# Fall 2014





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## **Jasper County Hospital Employees Earn Certification**

Heather Hayes, Jackie Molter, and Judy Egan recently earned the Lean Healthcare Black Belt Certification from Purdue University. Each participant was taught to use advanced tools and methodologies to optimize patient care delivery and support processes in a healthcare setting. The training utilized both workshop-based and project-based formats. According to Jackie Molter, <a href="Jasper County Hospital">Jasper County Hospital</a>'s Quality Director, "Black Belt certification helps employees serve as a trained team member promoting excellence among co-workers within his or her area of the organization."

Hayes, Molter, and Egan learned evidence-based concepts, tools, and techniques used in Lean clinical and non-clinical improvement efforts to optimize care delivery and support processes. Training focused on techniques to analyze workflow processes to improve an organization's quality, while eliminating waste and reducing costs.

The three have already implemented their first project in the re-structuring of the Hospital's Quality Program. Results are being achieved by eliminating ineffective monitors and sharing quality data from the foundation of the employees up to the top level of quality, the Hospital's customers and patients.



Left to right: Heather Hayes, Jackie Molter, and Judy Egan

### **Jasper County Hospital Foundation Welcomes New Board Member**

Craig Jackson is the newest member of the <u>Jasper County Hospital</u> Foundation Board. Jackson fills the vacancy left when long time board member, Jim Flickner, retired earlier this year.



Craig is a life-long resident of Rensselaer. He attended Purdue University, St. Joseph's College and graduated from the Cincinnati College of Mortuary Science. He is invested in Jasper County through his businesses and volunteer work over the many years. Recently, he served as co-chairman of the Jasper County Hospital Capital Campaign, which generated \$1.5 million for the renovation and expansion of the Jasper County Hospital. He also serves as Treasurer and Board member of the Jasper County Airport Authority.

"Being chosen to serve on the Foundation Board of the Jasper County Hospital is a great honor. I look forward to serving the community in this manner," comments Jackson.

He is married to Lisa A. Jackson, a speech pathologist, who is employed at Jasper County Hospital. Together, they have two children, Connor and Ava.

Along with Jackson, the Hospital's Foundation Board includes, Mindy Beier, JoAnn McElfresh, Laureen Mykrantz, Karen Rients, Tim Schreeg, Jeff Webb, and Sheila White.

## **Jasper County Hospital Fall Appreciation Luncheon**



The annual Fall Appreciation Luncheon was attended by 22 Auxilians who were served a delicious meal in the Hospital's Conference Rooms in late September. Gifts were provided to each Auxilian in attendance regulatorism they exhibit to the Hospital and community. Judy Kappa

to show appreciation for the spirit of volunteerism they exhibit to the Hospital and community. Judy Kanne, Jasper County Historian, spoke about Mid-Century Modern Architecture in Rensselaer. Hospital President/CEO Tim Schreeg spoke to the group as well.



## **Communicate Electronically with Adams Memorial Hospital Physicians**

A new computer program that will allow patients to communicate electronically with their doctor and follow the path of their medical record is now available according to information revealed by John Martinsky, director of physician practices at the <u>Adams Memorial Hospital</u>. Patients will be able to communicate directly with their doctor's office and access their medical record via a patient portal system.

Martinsky noted the program known as "Follow My Health" is now available for patients in the Decatur Family Medicine practice of Dr. Kathleen Heimann, Dr. Jessamine Hippensteel, and Dr. Crystal Jencks. The eventual goal of the new program is to be available network wide.

Follow My Health is part of President Obama's Affordable Health Care Act and allows patients to look at their medical record on what Martinsky said would be "a very secure website that is encrypted and would require the patient to have a special password to meet HIPAA privacy requirements."

There are numerous advantages to the Follow My Health program, according to Martinsky. He said the portal would allow patients to request appointments with their doctor (or change pre-existing ones) on line and to view test and lab results once their physician has reviewed them. These services would be available 24 hours a day via any computer, tablet, or smart phone.

Patients would be allowed to fill out and submit required forms prior to an appointment on line, and submit requests for a prescription refill, as well.

Martinsky noted the program stresses guidelines that maximize patient confidentiality. "Patients will be able to send a secure message to their doctor that only their doctor and nurse will be able to see and will also be able to review their medical records in a safe and secure online environment. It also allows them to set and keep track of wellness goals while keeping all their medical records in a safe location. Patients will be able to update personal health information on this site, such as allergies, medications, and conditions," he stressed.

