



INFORMED CONSENT FOR IN-PERSON SERVICES DURING COVID-19 PUBLIC EMERGENCY

This document contains important information about your decision to resume in-person services during the COVID-19 public health crisis.

Decision to Meet Face-to-Face

With the signing of this consent, you are agreeing to meet indoors and in-person for some or all future meetings with your Ash Point Counseling LLC provider. At any time during the state of emergency, you feel it would be safer staying with, or returning to, telehealth/phone services, the decision will be respected.

Risks of Opting for Indoor Environment/In-Person Services

You understand that by meeting in an indoor environment, you are assuming a greater risk of exposure to COVID-19 than if you and your provider were to continue to meet via telehealth/phone. The CDC reports that meetings in an indoor setting poses a greater risk of COVID-19 transmission than meeting outdoors. You have a much higher risk of having adverse complications of Covid-19 if you have risk factors such as unvaccinated status, being over the age of 65 or having other medical conditions (ask your provider for the most recent list by CDC if you have any questions about your own risk level). To reduce these risks, your provider will not meet with you indoors if they have any symptoms of illness, or if you have not been fully vaccinated against COVID-19. Your provider will practice 6 feet of social distancing when possible and will wear a face covering should you request the provider to do so for the entirety of your meetings. They will also suspend in-person/indoor meetings if they have an increased risk of exposure, have travelled to areas that require quarantine or are undergoing COVID-19 testing or have tested positive for COVID-19.

Your Responsibility to Minimize Your Exposure

To obtain services in person and in an indoor setting, you agree to take certain precautions which will help keep everyone safer from exposure, sickness, and possible death. If you do not adhere to these safeguards, it may result in our starting / returning to a telehealth/phone arrangement.

- If you have any of the symptoms of COVID-19, you will cancel your appointment.
- You will wear a face covering for the entirety of the meeting should you desire.
- You will keep a distance of at least 6 feet from your provider when possible.
- If you have a job or other circumstance that exposes you to other people who are infected, you will contact your provider.
- If a household member is being tested or tests positive for the infection, you will contact your provider.
- If you travel to areas that require quarantine upon return to Maine, you will notify your provider and not resume in person visits until quarantine is over or you have a negative COVID-19 test.
- If others will be present during the meeting by your request (friends or family members), you will make sure that they also follow all these protocols.

If there is a resurgence of the virus in Maine, Ash Point Counseling LLC may require in-person meetings to be suspended. Ash Point Counseling LLC may change the above precautions if additional local, state, or federal orders or guidelines are published. If that happens, your provider will review with you any changes.

Your signature below shows that you agree to these terms and conditions.

Client Printed Name

Signature

Date

Provider Printed Name

Signature

Date