

Indian Creek Senior High School Re-Opening Plan Updated 7-23-2020

ICHS Covid-19 school environment measures for 2020-21 school year

Masks:

Masks are required for all students and staff in accordance with Governor Holcomb's executive order. Allowable exceptions for not wearing masks may include the following:

1. Classrooms that are configured with students and their teacher spaced at least 6 feet apart may have a reprieve from mask wearing.
2. Individual discretion while working with students who have 504 plans or IEP's
3. Activities deemed necessary by school administration for instructional purposed.

Classrooms:

To ensure safety and comfort, teachers will have the ability to set additional guidelines in their own classrooms. Examples may include:

1. One-on-one interactions may take place at the student desk, teacher desk, and/or designated area in the classroom.
2. Standing within 3-6 feet for a discussion.
3. Group projects (when group projects are unavoidable). Examples include classroom labs, student kitchen areas, construction areas, etc.

Cafeteria/Lunch:

All ICHS students will rotate on a two-lunch schedule during their 4th or 5th period class.

Waiting in line:

1. Student lunch tables will be limited to 4 students per table.
2. Students will also be expected to spread out in the gym bleachers and outside the cafeteria (weather permitting) to ensure proper distancing.
3. When reporting to lunch students will be seated first and wait for a staff member to send them through the lunch line.
4. Students will be expected to allow proper distancing as they wait in the cafeteria line.
5. **Masks will be worn by all students and staff.**

Seating: All students will eat either in the cafeteria, gym bleachers, or outside the cafeteria doors (weather permitting). Each school cafeteria table seats 8 students. Now, seating will only be available for 4 students per table. Extra chairs will be removed. Students will not be allowed to move chairs between tables.

Cleaning: Table-tops will be cleaned before first lunch, between lunches, and after lunch. Our lunch schedule has allowed time for cleaning.

Indian Creek Senior High School roadmap addendum

Library:

Returned books will sit idle for three days before they are cleaned and placed back in circulation. Seating has been rearranged to discourage group gatherings in the library.

Office areas (main office, athletic office, guidance area):

1. Students **will wear masks** while in office areas.
2. Staff **will wear masks** when interacting with students/parents/guests.
3. Guests **will wear masks** while in the office area.
4. Office area chairs are arranged/removed to allow for proper distancing of guests.
5. Overflow of guests will result in guests waiting in the entrance holding area.
6. Students checking out for dentist or doctor appointments will follow normal procedures. After signing your student out, the parent or guardian will wait outside in their vehicle for the student to depart.

Additional measures at ICBS are listed here in chronological order by a typical student day:

Arrival:

After 7:50 a.m. each school day, busses will drop students off at the main entrance as they arrive. This will allow for a reduced number of students at a time entering a supervised entrance.

7:50 - 8:00 a.m.:

All students entering the building will be spread out through the gym until 8:00 a.m. (when all staff are officially positioned in their supervised areas). **Students will follow distancing guidelines and wear masks.** Students will be supervised.

8:00 - 8:10 a.m.:

Students will be expected to move to their assigned first period class. **Masks will be worn at this time.** Students will have the option to go through the breakfast line before reporting to class. Students will not be allowed to eat breakfast in the cafeteria.

Indian Creek Senior High School roadmap addendum

Periods 1-3:

Students will continue through their schedule as normal. **As stated, students will wear masks during passing periods, social interactions, group activities, and one-on-one interactions with staff.**

At the beginning and end of each class period, students should either wash their hands or use hand sanitizer. All classes will end one minute early for extra passing period time. Sophomores and Seniors will have three minutes to move to their next class followed by Freshmen and Juniors getting three minutes.

Period 4:

Central Nine (C9) students will be released from their 3rd period class 2 minutes early. C9 students will be expected to one of the following:

1. Exit the building and leave for C9 immediately.
2. Get lunch from the cafeteria and exit the building for C9.
3. Get lunch from the cafeteria, sit in an assigned lunch area until 11:10, and then get on one of the two assigned busses traveling directly to C9.

Mon, Tue, Thur, Fri - All other students will be in 4th period class.

Wed- All other students will eat during their 4th period lunch time as described above.