The program allows patients to review lab and x-ray results once the family doctor has reviewed them, usually within a 24-hour period.

If a patient will be seeing a specialist, they can print out their patient record to give to the specialist to review with Martinsky saying the more information a patient can provide his or her physician will result in better overall health care.

Patients will have to sign an acknowledgement in advance to participating in the Follow My Health program. Martinsky encouraged patients interested in the program to discuss it with their family physician, sign-up at the doctor's office, or sign up on Adams Memorial Hospital's website by visiting adamshospital.org, click on the Follow My Health icon, and select the doctor's office portal, or the hospital portal, and register as new account.

## **Top Assisted Living Program**

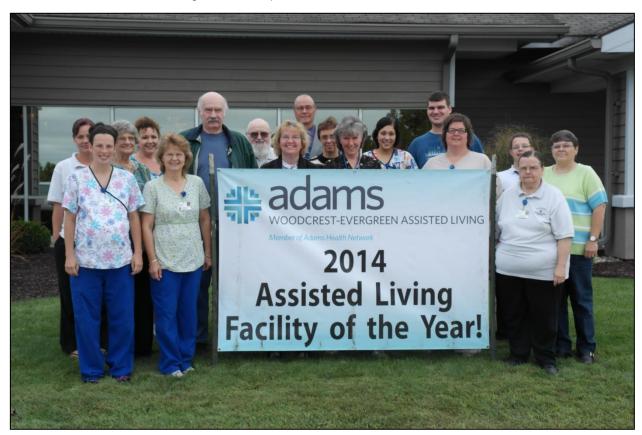
The Adams Woodcrest-Evergreen Assisted Living Apartments complex located at 1145 Mercer Avenue in Decatur was honored recently by being named the "Assisted Living Facility of the Year" in the state of Indiana by the Indiana Health Care Association.

Adams Evergreen Director Sarah Aby was joined by other AMH officials at the IHCA convention in Indianapolis recently to accept the prestigious honor. Adams Woodcrest-Evergreen Assisted Living is a Division of Adams Health Network.

"This honor is especially appropriate for Sarah and the rest of the Adams Woodcrest-Evergreen staff," noted Adams Health Network Chief Executive Officer JoEllen Eidam, adding "on a daily basis the staff at Adams Woodcrest-Evergreen is completely dedicated to serving the needs of the residents who call Adams Woodcrest-Evergreen home."

For most of the past year, Adams Woodcrest-Evergreen has been unique among Indiana assisted living facilities in that not only did it have a 100 percent occupancy rate, but also maintained a waiting list of individuals wishing to move there.

"Many other assisted living units are envious of this fact. I think it demonstrates the residents here are highly satisfied with their care and that the members of the community are assured the care delivered to their loved ones at Adams Woodcrest-Evergreen is exceptional," Eidam lauded.



Pictured above are employees at the Adams Woodcrest-Evergreen Assisted Living Apartments, celebrating their recognition as being the top assisted living unit in the state of Indiana. Adams-Woodcrest-Evergreen is a Division of Adams Health Network. Employees include, left to right, Elizabeth Miller, Natalie Girod, Glenda Beer, Sarah Aby, Julie Farlow, Joe Geimer, Richard Wagner (volunteer), Peggy Miracle, Bill Watson, Lori Hawkins, Donna Garrett, McKenzie Staton, Luke Sefton, Suze Liter, Andy Faurote, Betty Mosure, and Karen Oliver.

Adams Woodcrest-Evergreen's facility contains 34 apartments of varying sizes, many of which overlook the nearby lake. Units range in size from studios between 391-593 square feet, one bedroom-one bathroom units from 457-537 square feet, one bedroom-one bathroom plus which have 676-811 square feet, and two bedroom, one bathroom sites of 757 square feet. All apartments include wall-to-wall carpeting, sheers, individual heating and air conditioning controls, private baths, and spacious closets. They also come equipped with a Lifeline emergency response system in case a resident falls or needs some form of immediate help.

Eidam said Adams Woodcrest-Evergreen strives to have programs and services designed to meet physical and emotional needs of each and every resident. "Our goal is to allow our residents to maintain their independence and superior quality of life for as long as possible," she said, continuing "assistance is provided to our residents by our staff to help them achieve their goal of independent living."

Adams Woodcrest-Evergreen is staffed 24-hours-a-day to provide for the needs of its residents and offers three meals a day, an activity area, a beauty shop, laundry room, cable television, housekeeping services and personal assistance with bathing, dressing, laundry, and taking medication if needed.

