

ICMS/HS Breakfast			October 2025		
	Monday	Tuesday	Wednesday	Thursday	Friday
			1	2	3
Week 1			Apple Frudel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	French Toast Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Strawberry Stuffed Bagel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk
	6	7	8	9	10
Week 2	Cinnamon Toast Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Omelet w/Toast Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Cherry Frudel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Sausage Pancake Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Chicken Slider Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk
	13	14	15	16	17
Week 3	FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK
	20	21	22	23	24
Week 4	Cinnamon Roll Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Carmel Cinni Mini Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Breakfast Pizza Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Benefit Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Chocolate Donuts Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk
	27	28	29	30	31
Week 5	Stuffed Hashbrown Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Chicken Waffle Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Sausage Cresant Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	French Toast Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Yeast Donuts Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk

Subject to change

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