

ICES/IS Lunch

October 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
Week 1	Pancakes W/Sausage	Pizza	Creek Cattle Burger	Macaroni & Cheese	Hot Dog on Bun
		Salad/Dressing	French Fries	Green Beans	Chili Beans
	Tator Tots	Pears	Pickles	Apples	Peaches
	Juice	Pudding	Applesauce	Jello	Pretzels
	Milk	Milk	Fruit Snack	Milk	Milk
			Milk	Milk	Milk
	9	10	11	12	13
Week 2	Fall Break	Fall Break	Fall Break	Fall Break	Fall Break
	16	17	18	19	20
Week 3	Grilled Cheese	Chicken Nuggets	Mini Corn Dogs	Spaghetti w/Meatsauce	Calzone
	Cucumber	Baked Beans	Baked Beans	Salad	Carrots
	Peaches	Juice	Banana	Pears	Ranch Dip
	Cookie	Cheddar Goldfish	pretzels	Pudding	Apple Slices
	Milk	Milk	Milk	Milk	Rice Krispy Treat
					Milk
	23	24	25	26	27
Week 4	Popcorn Chicken	Cheese Quesadilla	Meatball Sub	Turkey & Noodles	Pizza
	Green Beans	Refried Beans	Carrots	Mashed Potatoes	Broccoli
	Pineapple	Shredded Lettuce	Applesauce	Mandarin Oranges	Peaches
	Cheez-Its	Frozen Fruit Treat	Pretzels	Jello	Teddy Graham
	Milk	Milk	Milk	Milk	Milk
	30	31			
Week 5	Chicken Tenders	BBQ Sandwich			
	Corn	broccoli and cheese			
	Fruit Cocktail	Warm peaches and cream			
	Cheddar Goldfish	Cookie			
	Milk	Milk			
		Happy Halloween			

Subject to change

This Institution is an Equal Opportunity Provider