In a letter provided to the IHCA, AHN Chief Nursing Officer Michelle Gough noted "this past winter, Decatur experienced a substantial storm. Once the staff learned the storm might result in impassible roads, they

packed their bags and came to work a day early. The staff not only wanted to prevent their co-workers from having to work additional hours, but they did not want any of the residents to have their care compromised. During the storm, when residents saw the staff coming in with bags and pillows, they offered them their couches and beds to sleep in. Though the storm was severe, it demonstrated to the residents the dedication the staff had to their safety and well-being."

Eidam noted another aspect that makes the Adams Woodcrest-Evergreen staff special is that they spend a great deal of time educating families on how to interact with a loved one who may be suffering from dementia or other conditions. "This education helps family members understand the minds of their loved one, and it is especially important to the staff that the family member's relationship, although sometimes very challenging, maintains the grace and warmth of family unity."

She added that during last winter's storm, the staff notified every family member of the challenges and what they were doing to ensure their loved one's needs were being met. "That was very comforting to family members, especially those who live out-of-state.

Aby said the staff brings a personal touch to each resident at Adams Woodcrest-Evergreen. "We'll take the time to sew on a lost button or help the resident look up a phone number. There may be times when a resident may just want to talk about a deceased spouse or need a hug. No matter what the resident's needs are, the staff is attentive and caring. Our staff is always professional and they not only care but they demonstrate it every day in every way," she said.

Persons or families who would like to get more information about Adams Woodcrest-Evergreen Assisted Living or would like to schedule a tour of the facilities are encouraged to contact Aby at 260-728-4038.

### DCMH Reaccredited Under DNV-GL Healthcare

This past June, <u>Decatur County Memorial Hospital</u> was randomly assessed by the DNV-GL Healthcare, an international healthcare accrediting corporation. The DNV-GL prides itself on safeguarding life, property, and the environment. It is overlooked by NIAHO, which stands for



National Integrated Accreditation for Healthcare Organizations. On the board that accredits hospitals and healthcare organizations for the DNV-GL is a group of degreed professionals who have many years of experience in healthcare management, clinical services, health law, and engineering. The DNV-GL is an accrediting organization that is sponsored by the CMS, Centers for Medicare and Medicaid Services. In 2008, the CMS approved the DNV-GL as an accrediting body for healthcare organizations.

Decatur County Memorial Hospital, according to the DNV-GL, is deemed in compliance with the Medicare Conditions of Participation for Critical Access Hospitals (42 C.F.R. §485) and awarded full accreditation for a three- (3) year term effective August 4, 2014. This accreditation will put DCMH above many other hospitals, especially those that are labeled as Critical Access Hospitals. This is just one of the initiatives that your hospital is working on to bring the citizens of Decatur County better quality healthcare.

## DCMH Recognized as Healthiest Employer in Indiana

<u>Decatur County Memorial Hospital</u> (DCMH) has been recognized as a winner of the 2014 Healthiest Employers, an awards program presented by the Indianapolis Business Journal (IBJ), for the second year in a row.



Select employers from Indiana were named winners of the awards program, held on Thursday, August 21, 2014. These winning organizations were honored for their commitment to employee health, with exceptional corporate wellness programming.

Award applicants were evaluated across six key categories: Culture and Leadership, Foundational Components, Strategic Planning, Communication and Marketing, Programming and Interventions, and

Reporting and Analysis. Completed assessments were ranked with the proprietary Healthiest Employer Index, a 1-100 metric for wellness programming.

Amy Wickens, Director of Human Resources at DCMH, said "the key to the program's success has been the support of the Hospital's CEO and entire executive team, all of whom participated in a trial project to evaluate Fitbug activity trackers, which will be rolled out in the fall of 2014 to all staff as a new tracking element to obtain their monthly wellness incentive."



#### About Healthiest Employer, LLC

Healthiest Employers is an innovative awards program that recognizes organizations that proactively shape the health of their employees. To date, Healthiest Employer has served as a resource to over 4,000 U.S. employers that represent 60 million employees, and offers Springbuk health analytics. Learn more at <a href="https://www.HealthiestEmployers.com">www.HealthiestEmployers.com</a> and <a href="https://www.Springbuk.com">www.Springbuk.com</a>.

### Tee-Off 'Fore' Ta-Tas Comes To the Rescue



By Pat Smith, Greensburg Daily News

To say that Tee Off 'Fore' Ta-tas was a success hardly describes the magnitude of Friday's event at North Branch Golf Course. Carol Blasdel said the hospital had received grants for Mammography Assistance for several years from the Susan G. Komen Foundation. When donations dwindled the foundation had to make cuts. Blasdel, Mammography Supervisor at Decatur County Memorial Hospital, said "That's when our Hospital Foundation came to the rescue." This was a project of the Hospital Foundation of Decatur County.

