

ICHS Lunch				September 2021	
	Monday	Tuesday	Wednesday	Thursday	Friday
Sep 1-3			Chicken Nuggets OR Spicy Chicken Tenders Broccoli Apple Slices Cookie Milk	Beef & Cheese Burrito OR Cheesy Quesadilla Salsa, Pepper Rings Cucumbers, Banana Sour Cream Graham Crackers, Milk	BBQ Rib Sandwich OR Cheesy Brave Burger Carrots Fruit Cocktail Goldfish Crackers Milk
Sep 6-10	LABOR DAY NO SCHOOL	Hot Dog OR Sloppy Joe French Fries/Corn Oranges Fruit Snack Milk	Beef Tenderloin Sandwich OR Spicy Chicken Sandwich Carrots Fruit Cocktail Goldfish Milk	Calzone OR Meatball Sub/Cheese Cup Green Beans Pears Milk	Chicken Tenders OR French Bread Pizza Baked Beans, Salad Peaches Giant Goldfish Milk
Sep 13-17	Popcorn Chicken OR Deep Dish Cheese Pizza Carrots/Dip Applesauce Giant Goldfish Milk	State Fair Corn Dog OR Pulled BBQ Pork Sandwich Corn Banana Juice Cup Milk	Grilled Cheese Sandwich OR Hamburger on Bun Celery/PB Peaches Milk	Pizza OR Chicken Chunks Broccoli Oranges Cookie Milk	Breaded Chicken OR Pork Tenderloin Sandwich w/Lettuce & Tomato Texas Beans, Salad Pears Milk
Sep 20-24	Deep Dish Pizza OR Cheese Breadsticks Marinara Sauce Baked Beans, Salad Orange Slices Milk	Cheeseburger OR Grilled Chicken Sandwich Corn Lettuce, Tomato Pears, Pretzels Milk	Chicken Nuggets OR Spicy Chicken Tenders Broccoli Apple Slices Cookie Milk	Beef & Cheese Burrito OR Cheesy Quesadilla Salsa, Pepper Rings Cucumbers, Banana Sour Cream Graham Crackers, Milk	BBQ Rib Sandwich OR Cheesy Brave Burger Carrots Fruit Cocktail Goldfish Crackers Milk
Sep 27-Oct 1	Cheese Breadsticks w/ Marinara Sauce OR Pizza Broccoli, Apple Slices Fruit Snack Milk	Hot Dog OR Sloppy Joe French Fries/Corn Oranges Fruit Snack Milk	Beef Tenderloin Sandwich OR Spicy Chicken Sandwich Carrots Fruit Cocktail Goldfish Milk	Calzone OR Meatball Sub/Cheese Cup Green Beans Pears Milk	Chicken Tenders OR French Bread Pizza Baked Beans, Salad Peaches Giant Goldfish Milk
Subject to change					