



Sacopee Midwives
Certified Professional Midwives serving greater
Portland and beyond since 1995

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Sacopee Midwives Emergency Care Plan:

In case of a medical emergency while in the presence and care of a client we will take the following steps:

- Stabilize the client and or newborn to the best of our abilities and seek advanced medical care.
- Continue care of the client or newborn during the entire process, until more experienced care takes over. This care will include adult CPR, measures to cease hemorrhage, neonatal resuscitation, and treatment of shock.
- Seek more advanced medical care either through transporting the client or newborn to the closest hospital, or by alerting Emergency Medical Services by calling 911. The mode of transport will be case sensitive due to location, driving conditions, speed of the local emergency responders and the clients wishes and needs. We will transport to the closest hospital in case of an emergent situation, and possibly to a more preferred hospital in case of a non-emergent situation in need of transport.
- We will always include the client in the decision of care in case of an emergency, strongly urging and suggesting the safest option in our professional opinion, while also listening to their preferences.
- We will never leave the client or newborn until it is deemed appropriate by the family or necessitated by other care providers.

Risk Screening Guidelines for Out of Hospital Births:

The following are conditions that EXCLUDE individuals from having planned out of hospital birth:

- Current alcohol and/or drug addiction
- Significant hematological disorders/coagulopathies that cannot be monitored safely
- History of deep venous thrombosis or pulmonary embolism
- Cardiovascular disease causing functional impairment
- Chronic hypertension
- Significant endocrine disorders including pre-existing diabetes(Type I or Type II)
- Hepatic disorders including uncontrolled intrahepatic cholestasis ofpregnancy and/or-abnormal liver function tests
- Isoimmunization including evidence of Rh/platelet sensitization
- Neurologic disorders or active seizure disorders
- Pulmonary disease, active tuberculosis or severe asthma uncontrolledby medication
- Renal disease
- Collagen vascular disease
- Current severe psychiatric illness

- Cancer affecting site of delivery
- Other significant deviations from normal as assessed by the homebirth provider

The following are situations necessitating consultation with other midwives or health care providers and possible referral and transport:

*requires emergency transport

Prenatal:

- Polyhydramnios/oligohydramnios
- Significant vaginal bleeding
- Persistent nausea and vomiting causing a weight loss of >15 lbs.
- Postdates pregnancy >42 weeks
- Fetal demise after 12 completed weeks of pregnancy
- Significant size-dates discrepancy
- Abnormal fetal non-stress test
- Abnormal ultrasound findings
- Acute pyelonephritis
- Infections that require treatment beyond the scope of the provider
- Evidence of large uterine fibroid that may obstruct delivery or other structural abnormality
- Evidence of pregnancy-induced hypertension (BP >140/90 for more than 6 hours at rest) or preeclampsia
- Hydatidiform mole
- Gestational diabetes uncontrolled by diet
- Severe anemia unresponsive to treatment (hgb<10, hct<28)
- Known fetal anomalies
- Noncompliance with plan of care (eg frequent missed appointments)
- Documented placental abnormalities
- Significant placental abruption past the first trimester or any evidence of placenta previa in the third trimester
- Rupture of membranes before 37 weeks
- Positive HIV antibody test
- Documented intrauterine growth retardation
- Primary genital herpes in the first trimester

Intrapartum (during labor):

- Prolonged rupture of membranes more than 36 hours and not in active labor
- Labor prior to completion of 36 weeks gestation with known dates
- Non-vertex presentation or lie at time of delivery including breech
- Maternal desire for pain medication or referral

- Active initial infection of genital herpes at the onset of labor or herpes lesion in/on genital tract
- Sustained maternal fever
- Thick meconium stained fluid with delivery not imminent
- Abnormal bleeding (hemorrhage requires emergency transfer)
- Hypertension with or without additional signs/symptoms of pre-eclampsia
- Prolonged failure to progress in active labor
- *Persistent non-reassuring fetal heart rate
- *Prolapse of the umbilical cord
- *Maternal seizure
- *Sustained maternal vital sign instability and/or shock

Postpartum:

- Significant maternal confusion or disorientation
- Development of any of the conditions listed previously
- Undelivered adhered or retained placenta with or without bleeding
- Lacerations, if repair is beyond the level of expertise (3rd or 4th degree) development of maternal fever
- Signs/symptoms of infection or sepsis
- *Anaphylaxis or shock
- *Significant hemorrhage unresponsive to treatment
- *Sustained maternal vital sign instability
- *Acute respiratory distress
- *Uterine prolapse or inversion

Newborn, physician consultation required:

- Apgar score 6 or <6 at 5 minutes
- Birth weight <2500 grams
- Abnormal jaundice

Newborn, referral/transport required:

- Birth weight <2000 grams
- Prolonged temperature instability
- Clinical evidence of prematurity (<35 weeks)
- Loss of >10% of birth weight/failure to thrive
- Birth injury requiring medical attention
- Major apparent congenital anomalies
- Jaundice prior to 24 hours
- *Persistent respiratory distress
- *Persistent cardiac abnormalities or irregularities

- *Persistent central cyanosis or pallor
- *Prolonged glycemic instability
- *Neonatal seizure

Definitions of Consultation and Referral:

Consultation: the process whereby the provider who maintains primary management responsibility for the woman's care seeks advice or opinion of another CPM, CNM, MD, DO, or OBGYN on clinical issues that are patient specific. These discussions may occur in person, by electronic communication or by telephone.

Referral: The process by which the homebirth provider directs the client to another care provider for management (examination and/or treatment) of a particular problem or aspect of the client's care.