

# ICHS Lunch

## Sept. 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
				1	2
Week 1				Cheese Breadsticks w/ Marinara Sauce Calzone Broccoli, Apple Fruit Snack Milk	Chicken Tenders French Bread Pizza Baked Beans/Salad Peaches Graham Crackers Milk
	5	6	7	8	9
Week 2	No School Labor Day	State Fair Corn Dog Pulled BBQ Pork Sandwich Corn Banana Juice Cup Milk	Creek Cattle Company Hamburger on Bun Celery/PB Peaches Fruit Snack Milk	Pepperoni Bosco Stick Chicken Chunks Broccoli Fruit Cocktail Goldfish Crackers Milk	Breaded Chicken w/roll Pork Tenderloin Sandwich w/Lettuce & Tomato Texas Beans, Salad Pears Milk
	12	13	14	15	16
Week 3	BBQ Rib Sandwich Spicy Chicken Tenders Broccoli Fruit Cocktail Goldfish Crackers Milk	Stuffed Crust Pizza Breaded Mozz Sticks Green Beans Banana Marinara, Mini RKT Milk	Loaded Nachos Lettuce, Salsa Corn Peaches Sour Cream, Pepper Rings Milk	BBQ Chicken Sandwich Corn Dog Nuggets Texas Beans, Salad Applesauce Cookie Milk	Grilled Cheese Sandwich Brave Burger Tomato Soup/Crackers Carrots Pears Milk
	19	20	21	22	23
Week 4	Deep Dish Pizza Cheese Breadsticks Marinara Sauce Baked Beans, Salad Peaches Milk	Cheeseburger Grilled Chicken Sandwich Carrots Lettuce, Tomato Pears, Pretzels Milk	Turkey & Noodles Mashed Potato Roll Applesauce Milk	Beef & Cheese Burrito Cheese Quesadilla Salsa, Pepper Rings Cucumbers, Banana Sour Cream Graham Crackers, Milk	Chicken Nuggets Breaded Mozz Sticks Broccoli Apple Cracker Milk
	26	27	28	29	30
Week 5	Beef Tenderloin Sandwich Spicy Chicken Sandwich Green Beans Pears Goldfish Milk	Hot Dog Sloppy Joe French Fries Fruit Cocktail Cookie Milk	Biscuit and Gravy Sausages Carrots Banana Goldfish Milk	Cheese Breadsticks w/ Marinara Sauce Calzone Broccoli, Apple Fruit Snack Milk	Chicken Tenders French Bread Pizza Baked Beans/Salad Peaches Graham Crackers Milk

Subject to change

This Institution is an Equal Opportunity Provider