Period 5:

Students will either report to their 5th period class or first lunch. Students will rotate on a two-lunch schedule. Additional cafeteria/lunch measures can be seen on pgs 1 & 2. Class will end one minute early for extra passing period time. Sophomores and Seniors will have three minutes to move to their next class followed by Freshmen and Juniors getting three minutes.

Periods 6 - 7:

Students will continue through their schedule as normal, with all safeguards in place. All classes will end one minute early for extra passing period time. Sophomores and Seniors will have three minutes to move to their next class followed by Freshmen and Juniors getting three minutes.

IRP:

Wednesday IRP- students will continue through their period as normal, with all safeguards in place.

Mon, Tues, Thur, Fri- (2:55 - 3:20) C9 students will be back for IRP

Students will have the following options:

1. Report to their assigned IRP. Students will be expected to complete daily assignments, check school emails, use devices to complete assignments, signup for extra help, etc. Students will be released in groups at 3:20pm. Busses will arrive at the normal times and exit the campus at approximately 3:35pm.
2. Exit the building immediately.
 - a. Students must be passing all classes. (Grade checks will be done every 3 weeks)
 - b. Students involved in afterschool activities must stay. (Students may not leave and come back)
 - c. Students must be able to provide their own transportation.

Athletics:

See Indian Creek High School Athletics Procedures (attached)

Large Classes:**Physical Education**

Students will report to PE as normal. However, students will not dress for PE or use the locker room prior to August 16. Students should wear comfortable walking shoes and be prepared for classroom type work until August 16. After August 16, students will be expected to dress in the locker room while wearing masks. **Students will wear masks during PE except during any strenuous activities.** Lockers will be available for students for valuable belongings only. They will be expected to take their PE clothes home each day. Physical Education teachers will do their best to keep students distanced during warm-up, attendance, activities, and when students return to their locker.

Music (Band/Choir)**Masks**

- Music instructors will wear masks during instruction if the masks do not inhibit the instruction. This will continue to take place until it is no longer recommended.
- In the band setting, students will not be able to wear masks while using instruments, but they will need to follow school guidelines when passing to and from class.
- **In the choral setting, students, when not engaging in vigorous activity and when practical, will wear masks.**

Social Distancing

- ICHS has created an additional section of band class to reduce the number of students in each section.
- Larger rooms/outdoor areas will be utilized to allow for appropriate social distancing during choral instruction.
- Assigned seating will be utilized in all rehearsal spaces.
- Chairs/students will be distanced appropriately (grid, staggered, no circles)
- Music folders will be kept by students (no music folder storage cabinet)
- Students will have an entrance and exit door to utilize for class and will move directly to assigned seats/areas in the choir room.
- Instructors will wear a microphone so students can understand/hear instruction.
- Smaller ensembles may use other classrooms using proper distancing guidelines.
This will result from smaller class sizes or from dividing a large ensemble into smaller groups.
- Marching band will utilize outdoor rehearsals whenever possible. If weather doesn't allow for this, students will be broken into smaller groups. Students will stand with appropriate social distancing while utilizing large rooms/areas within the school building.
- Individual student lessons will take place in areas where appropriate social distancing procedures outlined can be used (no practice rooms)
- After school rehearsals will follow the same social distancing procedures utilized during the school day.
- Students will be required to clear out following rehearsals and will not be allowed to congregate in the music department or common areas.

Concerts/Performances

- Concerts will still take place using social distancing guidelines. This part of music classes is an important part of the process.
- Concerts may be limited to one or two performing groups at a time in order to keep space between students and to help limit audience size
- Performers **will** still perform using the social distancing guidelines. We may not use risers this year unless it is deemed "safe" at some point.
- Outdoor performances are being considered as an option.
- Audience members **will** be asked to sit with appropriate space between families.
- Larger scale performances where public audiences are historically large (Veteran's Day, Holiday Concert, Fall Concert, etc.) will be reconfigured to keep social distancing protocols.
- Live stream options
- Limit number of audience members
- Performances that take place at other locations (ISSMA events, marching band competitions, choir festivals, etc.) will still be attended if the venues allow for school social distancing guidelines to be followed.

Water

- Students will be encouraged to bring their own water to class. Drinking fountains will not be used.
- Marching band students will need to have water jugs for after school rehearsals. No sharing will be allowed.

