

ICMS Lunch				October 2019	
	Monday	Tuesday	Wednesday	Thursday	Friday
Sep 30-Oct 4	Cheeseburger OR	Deep Dish Pepperoni Pizza	BBQ Rib Sandwich OR	Loaded Nachos OR	Chicken Nuggets OR
	Breaded Chicken Sandwich	OR Cheese Breadsticks	Cheesy Brave Burger	Cheese Quesadilla	Spicy Chicken Sandwich
	Corn	Baked Beans, Lettuce	Carrots	Cucumbers/Dip	Broccoli
	Lettuce, Tomato	Orange Slices	Fruit Cocktail	Salsa	Banana
	Pears	Milk	Graham Crackers	Apple Slices	Milk
	Milk		Milk	Milk	
Oct 7-11	Beef Tenderloin Sandwich	Hot Dog OR	Cheese Breadsticks OR	Chicken Fries OR	Calzone OR
	OR Meatball Sub/Cheese Cup	Sloppy Joe	Chicken Alfredo with	French Bread Pizza	Spicy Chicken Tenders
	Carrots	French Fries	Garlic Toast	Baked Beans, Salad	Green Beans
	Fruit Cocktail	Oranges	Broccoli	Peaches	Pears
	Pickle Spear	Milk	Apple Slices	Milk	Milk
	Milk		Milk		
Oct 14-18					
	FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK
Oct 21-25	Pulled BBQ Pork Sandwich	Breaded Chicken OR	Biscuit & Gravy OR	Cheese Quesadilla OR	Cheesy Brave Burger OR
	OR Stuffed Crust Pizza	Pork Tenderloin Sandwich	French Toast	Chicken Taco Salad/Boat	Grilled Cheese Sandwich
	Broccoli	Lettuce, Tomato	Sausage	Salsa	Tomato Soup
	Applesauce	Texas Beans	Carrots	Corn	Crackers
	Milk	Pears	Banana	Apple Slices	Celery/Dip
		Milk	Milk	Milk	Peaches, Milk
Oct 28-Nov 1	Popcorn Chicken OR	Chicken & Noodles OR	County Fair Corn Dog OR	Lasagna/Cheese Cup OR	Pepperoni Pizza OR
	Deep Dish Cheese Pizza	Chicken Tenders	Pork Tenderloin Sandwich	Beef & Cheese Burrito	Fish Sandwich
	Carrots/Dip	Mashed Potatoes	Texas Beans	Green Beans	Broccoli, Lettuce
	Applesauce	Fruit Cocktail	Lettuce, Tomato	Pears	Apple Slices
	Milk	Milk	Banana	Fruit Roll-Up	Chortles
			Milk	Milk	Milk