

2020 Alabama Coaches Clinic

Information:

Introducing our inaugural Alabama Coaches Clinic! Join us to listen and learn from 5-time national champion coach Mike Lingenfelter. Mike is an owner and director of Munciana Volleyball Club and leads the 18 Open Samurai. He has a vast history in the sport of volleyball from playing professionally and coaching college.

In our two-night series Mike will be discussing:

- Developing Elite Defenders
- Practice Preparation
- Mental Toughness
- Competitive Drills for Team Culture

FEATURING: MIKE LINGENFELTER

WHERE: Supreme Courts

WHEN: July 6th & 7th 5pm-7pm

> COST: FREE

BE SURE TO HAVE YOUR ATHLETES CHECK OUT OUR CAMP SERIES! WE WILL OFFER CAMPS FROM JULY 6TH – 11TH THERE WILL BE TIME SLOTS FROM VARSITY TO MIDDLE SCHOOL LEVEL. ATHLETES CAN REGISTER AT MUNCIANA.COM

Supreme Courts 4100 AL-69 Guntersville, AL 35976 Munciana Volleyball Athletic Excellence. Lifetime Experience.

Contact Randy Gardner with questions: randy@munciana.com