



## This week we're trying out bleach tie dye!

**\*Note: Bleach can be a dangerous chemical. Please get help from an adult and follow proper safety precautions while trying this project. If possible, do this project outside.**

**\*You must dilute your bleach with water or it will be too concentrated and ruin your clothing.**



### Supplies:

- One or more dark articles of clothing-(tshirt, sweatshirt, sweatpants, jeans, etc.)  
\*in order for the bleach to dye the fabric, the clothing must be dark
- Rubber gloves
- Rubber bands
- Bleach
- Water
- Squirt bottle (available from the dollar store or recycle an old condiment bottle)
- Some type of large container or tray (to hold your shirt and contain the bleach)

### Instructions

1. Choose your tie dye design/style. Scrunch or fold your item of clothing and use rubber bands to secure it together. Check out [this resource](#) for more info on how to fold/ twist your shirt!
2. Wearing gloves, pour a 1:1 bleach water solution into your squirt bottle. (i.e. If you use 2 cups of bleach, dilute with 2 cups of water)
3. Place your items of clothing into your container. Thoroughly saturate your items of clothing with the bleach solution on all sides.
4. Leave your items in the container for 2-5 hours.
5. When you're happy with the results of the color, remove the rubber bands and rinse the clothing in the sink. Excess dye will likely run off the clothing. Keep rinsing until the water runs clear.
6. Wash and dry your clothing in a washer/dryer.
7. Enjoy your new stylish clothes!

Source: <https://www.suttonandgrove.com/diy-bleach-tie-dye-crop-tops/>