lunch

August 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
Week 1			Deep Dish Pizza	Cheeseburger	Chicken Nuggets
			Cheese Breadsticks	Grilled Chicken Sandwich	Breaded Mozz Sticks
			Marinara Sauce	Corn	w/marinara
			Baked Beans, Salad	Lettuce, Tomato	Broccoli, Apples
			Peaches	Pears, Fruit Snacks	Graham Cracker
			Milk	Milk	Milk
	8	9	10	11	12
Week 2	Beef Tenderloin Sandwich	Hot Dog	Biscuit & Gravy	Cheese Breadsticks w/	Chicken Tenders
	Spicy Chicken Sandwich	Sloppy Joe	Sausage Patties	Marinara Sauce	Pizza
	Green Beans	French Fries	Carrots	Calzone	Baked Beans, Salad
	Fruit Cocktail	Graham Cracker	Banana	Broccoli, Fruit	Fruit
	Giant Goldfish	Cookie	Fruit Roll Up	Fruit Snack	Milk
	Milk	Milk	Milk	Milk	Goldfish
	15	16	17	18	19
Week 3	Popcorn Chicken w/roll	State Fair Corn Dog	Grilled Cheese Sandwich	Pepperoni Bosco Stick	Breaded Chicken Sandwich
	Deep Dish Cheese Pizza	Pulled BBQ Pork Sandwich	Hamburger on Bun	Chicken Chunks	Pork Tenderloin Sandwich
	Carrots/Dip	Corn	Green Beans	Broccoli	w/Lettuce & Tomato
	Applesauce	Banana	Peaches	Apples	Texas Beans, Salad
	Giant Goldfish	Juice Cup	Fruit Snack	Crackers	Pears
	Milk	Milk	Milk	Milk	Milk
	22	23	24	25	26
Week 4	Deep Dish Pizza	Cheeseburger	BBQ Rib Sandwich	Beef Cheese Burrito	Chicken Nuggets
	Cheese Breadsticks	Grilled Chicken Sandwich	Spicy Chicken Tenders	Cheese Quesadilla	Brave Burger
	Marinara Sauce	Corn	Carrots	Salsa, Pepper Rings	Broccoli
	Baked Beans, Salad	Lettuce, Tomato	Fruit Cocktail	Cucumbers, Banana	Apple
	Peaches	Pears, Fruit Snack	Goldfish Crackers	Sour Cream	Graham Cracker
	Milk	Milk	Milk	Graham Crackers, Milk	Milk
	29	30	31		
Week 5	Beef Tenderloin Sandwich	Hot Dog	Biscuit and Gravy		
	Spicy Chicken Sandwich	Sloppy Joe	Sausages		
	Marinara Sauce	Corn	Carrots		
	Baked Beans, Salad	Lettuce, Tomato	Fruit Cocktail		
	Orange Slices	Pears, Pretzels	Goldfish Crackers		
	Milk	Milk	Milk		

Subject to change

This Institution is an Equal Opportunity Provider