# WHY DOES A PERSON STAY?

## Learned Helpessness

They believe they have no power or control of the situation. Often this is a result of a previous attempt to leave being blocked by the police, counselors, friends, or relatives.

#### **HOPELESS**

# **Financial Dependence**

They have few or no job skills. They fear they will not be able to support themselves and their children.

#### Guilt

About the "failure" of the marriage/relationship. They may feel they provoked the abuse.

#### **Embarrassed**

About staying in the relationship or about their "failure" as a spouse; parent; or companion.

## **Isolation**

They have few or no sources of support, no car, money, or phone.

# **Belief that it is better for the children**

A belief the children need their partner and/or that staying will the partner will provide a better life and they will all be better financially,

# Hope this will be the last time!

## **Emotional Dependence**

They may still be in love with their partner, or their sense of worth/begin is linked to their partner. They may want to avoid the social stigma of a divorce or a broken relationship. **ASHAMED** 

**AFRAID** 

**ALONE**