

ICMS/HS Breakfast

Sept 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
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Week 1					Cinnamon Toast Crunch Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk
	4	5	6	7	8
Week 2	No School Labor day	Cinni Mini Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Breakfast Pizza Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Benefit Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Waffle Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk
	11	12	13	14	15
Week 3	Cinnamon Roll Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Egg, Cheese, Saus Pocket Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Apple Frudel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	French Toast Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Strawberry Stuffed Bagel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk
	18	19	20	21	22
Week 4	Cinnamon Toast Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Bac, Egg, Cheese Pocket Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Cherry Frudel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Sausage Pancake Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Chicken Slider Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk
	25	26	27	28	29
Week 5	Stuffed Hashbrown Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Cinni Mini Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Breakfast Pizza Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Benefit Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Waffle Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk

Subject to change

This Institution is an Equal Opportunity Provider