Music and Instrument Storage

- Students will be responsible for keeping music with them and bringing it to rehearsals/class.
- Music will not be shared between classes. PDF versions will be available on Canvas so students can utilize devices if needed during class.
- The designated instrument storage areas will be used for instruments only (not lunches, as a personal school locker, etc.

Transportation

- Transportation to choir and band events will follow district bus guidelines.
- To the extent that is possible social distancing **will** be used. **Students will be required to wear masks during bus transportation.**

Indian Creek Athletics, Procedures, Indiana Phase 5



Unique requirements for a district/school's region or county must be followed regardless of the phase defined below. In addition, given the fluid situation of COVID-19, **these considerations are subject to change**. Read the phases carefully as the considerations are gradually expanded in many areas.

Phase I: July 6-July 19

- Student athletes should be limited to 15 hours per week on campus.
- Individual student athletes are limited to 15 total hours of school contact activity per calendar week. (The Sunday Rule will be enforced)
- School contact activity includes conditioning and sport-specific activities.
- No sport may have more than two activity days per calendar week. Each sport must register their activity days in the office of the Athletic Director at least 10 days in advance. Sport-specific activity days may not occur on consecutive calendar days.
- Activity days are limited to three hours per day. (Six hours per calendar week.)
- Conditioning is limited to four days per week. Conditioning sessions may be held multiple times each day, each session limited to two hours. Student athletes may attend only one conditioning session per day.
- **ALL SUMMER ACTIVITIES ARE VOLUNTARY**
- All State and local guidelines for group limitations must be followed and social distancing is encouraged.
- Any student who prefers to wear a face covering for activities should be allowed, if doing so will not cause a health risk.
- Students, when not engaging in vigorous activity and when practical, should wear face coverings. See [Appendix A](#).
- Non-students, including coaches, medical-related staff, directors, security staff, supervisors, etc. should wear face coverings at all times unless under rigorous activity or poses a health risk. See [Appendix A](#).
- Only essential student athletes, student participants, coaches, medical staff, related supervisors, directors, and security should be in attendance.
- Consideration should be given to [vulnerable individuals](#) and it is encouraged for those individuals to seek medical guidance regarding his/her individual level of participation.

- An alternate command structure for coaching staff should be established in case of illness.
- Prior to participation, all first-time student athletes are required to have an IHSA pre-participation physical for the upcoming school year. Returning student athletes are not required to obtain a new IHSA pre-participation physical, but should provide a [2020-21 IHSA Health History Update Questionnaire and Consent & Release Certificate](#) prior to participation.
- All students and staff [should be trained](#) and screened for signs/symptoms of COVID-19 prior to participating in workouts, rehearsals, or practices. See [Appendix A](#) .
 - Any person with COVID-19-related symptoms should not be allowed to take part in workouts, rehearsals, or practices and should contact his or her primary care provider or other appropriate healthcare professional.
 - The State [website](#) has a list of over 200 testing facilities, their location and hours of operation. This list is updated frequently.
 - Any person with a positive COVID-19 test shall trigger the established predetermined thresholds for mitigation strategies by following ISDH's recommendation to work with your local health department in following the CDC guidance which can be found [here](#). Reference page 3, "When a confirmed case has entered a school, regardless of community transmission."
 - Coaches must track COVID-19 impacted attendance and report to district/school administration.
 - Follow specific return to school protocol in reference to participation for student athletes or staff members who no longer test positive and/or no longer display symptoms of COVID-19. See [Appendix A](#), reference *Return to School After Exclusion*.
 - Districts/schools are encouraged to [post signs](#) displaying symptoms to educate students.
- Individuals should wash their hands for a minimum of 20 seconds with warm water and soap before touching any surfaces or participating. If this is not possible, hand sanitizer should be plentiful and available to individuals as they transfer from place to place.
- Locker rooms should not be utilized. Students should report to their activity in proper gear and immediately return home to shower at the conclusion. Restrooms should remain available for student athletes and athletic staff, however social distancing is encouraged.
- Gathering sizes should be decreased as much as possible to reduce risk. Workouts should be conducted in defined, smaller groups of students with the same students always together. Reduce gathering size by half capacity in large areas (weight room, band rooms, wrestling rooms, etc.).
- The goal of social distancing is defined by the [CDC](#). If it is not possible to follow these guidelines indoors or outdoors, then create as much distance as possible. It is recommended that participants and coaches wear face coverings when distancing is limited and the individual is not participating in rigorous activity. For

sidelines, benches, or other holding areas, consider establishing protocol as a guide for students and coaches. The goal and expectation is no contact.

