

Bone Density Scan

Healthy Bones. Healthy Life.

What is a bone density scan?

A bone density test is the only diagnostic screening that can identify osteoporosis before a broken bone occurs. At DeKalb Health, we use hip and spine DEXA scans (dual energy x-ray absorptiometry) to measure bone mass.

Provided in our state-of-the-art Women's imaging and diagnostic suite, the test is non-invasive, painless and usually takes less than 15 minutes. A central DXA uses very little radiation. The results can help your healthcare provider make recommendations to help protect your bones, and preserve your bone health.

Who should have a bone density scan?

- All post-menopausal women below age 65 who have risk factors for osteoporosis
- All women age 65 and older
- Post-menopausal women with medical conditions associated with osteoporosis
- Men age 70 or older and age 50 to 69 with risk factors of osteoporosis

To learn more, call the DeKalb Health Imaging Center at 260.920.2513 or to schedule an appointment, call Central Scheduling at 260.333.7710.

