



JOHNSON MEMORIAL WELLNESS SERVICES

2020 WEIGHT LOSS SEMINARS

January and February Location: JMH 1159 Building, 3rd Floor, Room 301-A

March – November Location: Wellness Classroom (New Building) 2nd Floor

(Days and times alternate every other month)

Please contact Natalie Hesler at 317-346-3867 to sign up.

Wednesdays from 12pm – 2pm

OR

Tuesdays from 5pm – 7pm

Dr. Lindsay: 5pm-7pm

Tuesday, January 14th

Tuesday, March 10th

Tuesday, May 12th

Tuesday, July 14th

Tuesday, September 8th

Tuesday, November 17th

Dr. Vornehm: 12pm-2pm

Wednesday, February 12th

Wednesday, April 8th

Wednesday, June 10th

Wednesday, August 12th

Wednesday, October 14th