



Sacopee Midwives

Certified Professional Midwives serving greater Portland and beyond since 1995

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Sacopee Valley Midwives Newborn Care:

Please share this info with your Pediatrician.

Newborn records, including birth summary, initial newborn care, early postpartum/newborn visits and Newborn Metabolic Screen results can easily be faxed to pediatrician's office. We rely on clients to request that of us and give us your fax number. If you do not have records on a baby, please remind parents to make that contact.

Prenatal:

- - Standard prenatal care, including availability of genetic screening, and fetal anatomic survey, BPP if post-dates, etc.
- - Group B Strep screening, as recommended by the CDC
- - Discussion with parents about standard newborn care. Informed choice about the things we are able to offer, including; vitamin K, antibiotic eye prophylaxis, Newborn Metabolic Screening.
- - Info given to parents on how they can attain the hepatitis B shot which we do not offer at birth, CCHD screening provided after 24 hours and hearing screening (which we will be working with the state on getting machines and being able to provide, perhaps in 2022).
- - Recommendation of choosing and establishing care with a pediatric provider.

Intrapartum:

- - Intermittent auscultation with the Doppler, q 20 mins in active labor, q 5 mins in second stage.
- - Transport to hospital with evidence of fetal distress

- - Oxygen available at birth and administered to mom as indicated by FHR
- - Newborn station set up at every birth with resuscitation equipment; bag/valve/mask, O2, firm/warm/flat surface with neck roll, DeLee and bulb suction, stethoscope and thermometer.
- - At least 2 practitioners certified in Neonatal Resuscitation (NRP) are present at every birth.

Immediate **Postpartum Newborn Care:**

- - Initial assessment (including drying and warmth)
- - Tactile stim, suction, Neonatal resuscitation, as indicated
- - Collection of cord blood for Rh(-) mothers,
- - Apgar scores
- - Skin to skin contact with mother/parent
- - Establishment of breastfeeding
- - Standard newborn physical exam
- - Administering Vitamin K and/or erythromycin if parents desire
- - Referral to pediatrician if anything is out of range of normal. Reminder given to parents to be in contact with their ped to inform them of birth and establish first visit.

Ongoing Newborn Care:

- Newborn check at 24-48 hours pp, which includes:

o Newborn Metabolic Screen

o CCHD screening

o Visual assessment of jaundice , monitoring Bilirubin and referral as needed

o Weight check

o Assessment of adequate breastfeeding reports of BM/voids, behavioral assessment)

-Newborn checks repeated at one week, three weeks, and six weeks.

More frequent weight checks are provided in the early weeks if indicated.
