

# Queen of Free:

## Budget Basics



JCPL is thrilled to welcome, Cherie Lowe, aka The Queen of Free, for a four-part series starting in January.

Cherie and her husband Brian became savings experts as they tackled their \$127K debt and wrote "Slaying the Debt Dragon: How One Family Conquered their Money Monster and Found an Inspired Happily Ever After." Cherie has been featured locally on WTHR-13 and in the Daily Journal, as well as nationally in the Wall Street Journal and Family Circle, and on CNBC and DaveRamsey.com.

Cherie will help you start off the new year right with tips on budgeting and how to use couponing and meal planning to get your finances in order.

1

*Queen of Free:*  
**SLAYING THE DEBT DRAGON**  
Thu / Jan. 25  
6:30-7:30 p.m.  
Franklin Branch

It's time for a fresh start! This is your year to get a handle on your finances and make the most of every penny and second life has to offer.

Enjoy an evening of thoughtful conversation to launch your own debt slaying journey.

2

*Queen of Free:*  
**MEAL PLANNING 101**  
Tue / Jan. 30  
6-7 p.m.  
Trafalgar Branch

Cherie's Meal Planning 101 covers strategies for every step of dining with a budget in mind. Learn to make meal plans, create a Pantry Top 10 and actually leave excited about preparing meals for you and your family.

3

*Queen of Free:*  
**BUDGET BASICS**  
Thu / Feb. 1  
6-7 p.m.  
Clark Pleasant Branch

Cherie will help you begin to take baby steps into the great financial unknown. Change your mindset about what a budget is, find a tool that will work for your lifestyle. Budgets can be fun and freeing. And you are more than capable of making it happen.

4

*Queen of Free:*  
**MINI-COUPON COURSE**  
Tue / Feb. 6  
6:30-7:30 p.m.  
White River Branch

Take your grocery game to the next level. Develop an organizational strategy that works for you. Spend a minimal amount of time clipping coupons and planning your trip. Receive expert tips for the stores you shop. Leave with a game plan to save more money each time you hit the aisles.

