

DUKE UNIVERSITY - ROAD PROGRAMMING





FAAR 2017

Road Programming

What does the Road mean to Delta Kappa?

Over the past year, Delta Kappa has added particular emphasis to our Road Program and welcomed the Duke community into our programming. A continued focus on academic, physical, and mental well-being has remained as a main priority for the Road, and for Delta Kappa, the Road Chair acts as a liaison between the brothers and each of these resources. Our chapter has sponsored a selection of guest speakers and internal presentations designed both to better our selves as well-rounded men, and engage our community. In addition to our suite of events designed to heighten our members' skills in educational, professional, and personal manners, Delta Kappa has become a definitive campus leader in terms of sexual assault prevention and anti-gender violence advocacy.

Having served as a fantastic liaison to our chapter in terms of mental health outreach and support as a staff member of the Counseling and Psychological Services office at Duke, Gregory Welikson, a Delt alumnus of American University, continued to support aspects of our Road program. Greg has taken an initiative in providing personal resources to Delta Kappa including everything from discussions about mental health during chapter meetings to one-on-one meetings with brothers who have expressed concern about their psychological well-being. As a result of our past partnerships, Greg this year asked our chapter to become involved in a university-wide sexual assault task force.

The task force consisted of numerous Duke administrators from varying departments, and was devoted to answering the question: Since Duke has devoted significant resources over the past decade to decreasing the rates of campus sexual assault and gender violence, why has the impact been minimal? What can we change? As a participant on this task force, Delta Kappa has been thrilled to partner in numerous events that were open to the Duke community on this topic, and to re-affirm our commitment to a safer campus community.

Outlined below is a list of events in our Road Program that have been completed over the FAAR grading period, as well as events already planned for the rest of the semester. Events range in diversity and many include guest speakers and tie-ins to outside events on campus. Those events stemming from our active involvement in the sexual assault task force are noted.





January 2017:

Program Topic: "Small Talk" pre-Recruitment meeting with brothers Date: January 9, 2016 (Prior to Open House recruitment event) Facilitator: Tommy Irons, Jordan Kern, Charlie Niebanck, Steve Mazzari

As members returned back to campus to begin recruitment (Duke is spring-only recruitment) we once again held a discussion about the most effective methods of recruitment. The central topic was how to best conduct small talk with a potential new member. Various upperclassmen gave examples of topics of conversation, and the recruitment chairs gave examples of how to unassumingly figure out if PNMs meet our membership eligibility standards (specifically how to ensure the financial commitment, as that one is often difficult to be conversational about). Not only was this presentation valuable for our recruitment period, but also improvements for small talk presented brothers with a life skill.

Number of Brothers in Attendance: 52

Program Topic: Re-acclimating to Duke Date: January 27, 2017 Facilitator: Brandon Hull, Road Chair

This semester is widely acknowledged as the hardest semester at Duke for students returning from a study abroad program. On this Friday afternoon, a number of brothers returning from abroad collectively met with Road chair Brandon Hull to share some of the highlights of their experience, learn stress management tools and plan out their semester's academic and extracurricular commitments to stay on top of their work and obligations. Number of Brothers in Attendance: 8

Program Topic: Introduction to the Road – Mindfulness Date: January 29, 2017

Facilitator: Brandon Hull, Road Chair

As an introduction to our Road Program for our new members at their first chapter meeting, Brandon Hull presented an example Road even. He explained to the class of new members that one of the goals of our program has been to promote mental health and well being, and strategies to cope with the stresses of Academic life. Brandon led a 10-minute mindfulness session, in which brothers and new members closed their eyes and Brandon led us in a brief meditation session. When we asked the new members what they thought of the session, they were surprised that this is the kind of thing we do occasionally at chapter, and a few described it as unique.

Number of Brothers/New Members in Attendance: 64





February 2017:

Program Topic: Sexual Assault Focus Group #1 Date: February 6, 2017 Facilitator: Gregory Welikson, CAPS Office

This event was our chapter's first exposure to the sexual assault prevention task force described in the introduction to this section. Eight chapter members participated in this initial focus group, which was scheduled to last an hour, but quickly stretched into two. Greg thought that our input as fraternity men could be invaluable to the conversation on this topic, and had suggested this focus group as a way to start the conversation.

Number of Brothers in Attendance: 8

Program Topic: Sexual Assault Focus Group #2 Date: February 13, 2017 Facilitator: Gregory Welikson, CAPS Office

The second of two focus groups, seven more brothers met with Greg to discuss the issue of sexual assault and gender violence on campus. This time, the group consisted of 7 members of the sophomore class, who Greg had assumed had less exposure to the campus climate on the issue. This discussion was also productive, and allowed more brothers to be involved in the conversation. These two focus groups went so well, that Greg agreed to meet with our new member class.

Number of Brothers in Attendance: 7

Program Topic: Sexual Assault Focus Group, entire new member class Date: February 22, 2017 Facilitators: Gregory Welikson of the CAPS Office, Steve Mazzari, Joseph Kaiser

As the main component of this New Member Education session, our New Member Educators participated in yet another focus group to ascertain new perspectives on. The perspective of our new member class was unique, as they had not yet been PACT trained by the women's center on sexual assault (occurred a couple weeks thereafter), and therefore had more of a fresh perspective to the campus climate. The New Member Educators took this opportunity to reinforce what it means to be a man on this campus, and furthermore what it means to be a Delt, and the active role we should take in preventing sexual assault.