- Consider scheduling adjustments to reduce the number of events, duration, and/or participants present.
- Cleaning schedules should be created and implemented for all facilities and equipment to mitigate any communicable diseases. Review the plan and supply inventory to thoroughly clean and disinfect prior to and after usage following [CDC](#), [EPA](#), and [OSHA](#) guidelines. The plan should be clear on who cleans and appropriate training and PPE is provided for such.
- School activities using off-site, non-school owned facilities and equipment for related activities should work with the off-site facility provider to ensure the associated and relevant safety measures are in place. If transporting to-and-from workouts, rehearsals, or practices, transportation safety measures and cleaning regarding team or group transportation must be followed. See [Appendix E](#).
- Appropriate clothing/shoes should be worn at all times to minimize transmission.
- No sharing of clothing, shoes, towels, or water bottles.
- Hand sanitizer should be plentiful and available at all times.
- If equipment must be shared, including sports balls, weight room facilities, non-wind instruments, etc., this equipment should be cleaned prior to use and immediately following usage. Responsibility for cleaning should be clear and appropriate training and PPE should be provided.
- Equipment such as weight benches, athletic pads, etc. having holes with exposed foam should be covered or discarded.
- Students must be expected to shower at home and wash workout clothing immediately upon returning to their home. If a student does not have a laundered uniform, he/she may not be allowed to participate in practice or competition.
- If schools launder student gear or uniforms, PPE must be available for the person in charge of laundering.
- Free weight exercises requiring a spotter cannot be conducted. Safety measures in all forms must be strictly enforced in the weight room.
- For contact sports, no contact is allowed.
- Shared hydration stations (water trough, water fountains, water hose, etc.) should not be utilized except for filling individual, labeled water bottles.
- No formal competition is allowed.
- Pool usage is acceptable. Schools should take necessary steps to promote health and safety both in the water and out by social distancing and using good hygiene.
 - State and local guidelines that may determine when and how recreational water facilities may operate should be followed.

Phase II: July 20-August 15

- All State and local guidelines for group limitations must be followed and social distancing is encouraged.
- Any student who prefers to wear a face covering for activities should be allowed, if doing so will not cause a health risk.
- Students, when not engaging in vigorous activity and when practical, should wear face coverings. See [Appendix A](#).
- Non-students, including coaches, medical-related staff, directors, security staff, supervisors, etc. should wear face coverings at all times unless under rigorous activity or poses a health risk. See [Appendix A](#).
- Only essential student athletes, student participants, coaches, medical staff, related supervisors, directors, and security should be in attendance.
- Consideration should be given to [vulnerable individuals](#) and it is encouraged for those individuals to seek medical guidance regarding his/her individual level of participation.
- An alternate command structure for coaching staff should be established in case of illness.
- Prior to participation, all first-time student athletes are required to have an IHSA pre-participation physical for the upcoming school year. Returning student athletes are not required to obtain a new IHSA pre-participation physical, but should provide a [2020-21 IHSA Health History Update Questionnaire and Consent & Release Certificate](#) prior to participation.
- All students and staff [should be trained](#) and screened for signs/symptoms of COVID-19 prior to participating in workouts, rehearsals, or practices. See [Appendix A](#) .
 - Any person with COVID-19-related symptoms should not be allowed to take part in workouts, rehearsals, or practices and should contact his or her primary care provider or other appropriate healthcare professional.
 - The State [website](#) has a list of over 200 testing facilities, their location and hours of operation. This list is updated frequently.
 - Any person with a positive COVID-19 test shall trigger the established predetermined thresholds for mitigation strategies by following ISDH's recommendation to work with your local health department in following the CDC guidance which can be found [here](#). Reference page 3, "When a confirmed case has entered a school, regardless of community transmission."
 - Coaches must track COVID-19 impacted attendance and report to district/school administration.
 - Follow specific return to school protocol in reference to participation for student athletes or staff members who no longer test positive and/or no longer display symptoms of COVID-19. See [Appendix A](#), reference *Return to School After Exclusion*.

