

TEEN DIY'S

THIS WEEK WE'RE MAKING A HAND-SEWN FACE MASK!

Supplies:

- Two pieces of cotton fabric for the mask outer and lining-measurements specified in table below
- 3/8-inch elastic-measurements specified in table below
- Ruler or measuring tape
- Safety pin
- Straight pins
- Needle & thread
- Scissors



Cutting Dimensions:

Size	Mask Outer (inches)	Mask Lining (inches)	3/8-inch Elastic (cut 2) (inches)	Ties Behind the Ear (cut 2) (inches)	Ties Behind the Head (cut 2) (inches)
Adult	7.5W x 10L	7.5W x 8L	12	1.5W x 17L	1.5W x 33L
Child	6W x 9L	6W x 7L	11	1.5W x 16L	1.5W x 32L

Instructions

1. Cut the mask outer and lining pieces, referring to the table above.
2. Fold the mask outer in half widthwise, aligning the edges and mark the center of the upper and lower edges. Repeat with the mask lining.
3. Open the two pieces and keep them layered, with the right sides together and the center marks aligning. Pin the two pieces together along the aligned edges.
4. Thread your needle and hand sew the two pieces together by a running stitch, along the two pinned edges. Take care to keep the stitches small and uniform and also to secure the stitches by a few knots at the start and finish.
5. Bring the right side out.
6. Press to make it neat and the edges taut.
7. Fold the four corners of the mask outer towards the wrong side and press.
8. Next, fold the two raw edges towards the wrong side by 3/8-inch and press.
9. Fold again by 5/8-inch and press to form a casing for the elastic or ties.
10. Pin along the edge of the folds.
11. Hand sew the two casings shut, using a running stitch.
12. Take the required length of the elastic, referring to the table above and insert it through the two casings, using a safety pin.
13. Tie the ends of the elastic in a knot.

Source: <https://sewcraftyme.com/how-to-hand-sew-a-face-mask-in-15-minutes.html>