

Community Engagement
May 14, 2019
White River Library

Nancy, Eileen, Heather, Bonnie, Jennifer, Dana, Davin, Danielle, Amy, Visitors: Kate Hill-Johnson-Franciscan Health, Vicki Vick- Pine Meadows Horse Rescue

Introductions

Kate Hill-Johnson Franciscan – Franciscan Health

Here to present the Community Needs Assessment

Democratizing data- belongs to the community. Creating new platform for Fall with more data in it. Will share other places where we can go to get data currently. Passed out Johnson County (Indianapolis campus) needs assessment. In public health, all of the data is county data. With Indy campus where it is, they look at Marion and Johnson county. This time they focused efforts on south Marion and northern Johnson Counties. When possible, they break data into those 2 chunks. Whole report is almost 200 pages, plus 300-page appendix. Report will be on their website to read. It's the community story and community context that the data sits within. Did as many interviews and conversations as they could: 78 focus groups. Hundreds of interviews on top of that.

What interventions do they do? What is acceptable for the community?

Took about 1 1/2 years to do the assessment and planning. Did do a randomized survey by US address that got to the heart of determinants of health. Who is most vulnerable? Need to reach them because they are the least likely to respond.

They are the only organization/ hospital that collected data in Johnson county. She can break data down by zip code if we need more info.

Section 4- Top health needs with south Marion county and northern Johnson County combined. In all of the data, they came to a consistent top 10 list across the whole state. Top health issues are pretty much the same but might be in a slightly different order. How do you decide what's worse? There are problems everywhere.

Assets in section 5.5

Indiana Youth Institute data for Johnson County. Need to work on physical activity and nutrition. Dug into root cause deeper- impact of adolescent suicide, adolescent drug use, number of kids in foster care, etc. Seemed like kids were suffering the most. All of the health conditions are related though adverse childhood experiences. Children in need of services are increasing (even though below Indiana average). Abuse and neglect rate doubled from 2017 to 2018. Single parent families increased from 25.9% to 29%. Economic well-being rates have gone down. Still 30% of kids on free and reduced lunch in the whole county. 15.1% of children are food insecure. Kids go home to empty cabinets and empty people. About 10% are working poor- don't qualify for government safety net programs. Employers in Marion county are talking about bonuses and gift cards versus an increase in salary. Health status – low birth weight, number of women smoking while pregnant, infant mortality. Infant deaths are increasing.

Data chart on kids-

Compares 10 Counties- green- great, yellow- trending poorly, red- below benchmark.

About half of 911 calls are coming from something related to mental health. Number one was behavioral health- substance abuse. Public safety- domestic violence, child abuse/ neglect. Transportation, access to health services- long wait times to see specialists.

In every community, between 6-10 of the top issues they related back to adverse childhood experiences. Doing a free one-day event in July 19th Pike Township Performing Arts Center to hear about the ACEs study and what communities can do about it.

Adverse Childhood Experience (ACEs)- mid 1980's physician trying to figure out why patients kept regaining weight. Discovered that women were using weight as a way to cope from abuse. Sent 100 question survey to patients and compared medical records to those responses. 10 ACEs that relate to health issues: physical, emotional, sexual abuse. Physical and emotional neglect, mental illness, mother treated violently, divorce, incarcerated relative, substance abuse. The higher your score, the more risk of developing a physical health condition.

Community resiliency- balance with skills and resources- nutrition, positive relationships, etc. How can Franciscan help connect resources?

Have access to Resilience documentary (1 hour). Want to show at the library. If 3% of the population sees it, you see culture change. Franciscan is facilitating a lot of trainings. Will have a free tool kit- available later this Fall. Coalitions being formed with community members. Working on healing strategies and lead by doing. Starting on a Burmese American project at Indy Campus. Looking for a project for Johnson County. Provide services for most vulnerable- infant and maternal mortality rate and getting people insurance. Will send us links to get to more data.

Vicky Vick- Pine Meadows Horse Rescue and Community Alliance

Provides life skills training with at risk kids and abused women with the horses. They learn nutrition about the horses and also for themselves. 501c3 organization and very small. Helpful to the kids and would like to expand the program. Would love to work with foster kids. Take what they experience at the farm back to their lives. Also take in rescue horses.

Hoosier horse park brought her here from England. How we can draw people into Johnson County? Passed out packets about how Hoosier Horse Park could draw people here. What we have, what we could leverage, and how it could enrich people's lives. Dana asked if she had talked to Megan Bowman or Ken at the CVB; she has not. Aspire is looking for talent attraction and retention and what amenities draws people here. County parks system is going through a strategic plan right now. Horse park is probably number one on the list to see it grow. Dana will pass along that information. Hoosier Horse park is one of the best equestrian facilities in the Midwest.

Heather has the strategic plan to discuss with us. Initiatives have been moving forward and we now have a document to share. There are some action steps that can be used to decide what we want to do. Dana has some plans for voice of the community. Heather is going to be stepping down as co-chair role. Meetings are very challenging for Heather to attend. She has enjoyed being a part of this group and hopes to remain involved. Think about if you want to step up as the co-chair. Feel free to change the date/ time. Next meeting set for June at the Elevator for the same day/time. Could merge with another group that would increase attendance. Eileen will stay and review the strategies with the team next month.

Dana met with Megan Bowman to discuss Chew on This grant. It was a grant to get a small group together to discuss a specific topic. 15 groups meeting at the same time about what divides us. What inhibits us from moving forward. Really great evening at Taxman in April. Afterwards she talked with Kim Minton from Johnson County Community Foundation. JCCF is interested in funding if Aspire would like to continue planning future discussions with the community. Maybe can discuss more in June. The library also got a grant from Indiana Humanities to get a speaker September 25th. Will talk about how local breweries can revive a community. Nancy said if division is what we focus on, then that's what we'll have.

Danielle- local food app- attended Forest's presentation last Friday. Have a list of our information with pictures and tabs on a website. Came up with a list of suggestions to improve (hopefully as he's graduating). Have a link that's live. By the June meeting, will bring up the link and show us what he's done. Website will be mobile friendly. We can put the information on the Aspire website or on Festival Country's website, hopefully.

Danielle- holding strengthening families is a 7-week program, youth ages 10-14 and their guardians. Divide into 2 groups- dinner and childcare are provided. Had 5 families graduate from the last session. Pilot program so please share- she'll send it electronically to us. Proven to reduce substance abuse. Open to all- had families from Greenwood and Franklin.