Number of New Members/Brothers in Attendance: 24





March 2017:

Program Topic: Stick Shift Date: March 5-10, 2017 Facilitators: Noah Johnson, John Scott, New Member Ben Auriemma Always a skill that brothers claim they want to learn but haven't gotten the opportunity to, brothers who owned stick shift cars on campus volunteered to teach their brothers how to drive stick. This event took course over the week prior to Spring Break, and each brother willing to loan their car while teaching the new driver signed up for two lessons each day. By the end of the week, 22 new Delts had learned this new skill.

Number of Brothers/New Members in Attendance: 25

Program Topic: Sexual Assault Task Force Findings

Date: March 30, 2017

Facilitators: Tom Szigethy of the Student Wellness Center

Our chapter was selectively invited to the presentation of the task force's findings, which included a further focus group breakout session in late March. As a chapter, we promoted this event to all IFC chapters and effectively co-sponsored the event to the rest of campus, yet, only Delta Kappa showed up. The roughly 30 Delts present made up over 75% of those in attendance at the event - a powerful message about our active desire to combat this issue with many campus administrators present. This event was made possible by Delta Kappa's participation and partnership with the student wellness center, and in our opinion, had a substantial impact on the Duke community.

Number of Brothers/New Members in Attendance: 32







April 2017

Program Topic: Tim Mousseau Speech: Retaking Our Story Date: April 10, 2017 Facilitators: Speaker Tim Mousseau, IFC, Women's Center

Speaker Tim Mousseau was brought to campus in partnership by Duke IFC and the Women's Center to speak on men's role in sexual assault. His speech was very relatable and he told his story as a male survivor of sexual assault. This event was planned from start to finish by former Delta Kappa President Brent Kelley as VP of Chapter Services for IFC, with additional help from Charles Halverson as the incoming VP of Chapter Services. This event was open to campus, and openly advertised by Delta Kappa. Over 200 people were in attendance, and members of Delta Kappa were among the top 2 chapters in attendance (per IFC attendance records). Given that this event was planned and attended in large part by Delts, and was openly advertised to campus with extensive reach, we believe it has all the markings of a phenomenal Road event.



Program Topic: Golf at the Washington Duke Range Date: April 23, 2017 Facilitators: Charles Halverson, Nick George

Annually a popular Road event, brothers took to the Washington Duke Golf Club after chapter to work on their swing. Facilitators Charles and Nick acted as golf professionals and gave less experienced brothers tips on their iron game. Now an annual tradition, Jordan Kern surprisingly took home the putting contest prize in dramatic fashion, and Brian Keohane carded the long drive.

Number of Brothers in Attendance: 23





September 2017:

Program Topic: Time Management Date: September 10, 2017 Facilitator: Hunter Michielson

After syllabus week had concluded and brothers had a more concrete grasp of their workload for the semester, road chair Hunter Michielson handed out paper calendars for the semester, and discussed the importance of time management at chapter. As an organization, we encouraged individual brothers to either mark important dates on this calendar, or utilize the calendar on their phone to keep track of busy weeks so that strong workloads don't sneak up on us. This event has been hosted annually at the beginning of the fall semester.

Brothers in Attendance: 42

Program Topic: Professional Headshots, Networking with Duke Graduate Schools Date: September 14, 2017 Facilitator: Charles Halverson, IFC, PanHellenic Council

Planned in part by Delta Kappa Internal VP, Charles Halverson, IFC and Panhellenic councils hosted a networking afternoon with Duke Graduate schools (Fuqua School of Business, Duke Law School, Nicholas School of the Environment, Pratt Graduate School of Engineering), where students could ask questions pertinent to their career/education path. Additionally, Delta Kappa sophomore Andrew VanWingerden was onsite to provide professional headshots for any Duke student who attended. This event was effectively co-sponsored and promoted by Delta Kappa to the larger campus community, and any Duke student was encouraged to attend. A selection of headshots of Delta Kappa brothers who attended this event is seen below.

Total Brothers in Attendance: 16







October 2017:

Program Topic: How to Tie a Bowtie Date: October 1, 2017 Facilitator: Hunter Michielson, Road Chair

At the request of a few brothers, Hunter Michielson led a lesson after chapter on "how to tie a bowtie." Brotherhood chair Matthew Sullivan was particularly thankful for this event, as he had owned a bowtie for 4 years but never used it. But in all seriousness, this is a skill that many brothers were thankful to have attained.

Number of Brothers in Attendance: 15

Program Topic: Wellness as Greek Men Date: October 22, 2017 Facilitator: David Mallen, Student Wellness Center

Representative from the Wellness Center, David Mallen, spoke to the chapter in a conversational manner in a presentation that diverged from the wellness surveys we've taken in the past. Instead, David focused on our fraternal values and what we want to mean to the campus, what we want our reputation to be, and action items that we can take as an organization to achieve our collective goals. Risk Manager, Ben Auriemma, met with David the following week to begin to formulate an official Risk Management plan in accordance with University Policy

Number of Brothers in Attendance: 35







Upcoming: Program Topic: NAMI Panel Date: November 30, 2017 Facilitator: NAMI, Delta Kappa

Duke's chapter of the National Alliance on Mental Illness is thrilled to be able to partner with us for an upcoming panel on mental health. The speaker list has not yet been finalized, but this event will be open to the entire campus and officially co-sponsored by Delta Kappa. As our liaison to the Mental Health Advisory Council (an official Administrative board at Duke), Delta Kappa External VP, Jordan Kern, has worked to put together this event and put Delta Kappa to work combating mental health stereotypes and misconceptions on campus.