The Ta-Ta committee, chaired by Susan Doerflinger Burkhart, got busy and planned an event that will be remembered for years for the merriment and for the lives that will be saved. The money raised will be used to help patients who have little or no insurance be able to afford a mammogram and also cover the costs for reading the images. All proceeds go to the DCMH Mammography Assistance Program.

Blasdel expressed her thanks in the program given to each woman at the Hospital Foundation project, "If you know of anyone who has delayed getting their annual mammogram because they can't afford it, please help spread the word about this fund by having them call the Radiology Department (812) 663-1157."

About 20 'fore'somes were hoped for, but 42 signed up. Each 'fore'some could choose their name and the names added to the high spirits of the day: Breast Fiends, The Big Squeezes, Bosom Buddies, The Mammy Grammys, The Honda Headlights, Thanks for the Mammaries, Ladies of Santee, BooBees, Putters for Udders, The Bedazzled Babes, Crystal Coconuts, The Boobsters, Ta-Ta's of the City and Big or Small Save Them All, and on and on.



The Ta-Ta committee was: Susan Burkhart, Chairperson, Lynzee McDowell, Vicki Rudolf, Carol Blasdel, Jan Ziegenfus, Angela Belter, Jenni Hanna, Cheryl Johnson, Molly Pierson, Jennifer Cutsinger, Shannon Allgeier and Bryan Robbins.

Sponsors included SIHO Insurance Services, Morning Breeze, WTRE 1330 AM, Tina Kramer The Learning GIFT, and RBSK Partners PC.

Many donations from individuals and merchants and many vendors and Ta-Ta volunteers made the occasion one to remember. The Women's Auxiliary of the Hospital gave the Foundation \$5,000 for the DCMH Mammography Assistance Program.

The women played nine 'out of the ordinary' holes. Examples include the ninth hole when the ladies were to tee off with a provided frying pan

and hitting the golf ball baseball style; the Bra Sling Shot was used for hole number two; and the Hula Hoop Survivor Challenge was not easy to do with everyone shaking with laughter. Other holes were played with a croquet mallet, kick balls and tennis rackets. A couple of the holes were played fairly close to the usual way.

Bryan Robbins said The Hospital Foundation of Decatur County and Decatur County Memorial Hospital would like to thank everyone for their support of the Mammogram Assistance Program and game thanks to everyone for the success of the first annual "Tee-Off fore' Ta-Ta's."



### **Beth Auker Receives Inaugural Award**

Beth

Indiana

Auker awarded the inaugural



Beth Auker with Dave Hyatt, JCH CEO

Hospital Association Award for Administrative Professional Excellence of the Year in honor of Mikell Brown. The award was presented to Beth at the IHA Administrative Professionals Conference in July. IHA established the Administrative Professional Excellence recognize outstanding support staff service. The award bears the name of an individual whose service to Indiana hospitals as an IHA staff member was indeed exemplary. Mikell Brown was an administrative assistant in education and communications for 25 years. She was a tireless, trustworthy resource on all association matters and a mentor to all of the new hires at IHA. Beth is the Administrative Assistant for the Administration Office and has been at Jay County Hospital for over 19 years.

## Brian Ison Named One of *Twenty Under 40!*



Brian Ison was recently named one of Muncie's Star Press M Magazine's Twenty Under 40! Each year, M Magazine recognizes 20 individuals under the age of 40 who are enhancing the business and community landscape in East Central Indiana. These 20 men and women excel in both their profession and community service. Brian has been at Jay County Hospital for 16 years and Rehab manager for 7 years. He is currently the President of the Board of Directors of John Jay Center for Learning and President of the Portland Jr. League Board of Directors.



Brian Ison with Loretta Sherwood, nominating colleague

## Dr. Wehrley Joins JCH Specialty Referral Center



Dr. Darby Wehrley with Agility Foot and Ankle Specialty Center, LLC, recently began seeing patients at the JCH Specialty Referral Center next to the Jay County Hospital. The Agility Foot and Ankle Specialty Center specializes in Sports Medicine Reconstruction, Joint Reconstructive Surgery, Diabetic Foot/Wound Care, and most other foot care needs including Orthotics, Fractures, and Injury Car. (Photo attached of Dr. Darby Wehrley.)

