

ICES/IS Breakfast

November 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
Week 1	Cinnamon Roll Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Breakfast Sandwich Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Donut Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Muffin Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Cinnamon Toast Bar Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk
	10	11	12	13	14
Week 2	Cinni Mini Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Pancake Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Donut Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Muffin Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Frudel Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk
	17	18	19	20	21
Week 3	Cinnamon Roll Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Breakfast Sandwich Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Donut Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Muffin Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Bagelful Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk
	24	25	26	27	28
Week 4	Cinni Mini Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	French Toast Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Thanksgiving break	Thanksgiving break	Thanksgiving break
Week 5					