

ICES/IS Breakfast

August 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
			7	8	9
Week 1			Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Pop Tart w/Cheese Stick or Yogurt Fruit and/or Juice Milk
	12	13	14	15	16
Week 2	Cinnamon Roll Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Pancake Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Muffin Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Cinnamon Toast Bar Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Frudel Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk
	19	20	21	22	23
Week 3	Cinni Mini Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	French Toast Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Muffin Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Donut Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Overnight Oats Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk
	26	27	28	29	30
Week 4	Cinnamon Roll Cereal w/Cheese Stick or yogurt Fruit and/or Juice Milk	Breakfast Sandwich Cereal Bar w/Cheese Stick or yogurt Fruit and/or Juice Milk	Muffin Cereal w/Cheese Stick or yogurt Fruit and/or Juice Milk	Bagelful Cereal Bar w/Cheese Stick or yogurt Fruit and/or Juice Milk	Frudel Cereal w/Cheese Stick or yogurt Fruit and/or Juice Milk

Subject to change

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