- Districts/schools are encouraged to [post signs](#) displaying symptoms to educate students.

- Individuals should wash their hands for a minimum of 20 seconds with warm water and soap before touching any surfaces or participating. If this is not possible, hand sanitizer should be plentiful and available to individuals as they transfer from place to place.
- If locker rooms or meeting rooms are used, 50 percent capacity is recommended.
- Gathering sizes should be decreased as much as possible to reduce risk. Workouts should be conducted in defined, smaller groups of students with the same students always together. Reduce gathering size by half capacity in large areas (weight room, band rooms, wrestling rooms, etc.).
- The goal of social distancing is defined by the [CDC](#). If it is not possible to follow these guidelines indoors or outdoors, then create as much distance as possible. It is recommended that participants and coaches wear face coverings when distancing is limited and the individual is not participating in rigorous activity. For sidelines, benches, or other holding areas, consider establishing protocol as a guide for students and coaches.
- Consider scheduling adjustments to reduce the number of events, duration, and/or participants present.
- Contact is allowed as [defined by Indiana High School Athletic Association \(IHSAA\)](#).
- Cleaning schedules should be created and implemented for all facilities and equipment to mitigate any communicable diseases. Review the plan and supply inventory to thoroughly clean and disinfect prior to and after usage following [CDC](#), [EPA](#), and [OSHA](#) guidelines. The plan should be clear on who cleans and appropriate training and PPE is provided for such.
- School activities using off-site, non-school owned facilities and equipment for related activities should work with the off-site facility provider to ensure the associated and relevant safety measures are in place. If transporting to-and-from workouts, rehearsals, or practices, transportation safety measures and cleaning regarding team or group transportation must be followed. See [Appendix E](#).
- Appropriate clothing/shoes should be worn at all times to minimize transmission.
- No sharing of clothing, shoes, towels, or water bottles.
- Hand sanitizer should be plentiful and available at all times.
- If equipment must be shared, including sports balls, weight room facilities, non-wind instruments, etc., should be cleaned prior to use and immediately following usage. Responsibility for cleaning should be clear and appropriate training and PPE should be provided.
- Any equipment such as weight benches, athletic pads, etc. having holes with exposed foam should be covered or discarded.

- Students must be expected to shower at school or at home and wash workout clothing immediately upon returning to their home. If a student does not have a laundered uniform, he/she may not be allowed to participate in practice or competition.
- If schools launder student gear or uniforms, PPE must be available for the person in charge of laundering.
- Free weight exercises requiring a spotter can be conducted. Safety measures in all forms must be strictly enforced in the weight room.
- Celebratory and sportsmanship acts that involve contact should be prohibited.
- Shared hydration stations (water trough, water fountains, water hose, etc.) should not be utilized except for filling individual, labeled water bottles.
- Pool usage is acceptable. Schools should take necessary steps to promote health and safety both in the water and out by social distancing and using good hygiene.
 - State and local guidelines that may determine when and how recreational water facilities may operate should be followed.
- No formal competition is allowed with the exception of girls golf.

Phase III: August 15

- All State and local guidelines for group limitations must be followed and social distancing is encouraged.
- Any student who prefers to wear a face covering for activities should be allowed, if doing so will not cause a health risk.
- Students, when not engaging in vigorous activity and when practical, should wear face coverings. See [Appendix A](#).
- Non-students, including coaches, medical-related staff, directors, security staff, supervisors, etc. should wear face coverings at all times unless under rigorous activity or poses a health risk. See [Appendix A](#).
- Consideration should be given to [vulnerable individuals](#) and it is encouraged for those individuals to seek medical guidance regarding his/her individual level of participation.
- An alternate command structure for coaching staff should be established in case of illness.
- Prior to participation, all first-time student athletes are required to have an IHSA pre-participation physical for the upcoming school year. Returning student athletes are not required to obtain a new IHSA pre-participation physical, but should provide a [2020-21 IHSA Health History Update Questionnaire and Consent & Release Certificate](#) prior to participation.
- All students and staff [should be trained](#) and screened for signs/symptoms of COVID-19 prior to participating in workouts, rehearsals, or practices. See [Appendix A](#).


