

ICES/IS Lunch

Master Menu 2022-23

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
Week 1			Mini Corn Dogs	Pizza	Chicken Tenders
			Baked Beans	Carrots	Cucumber
			Banana	Applesauce	Ranch
			Pudding	Pretzels	Frozen Fruit Treat
			Milk	Milk	Cheese Stick
					Milk
	8	9	10	11	12
Week 2	Pancakes W/Sausage	Pizza	Breaded Chicken Sandwich	Macaroni & Cheese	Hot Dog on Bun
		Salad/Dressing	Carrots/Ranch pkt	Green Beans	Chili Beans
	Tator Tots	Pears	Oranges	Apples	Peaches
	Juice	Pudding	Fruit Snacks	Jello	Pretzels
	Milk	Milk	Milk	Milk	Milk
	15	16	17	18	19
Week 3	Hamburger on Bun	Chicken Nuggets	Grilled Cheese Sandwich	Spaghetti w/Meatsauce	Calzone
	French Fries	Baked Beans	Cucumber Slices		Carrots
	Pickles	Juice	Apple Slices	Salad	Ranch Dip
	Applesauce	Cheddar Goldfish	Teddy Grahams	Pears	Applesauce
	Fruit Snack	Milk	Milk	Milk	Rice Krispy Treat
	Milk				Milk
	22	23	24	25	26
Week 4	Popcorn Chicken	Cheese Quesadilla	French Toast	Turkey & Noodles	Pizza
	Green Beans	Refried Beans	Egg Patty	Mashed Potatoes	Broccoli
	Pineapple	Shredded Lettuce	Sausage	Applesauce	Peaches
	Cheez-Its	Frozen Fruit Treat	Carrots	Jello w/topping	Pretzels
	Milk	Milk	Juice	Milk	Milk
			Milk		
	29	30	31		
Week 5	Chicken Tenders	BBQ Rib Sandwich	Mini Corn Dogs		
	Corn	Salad w/ranch	Baked Beans		
	Fruit Cocktail	Peaches	Banana		
	Cheddar Goldfish	Fruit Snack	Pudding		
	Milk	Milk	Milk		

Subject to change

This Institution is an Equal Opportunity Provider