



# DELTA TAU DELTA

NORTHEASTERN UNIVERSITY - ROAD PROGRAMMING



# Fraternity Accreditation and Awards Report

2016/2017

Iota Psi - Northeastern University

## Road

### 200 & 400 Level

#### **Health and Wellness Event- January 19th, 2017**

Brother Chris LoBosco discussed the benefits of exercise and how you can avoid serious health risks through exercise. His presentation focused on setting fitness goals and weekly programming to reach those goals. We calculated Brother's body fat % and discussed different templates that can be used to help them pursue whatever their specific goal is.

14 brothers were in attendance.

#### **Photoshop Event - February 2nd, 2017**

Brother Greg Williamson taught brothers how to use Adobe Photoshop. Brothers had the opportunity to utilize the software on University computers and learned the basics to create simple designs, including calendars, charts, and memes.

10 brothers were in attendance.

#### **NU Talk 2017- February 6th, 2017 (800 Level)**

NU Talk is a student-run TEDx-inspired event held by the Northeastern University Biology Club to showcase a wide range of scientific endeavors and passions. As a collaborative effort among Northeastern University student organizations, NU Talk 2017 will feature one student speaker from each STEM discipline. This year's theme centered around "The Future of Your Yield"--- Brother Fazli Bozal gave a presentation on CRISPR and the ways researchers are using or are working to use the technology, specifically in the field of medicine, alongside the ethical dilemmas and the challenges they face.

38 brothers were in attendance, and many that couldn't make it watched via a Facebook live stream. 185 members of the NU community were in attendance.

#### **Mixology 101- February 9th, 2017**

Brother Dom Catalano is a licensed bartender and presented a mixology event that showed tips on bar safety and making drinks.

20 brothers were in attendance.

#### **Krav Maga Self-Defense Class- February 12th, 2017 (600 Level)**

The Ring Boxing Club put on a self-defense program that combines boxing with Krav Maga, the official self-defense system of the Israeli army, used by police departments across the US, as well as the FBI, Secret Service, and the US Armed Forces. We learned practical self-defense techniques to guard yourself against real-world dangers and stay safe in an urban environment.

18 brothers were in attendance.

#### **How to Budget Event - February 28th, 2017 (600 Level)**

In conjunction with Thrive!, an organization within Northeastern's Center for Financial Independence, Brother Nick Chaves (also a member) spoke alongside presenter Helen Wang to discuss best financial practices, tips and tricks with budgeting, and how to save to reach your goals. This helped brothers learn about different financial obligations and how to be more responsible with their finances.

14 brothers were in attendance.

### **3D Printing Event - March 2nd, 2017**

Having a background in engineering and design, with a passion for 3D printing, Brother Carlos Fuentes taught the chapter the basics of the process and about the different materials needed and applications it can have. Brothers were then able to print out a couple pre-voted designs to take home.

Brothers in attendance: 8

### **Digital Photography Event - March 23rd, 2017**

Brother Chris Masko loves his camera - and he was able to parlay his passion of photography into teaching brothers the basics of DSLR, lenses, and focus.

Brothers in attendance: 12

### **Cooking Event - April 1st, 2017**

Hosted by Brother Dylan Leary, who is now at culinary school in NY, "Cooking with Dyl" taught brothers the basics of food preparation, including sauteing, pan searing, and the proper methods to cut and prepare vegetables and meat.

Brothers in attendance: 15

### **Beer Tasting and Brewery Tour - April 22nd, 2017**

Hosted in conjunction with the Alumni chair, Brother Christian Panebianco, the beer tasting and Harpoon brewery tour for brothers 21+ helped older members expand their palettes of different brew types.

Brothers in attendance: 11

### **Meal Prep Event - September 28th, 2017**

Brothers Joe Schmitt and Ben Bowers ran a meal prep event to show other brothers how to prepare healthy meals for the week ahead. We talked about overall nutrition and healthy eating habits. Everyone was able to make 4 full dinners to save for the upcoming week and take home some additional ingredients for salads and snacks throughout the week.

Brothers in attendance: 11

### **Just Talk: Personal Conflict and Family Relations - October 19th, 2017**

Brother Joe Schmitt led a roundtable discussion about family issues and personal conflict that is going on within brothers lives. Each brother participated in a series of questions of discussion topics, opening up and sharing personal events and details to the group about things going on within their personal lives.

Brothers in attendance: 8

### **Robert's Rules of Order 101 - October 24th, 2017 (1000 Level)**

*Note: Co-hosted with a non-Greek organization.*

For the second year in a row, Brother Michael Flaherty and former Student Body President Elliot Horen covered the fundamentals of Robert's Rules of Order, before moving into organization-specific uses of parliamentary procedure with small group activities.

Brothers in Attendance: 18

Non-Brothers in Attendance: 16

This event was a collaboration between the chapter and Northeastern's Student Government Association to educate both new and seasoned members of the two organizations. There was a strong attendance by active leaders in both organizations for them to bring back the knowledge they gained to implement in our organizations.