

HEALTH AND WELLNESS COMMITTEE

PURPOSE

Support wellbeing within the chapter by assisting the health and wellness coordinator in implementing health and wellness programming for the chapter members and the chapter's health and wellness week.

STRUCTURE

The Healthy and Wellness coordinator will serve as the chair of the committee. The committee should be composed of two members from each new member class in addition to the health and wellness coordinator. The director of member development should be an ex-officio member of the committee.

CHARGE

- Identify health and wellness needs of the entire chapter membership
- Provide passive (posters, handouts, social media, etc.) and active (presentations, speakers, facilitated conversations, etc.) education for the entire chapter membership regularly
- Coordinate a health and wellness week for both the chapter and the sorority and fraternity community to promote individual and community wellbeing
- Connect chapter members with Delta Tau Delta and campus resources
- Submit wellness/care referrals to the appropriate entity on campus for members who may need additional support for their wellbeing
- Identify philanthropic partners to support and community service opportunities that engage in personal and community wellbeing