- Any person with COVID-19-related symptoms should not be allowed to take part in workouts, rehearsals, or practices and should contact his or her primary care provider or other appropriate healthcare professional.
 - The state [website](#) has a list of over 200 testing facilities, their location and hours of operation. This list is updated frequently.
 - Any person with a positive COVID-19 test shall trigger the established predetermined thresholds for mitigation strategies by following ISDH's recommendation to work with your local health department in following the CDC guidance which can be found [here](#). Reference page 3, "When a confirmed case has entered a school, regardless of community transmission."
 - Coaches must track COVID-19 impacted attendance and report to district/school administration.
 - Follow specific return to school protocol in reference to participation for student athletes or staff members who no longer test positive and/or no longer display symptoms of COVID-19. See [Appendix A](#), reference *Return to School After Exclusion*.
 - Districts/schools are encouraged to [post signs](#) displaying symptoms to educate students.
- Individuals should wash their hands for a minimum of 20 seconds with warm water and soap before touching any surfaces or participating. If this is not possible, hand sanitizer should be plentiful and available to individuals as they transfer from place to place.
- If locker rooms or meeting rooms are used, 50 percent capacity is recommended.

*If the restriction to 50 percent capacity at competitive events creates a hardship and impacts the hygiene or safety of students, a 50 percent or greater capacity is allowed.
 - Consider scheduling adjustments to reduce the number of events, duration, and/or participants present.
 - Gathering sizes should be decreased as much as possible to reduce risk. Workouts should be conducted in defined, smaller groups of students with the same students always together. Reduce gathering size by half capacity in large areas (weight room, band rooms, wrestling rooms, etc.).
 - The goal of social distancing is defined by the [CDC](#). If it is not possible to follow these guidelines indoors or outdoors, then create as much distance as possible. It is recommended that participants and coaches wear face coverings when distancing is limited and the individual is not participating in rigorous activity. Officials should be given the option to wear face coverings. For sidelines, benches, or other holding areas, consider establishing protocol as a guide for students and coaches.
 - Hospitality rooms for officials should not include shared food service and should allow space for social distancing. Individual waters and pre-packaged snacks may be made available.
 - Consider scheduling adjustments to reduce the number of events, duration


and/or participants present.

- Cleaning schedules should be created and implemented for all facilities and equipment to mitigate any communicable diseases. Review the plan and supply inventory to thoroughly clean and disinfect prior to and after usage following [CDC](#), [EPA](#), and [OSHA](#) guidelines. The plan should be clear on who cleans and appropriate training and PPE is provided for such.
- Cleaning regarding team or group transportation must be followed. See [Appendix E](#).
- Appropriate clothing/shoes should be worn at all times to minimize transmission.
- No sharing of clothing, shoes, towels, or water bottles.
- Hand sanitizer should be plentiful and available at all times.
- Contact should be limited to only contact necessary to compete as [defined by IHSA](#). Modified sportsmanship practices should be observed.
- If equipment must be shared, including sports balls, weight room facilities, non-wind instruments, etc., this equipment should be cleaned prior to use and immediately following usage. Responsibility for cleaning should be clear and appropriate training and PPE should be provided.
- Any equipment such as weight benches, athletic pads, etc. having holes with exposed foam should be covered or discarded.
- Students must be expected to shower at school or at home and wash workout clothing immediately upon returning to their home. If a student does not have a laundered uniform, he/she may not be allowed to participate in practice or competition.
- If schools launder student gear or uniforms, PPE must be available for the person in charge of laundering.
- Shared hydration stations (water trough, water fountains, water hose, etc.) should not be utilized except for filling individual, labeled water bottles.
- Pool usage is acceptable. Schools should take necessary steps to promote health and safety both in the water and out by social distancing and using good hygiene.
 - State and local guidelines that may determine when and how recreational water facilities may operate should be followed.
- Competition may begin.
- Spectators, media, and vendors can be present but should implement social distancing and follow established mass gathering guidelines.
- Concessions may be sold if food handlers and cashiers use appropriate PPE and only prepared, prepackaged food is available.


