

ICHS Lunch				August 2019	
	Monday	Tuesday	Wednesday	Thursday	Friday
Aug 1-2				Popcorn Chicken OR Deep Dish Cheese Pizza Carrots/Dip Applesauce Giant Goldfish Milk	County Fair Corn Dog OR Pork Tenderloin Sandwich Texas Beans, Salad Lettuce, Tomato Banana, Juice Cup Milk
Aug 5-9	Cheeseburger OR Breaded Chicken Sandwich Corn Lettuce, Tomato Pears, Pretzels Milk	BBQ Rib Sandwich OR Cheesy Brave Burger Carrots Fruit Cocktail Goldfish Crackers Milk	Deep Dish Pepperoni Pizza OR Cheese Breadsticks Marinara Sauce Baked Beans, Salad Orange Slices Milk	Loaded Nachos OR Cheesy Quesadilla Salsa, Pepper Rings Cucumbers, Apple Slices Sour Cream Graham Crackers, Milk	Chicken Nuggets OR Spicy Chicken Sandwich Broccoli Banana Giant Goldfish Milk
Aug 12-16	Beef Tenderloin Sandwich OR Spicy Chicken Tenders Carrots Fruit Cocktail Pickle Spear Goldfish, Milk	Hot Dog OR Sloppy Joe French Fries Oranges Fruit Snack Milk	Cheese Breadsticks/ Marinara Sauce OR Chicken Alfredo Broccoli Apple Slices Fruit Snack, Milk	Calzone OR French Bread Pizza Green Beans Pears Milk	Chicken Chips OR Meatball Sub/Cheese Cup Baked Beans, Salad Peaches Giant Goldfish Milk
Aug 19-23	Pulled BBQ Pork Sandwich OR Stuffed Crust Pizza Broccoli Applesauce Milk	Breaded Chicken OR Pork Tenderloin Sandwich Lettuce, Tomato Texas Beans, Salad Pears Milk	Biscuit & Gravy OR French Toast Sausage Carrots Banana Milk	Cheese Quesadilla OR Chicken Taco Salad/Chips Corn Lettuce, Salsa Apple Slices Goldfish, Milk	Cheesy Brave Burger OR Grilled Cheese Sandwich Tomato Soup Crackers Celery/PB Peaches, Milk
Aug 26-30	Popcorn Chicken OR Deep Dish Cheese Pizza Carrots/Dip Applesauce Giant Goldfish Milk	Chicken & Noodles OR Chicken Tenders Mashed Potatoes Fruit Cocktail Roll Milk	County Fair Corn Dog OR Pork Tenderloin Sandwich Texas Beans, Salad Lettuce, Tomato Banana, Juice Cup Milk	Lasagna/Cheese Cup OR Pepperoni Pizza Green Beans Pears Bug Bites Milk	Beef & Cheese Burrito OR Fish Sandwich Broccoli, Lettuce Apple Slices Chortles Milk