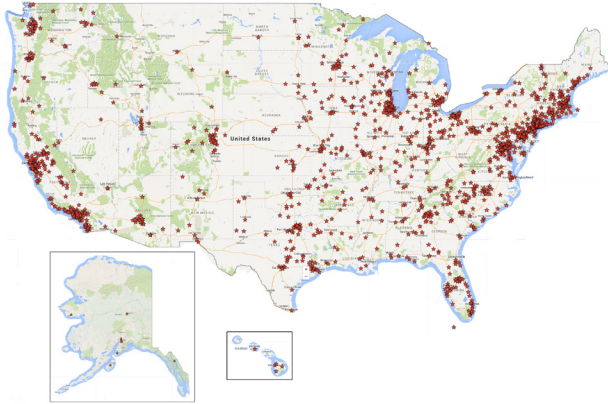


How do you find an IBCLC®?

There are over 14,000 IBCLCs® across the United States and growing. Many hospitals staff IBCLCs® to provide expertise in the initial hours after birth.

Use USLCA's free online *Find a Lactation Consultant Directory* to locate an outpatient IBCLC® near you.

USLCA Member IBCLCs® located in the US



Scan below to find a USLCA member IBCLC® in your area or visit www.USLCA.org/find-an-ibclc



IBCLCs®, not a USLCA member? Join today and have your profile listed in the directory.

USLCA is the professional association for the IBCLC® in the United States, advancing the profession through leadership, advocacy, professional development, and research.



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IBCLC®

-The Critical Difference-



What is an IBCLC®, RLC?

The International Board Certified Lactation Consultant (IBCLC®) is a valued member of the maternal-child healthcare team displaying the highest level of education and expertise with specialized skills in breastfeeding care and management. The IBCLC® credential is the highest in the field of lactation. IBCLCs® in the United States are also Registered Lactation Consultants.



Who needs an IBCLC®?

Research has shown improved breastfeeding outcomes when mothers and infants receive the services of an IBCLC®.

The 2011 Surgeon General's Call to Action to Support Breastfeeding recommends that the public have access to services provided by IBCLCs®.

With a focus on health maintenance and disease prevention, IBCLCs® encourage self-care by empowering women to establish their own infant feeding goals and to identify strategies for achieving those goals.

IBCLCs® use a problem solving approach through comprehensive assessment and the development of care plans to promote successful breastfeeding.

Why an IBCLC®?

The IBCLC® credential assures families, employers, insurers, and policy makers of clinically competent, evidence-based lactation care and services.

While all kinds of breastfeeding support are helpful for mastering the breastfeeding basics, the IBCLC® is armed with knowledge and expertise to handle more complex breastfeeding situations.

Gained through collegiate level professional education in health sciences, lactation specific coursework, and clinical experience, IBCLCs® prove their knowledge through a criterion referenced exam earning them the only certification in lactation qualified as a consultant.

IBCLC® Scope of Practice

An IBCLC® is able to provide competent, comprehensive breastfeeding care.

Individuals awarded the IBCLC® credential are qualified to:

- Work directly with breastfeeding families
- Manage a wide range of breastfeeding problems
- Collaborate with all members of the health care team
- Advocate for a social environment that supports breastfeeding families
- Educate families, health professionals, and policy makers about the life-long health benefits of breastfeeding
- Focus on health maintenance and disease prevention
- Empower women to establish their own infant feeding goals by identifying evidenced-based strategies to achieve them