2020-21 PHASED ATHLETIC RETURN TO PLAY PLAN

	Phase I	Phase II - July 20th - August 14th		Phase III
	July 6th - July 19th	July 20th - August 2nd	August 3rd - August 14th	August 15th
		(Normal Summer)		
School Facilities	Open to Essential Personnel and Participants Only	Open to Essential Personnel and Participants Only	Open to Essential Personnel and Participants Only	OPEN
Individual Athlete Participation	15 Total Hours on Campus/Week	Normal Summer Rules and Guidelines	FALL SPORTS PRACTICES BEGIN. NORMAL IHSAA RULES AND REGULATIONS	FALL SPORTS COMPETITIONS BEGIN
	4 Conditioning Sessions/Week - Athlete can attend 1 Two-Hour Session/Day			
	2 Activity Days/Week per sport - Three Hours per session - Same Sport may NOT occur on consecutive calendar days.			
	All Summer Activities are Voluntary			
Social Distancing	Encouraged	Encouraged	Encouraged	Encouraged
Face Coverings	Allowed, if doing so is not a health risk.	Allowed, if doing so is not a health risk.	Allowed, if doing so is not a health risk.	Allowed, if doing so is not a health risk.
People allowed to be in attendance	Essential Personnel ONLY - No Parents, Spectators, Etc...	Essential Personnel ONLY - No Parents, Spectators, Etc...	Essential Personnel ONLY - No Parents, Spectators, Etc...	Spectators, media, and vendors can be present but should implement social distancing.
Alternate Command Structure	Command Structure for Coaching Staff should be established in case of illness.	Command Structure for Coaching Staff should be established in case of illness.	Command Structure for Coaching Staff should be established in case of illness.	Command Structure for Coaching Staff should be established in case of illness.
2020-21 Athletic Physical Status	All athletes must have a valid 2020-21 IHSAA Physical on file or a valid 2019-20 IHSAA Physical and the IHSAA Health History Update Questionnaire and Consent/ Release Certificate on file.	All athletes must have a valid 2020-21 IHSAA Physical on file or a valid 2019-20 IHSAA Physical and the IHSAA Health History Update Questionnaire and Consent/ Release Certificate on file.	All athletes must have a valid 2020-21 IHSAA Physical on file or a valid 2019-20 IHSAA Physical and the IHSAA Health History Update Questionnaire and Consent/ Release Certificate on file.	All athletes must have a valid 2020-21 IHSAA Physical on file or a valid 2019-20 IHSAA Physical and the IHSAA Health History Update Questionnaire and Consent/ Release Certificate on file.

Adapted from the Spreadsheet Developed by Brian Lewis from Jasper High School

	Phase I	Phase II - July 20th - August 14th		Phase III
	July 6th - July 19th	July 20th - August 2nd	August 3rd - August 14th	August 15th
		(Normal Summer)		
Contact Sports	NO CONTACT	CONTACT IS ALLOWED - As defined by Indiana High School Athletic Association		CONTACT IS ALLOWED - As defined by Indiana High School Athletic Association
Hydration Stations	No use of shared Hydration Stations - Personal Water Bottles only!	No use of shared Hydration Stations - Personal Water Bottles only!	No use of shared Hydration Stations - Personal Water Bottles only!	No use of shared Hydration Stations - Personal Water Bottles only!
Competition	NO COMPETITION WITH OTHER SCHOOLS	NO FORMAL COMPETITION (Formal Competition is considered an in-season contest.)	NO FORMAL COMPETITION - Exception Girls Golf. (Formal Competition is considered an in-season contest.)	FORMAL COMPETITION BEGINS
Facility Maintenance	Cleaning Schedules should be created and implemented for all Facilities and Equipment. Coaches will need to help maintain sanitation.	Cleaning Schedules should be created and implemented for all Facilities and Equipment. Coaches will need to help maintain sanitation.	Cleaning Schedules should be created and implemented for all Facilities and Equipment. Coaches will need to help maintain sanitation.	Cleaning Schedules should be created and implemented for all Facilities and Equipment. Coaches will need to help maintain sanitation.
Individual Athlete Gear and Equipment	NO SHARING OF CLOTHING, SHOES, TOWELS, WATER BOTTLES, ETC...	NO SHARING OF CLOTHING, SHOES, TOWELS, WATER BOTTLES, ETC...	NO SHARING OF CLOTHING, SHOES, TOWELS, WATER BOTTLES, ETC...	NO SHARING OF CLOTHING, SHOES, TOWELS, WATER BOTTLES, ETC...
Appropriate Clothing	All Athletes should wear appropriate clothing, shoes, etc... at all times! Shirts are required at ALL times.	All Athletes should wear appropriate clothing, shoes, etc... at all times! Shirts are required at ALL times.	All Athletes should wear appropriate clothing, shoes, etc... at all times! Shirts are required at ALL times.	All Athletes should wear appropriate clothing, shoes, etc... at all times! Shirts are required at ALL times.
Celebratory and Sportsmanship Acts involving Contact	PROHIBITED	PROHIBITED	PROHIBITED	MODIFIED SPORTSMANSHIP PRACTICES SHOULD BE OBSERVED
Transportation	NO TRANSPORTATION	CLEANING REGARDING TEAM OR GROUP TRANSPORTATION MUST BE FOLLOWED		

