2025 · TAXATION GUIDE TO WITHDRAWALS & INCOME SOURCES



	TYPE OF TAXATION					
HOW DOES THIS TYPE OF INCOME GET TAXED?	Federal Tax (ordinary income)	Federal Tax (LTCG rates)	State Tax (if applicable)	Potential 3.8% NIIT	Early/Non-Qualified Withdrawal Penalty	AGI Sensitivity
•	TAXABLE ACCOUNTS					
Long-Term Capital Gains (LTCGs)	>	+	+	+		+
Short-Term Capital Gains (STCGs)	+		+	+		+
Ordinary Dividends	+		+	+		+
Qualified Dividends	>	+	+	+		+
Interest	+		+	+	+ ¹	+
Municipal Bonds	>		Same state: No Different state: Yes			
Treasury Securities	+			+	+ ¹	+

	ROTH RETIREMENT ACCOUNTS					
Qualified Withdrawals or Basis ²	>					
Non-Qualified Withdrawals (of earnings)	> +		+		Pre-59.5: 10% ³	+

	TRADITIONAL RETIREMENT ACCOUNTS					
Qualified Withdrawals	> +		+			+
Non-Qualified Withdrawals	+		+		Pre-59.5: 10% ³	+

	NON-QUALIFIED ANNUITIES					
Withdrawals Consisting of Gains ⁴	+		+	+	Pre-59.5: 10% ³	+

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•	HEALTH SAVINGS ACCOUNTS (HSAs)					
Qualified Withdrawals	>					

		529 ACCOUNTS				
Qualified Withdrawals	>					
Non-Qualified Withdrawals (of earnings)	+		+		10%³	+

	LIFE INSURANCE CASH VALUE					
Policy Loans⁵	>					
Policy Withdrawals/Dividends (basis)⁵	>					
Policy Withdrawals/Dividends (gains)⁵	+		+			+

	RENTAL PROPERTY					
Rental Income	+		+	♣ ⁶		+

¹Certain interest-bearing accounts (e.g., CDs) and treasury securities (e.g., I Bonds and EE Bonds) may be subject to an interest-forfeiture penalty (not a tax penalty) if withdrawn early. ²Except for basis attributable to conversion principal withdrawn within five years.

³Depending on the circumstances and the type of account you are pulling from, certain early withdrawals may be exempt from additional penalties.

⁴Annuities are generally taxed on a LIFO basis. However, some annuities are taxed on a pro-rata basis via annuitization.

⁵If the policy is a MEC, it is taxed on a LIFO basis. Policy loans from a MEC are fully taxable (but increase basis), and distributions/loans taken prior to age 59.5 are subject to a 10% penalty. ⁶Unless derived from a trade or business.



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