

# ICHS Lunch

# October 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
Week 1	Beef Tenderloin Sandwich Spicy Chicken Sandwich Broccoli Pears Goldfish Milk	Hot Dog Sloppy Joe French Fries Fruit Cocktail Cookie Milk	Creek Cattle Company Hamburger on Bun Celery/PB Banana Fruit Snack Milk	Cheese Breadsticks w/ Marinara Sauce Calzone Carrots Applesauce Graham Crackers, Milk	Chicken Tenders French Bread Pizza Baked Beans Salad Peaches, Cracker Milk
	9	10	11	12	13
Week 2	FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK
	16	17	18	19	20
Week 3	Popcorn Chicken Deep Dish Cheese Pizza Green Beans Applesauce Giant Goldfish Milk	State Fair Corn Dog Pulled BBQ Pork Sandwich Corn Pears Juice Cup Milk	Biscuit and Gravy Sausages Carrots Banana Goldfish Milk	Pepperoni Bosco Stick Chicken Chunks Broccoli Peaches Goldfish Crackers Milk	Breaded Chicken w/roll Pork Tenderloin Sandwich w/Lettuce & Tomato Texas Beans, Salad Mixed Fruit Milk
	23	24	25	26	27
Week 4	BBQ Rib Sandwich Deep Dish Cheese Pizza Broccoli Mixed Fruit Giant Goldfish Milk	Stuffed Crust Pizza Breaded Mozz Sticks Bakes Beans,Salad Pears Marinara, Mini RKT Milk	Cheese & Chicken Enchilada Lettuce Corn Peaches Sour Cream, Pepper Rings Milk	BBQ Chicken Sandwith Corn Dog Nuggets Green Beans Banana Cookie Milk	Brave Burger Grilled Cheese Tomato Soup Carrots Applesauce Milk
	30	31			
Week 5	Deep Dish Pizza Cheese Breadsticks Marinara Sauce Baked Beans, Salad Peaches Milk	Cheeseburger Grilled Chicken Sandwich Carrots Lettuce, Tomato Apples, Cookie Milk			

Subject to change

This Institution is an Equal Opportunity Provider