Adapted from the Spreadsheet Developed by Brian Lewis from Jasper High School

	Phase I	Phase II - July 20th - August 14th		Phase III
	July 6th - July 19th	July 20th - August 2nd	August 3rd - August 14th	August 15th
		(Normal Summer)		
Attendance	COVID-19 Attendance must be taken.	COVID-19 Attendance must be taken.	COVID-19 Attendance must be taken.	COVID-19 Attendance must be taken.
COVID-19 SYMPTOMS	Any person with symptoms is referred to his or her primary care provider and not allowed to participate.	Any person with symptoms is referred to his or her primary care provider and not allowed to participate.	Any person with symptoms is referred to his or her primary care provider and not allowed to participate.	Any person with symptoms is referred to his or her primary care provider and not allowed to participate.
Locker Rooms	NO LOCKER ROOM USE - athletes should report in proper gear and return home to shower at the conclusion.	Locker Rooms are OPEN - Practice Social Distancing when possible. If locker rooms or meeting rooms are used, 50 percent capacity is recommended.	Locker Rooms are OPEN - Practice Social Distancing when possible. If locker rooms or meeting rooms are used, 50 percent capacity is recommended.	Locker Rooms are OPEN - Practice Social Distancing when possible. If locker rooms or meeting rooms are used, 50 percent capacity is recommended. *If the restriction to 50 percent capacity at competitive events creates a hardship and impacts the hygiene or safety of students, a 50 percent or greater capacity is allowed.
Gathering Sizes	Decreased as much as possible to reduce risk - 50% Capacity in large areas (weight rooms, wrestling rooms, etc...	Decreased as much as possible to reduce risk - 50% Capacity in large areas (weight rooms, wrestling rooms, etc...	Decreased as much as possible to reduce risk - 50% Capacity in large areas (weight rooms, wrestling rooms, etc...	Decreased as much as possible to reduce risk - Larger than 50% Capacity in large areas is allowed if you must.
Equipment	If equipment must be shared, this equipment should be cleaned prior to use and immediately following usage.	If equipment must be shared, this equipment should be cleaned prior to use and immediately following usage.	If equipment must be shared, this equipment should be cleaned prior to use and immediately following usage.	If equipment must be shared, this equipment should be cleaned prior to use and immediately following usage.
Student-Athlete Responsibility	Students are expected to shower at home, wash workout clothing immediately after, wash hands for a minimum of 20 seconds.	Students are expected to shower at home, wash workout clothing immediately after, wash hands for a minimum of 20 seconds.	Students are expected to shower at school or home, wash workout clothing immediately after, wash hands for a minimum of 20 seconds.	Students are expected to shower at school or home, wash workout clothing immediately after, wash hands for a minimum of 20 seconds.
Weightlifting	No Excercises requiring a spotter can be conducted.	Free weight excersises requiring a spotter CAN be conducted.	Free weight excersises requiring a spotter CAN be conducted.	Free weight excersises requiring a spotter CAN be conducted.
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