Building Bridges for Kids LGBTQ+

Additional Resources

• Gender Unicorn: https://transstudent.org/gender/

• Explore: Children & Youth

Human Rights Campaign: https://www.hrc.org/explore/topic/children-youth

PFLAG: https://pflag.org/loving-families

GSA Network: https://gsanetwork.org/

Gender and Sexual Identity

Learning for Justice: https://www.learningforjustice.org/topics/gender-

sexual-identity

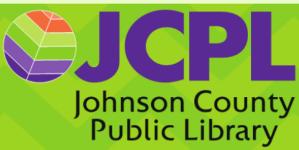
Books

- George by Alex Gino
- It Feels Good to be Yourself
 by Theresa Thorn
- Julian at the Wedding by Jessica Love
- Love Wins by Cenziper and...

- ... Obergefell
- Papa, Daddy & Riley
 by Seamus Kirst
- Pride by Rob Sanders
- Rainbow Revolutionaries
 by Sarah Prager

Join us June 19th, 6-7 p.m.

Topic: Abilities, with special guest speaker, Stephanie Garner, Program Coordinator at Down Syndrome Indiana



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Conversation Starters

- Let kids bring up their own feelings about themselves on their own terms.
 What might you say if a loved one came out to you?
- Say positive things about other people. No matter how your loved ones identify, they will have positive associations from your positivity.
- In what ways can you put yourself in the shoes of someone who is trans and/or someone who has a different sexual orientation than you. How does society usually portray these people?
- Discussing sexuality openly is not encouraging your child to be or act a
 certain way. Everyone is curious about the world, and sexuality is a part of
 life. How can we help build up positive self-image for, and kindness toward, LGBT+ people in our family/community?
- LGBT+ (lesbian, gay, bisexual, trans, queer, etc.), or GSRM (gender, sexual, and romantic minorities), broadly refer to people whose sexuality or gender expression differ from heterosexual or cisgender. This can include people who are intersex, asexual, questioning, gender non-conforming, etc. This covers a lot, and it's okay not to know things.

What questions do you have?

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