

# ICES/IS Breakfast

# September 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
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Week 1					Cinnamon Roll Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk
	4	5	6	7	8
Week 2	No School Labor Day	Donut Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Bagelful Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	French Toast Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Muffin Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk
	11	12	13	14	15
Week 3	Pop Tart Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Muffin Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Strawberry Bagelful Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Pancakes Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Cinnamon Roll Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk
	18	19	20	21	22
Week 4	Muffin Cereal w/Cheese Stick or yogurt Fruit and/or Juice Milk	Waffles Cereal Bar w/Cheese Stick or yogurt Fruit and/or Juice Milk	Cinnamon Toast Bar Cereal w/Cheese Stick or yogurt Fruit and/or Juice Milk	Frudel Cereal Bar w/Cheese Stick or yogurt Fruit and/or Juice Milk	Cinnamon Roll Cereal w/Cheese Stick or yogurt Fruit and/or Juice Milk
	25	26	27	28	29
Week 5	Cinni Mini Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Donut Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Bagelful Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	French Toast Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Muffin Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk

Subject to change

This Institution is an Equal Opportunity Provider