

Calendar

Spring 2022



JANUARY

| SUN | MON | TUES | WED | THURS | FRI | SAT |
|---|---|--|-----------|-----------|-----------|-----------------------------|
| NATIONAL MENTORING MONTH This month celebrates the unique benefits of making connections, being supported by a mentor and the rewards found in mentoring others. Follow Alpha Xi Delta on LinkedIn to connect and engage in online professional and personal networking including: relocation information, career advice, resume development, industry information and advice, and post-collegiate education opportunities. linkedin.com/company/alpha-xi-delta | | | | | | 1 Happy New Year! |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 Martin Luther King Jr. Day | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | SETTING INTENTIONS: Small ways you can encourage and mentor people are to: ask questions, share ideas, tell stories, dig deeper, offer encouragement, and make introductions. What is one realistic way you see yourself doing any of the above this semester? | | | | |

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FEBRUARY

| SUN | MON | TUES | WED | THURS | FRI | SAT |
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| BLACK HISTORY MONTH February marks Black History Month and calls on all Americans to reflect on the significant roles that African-Americans have played in shaping US history. africanamericanhistorymonth.gov | | 1 Lunar New Year | 2 | 3 | 4 Rosa Parks Day | 5 |
| 6 Groundhog Day | 7 | 8 | 9 | 10 | 11 | 12 Patriot Day 9/11 |
| 13 | 14 Valentine's Day | 15 | 16 | 17 Random Acts of Kindness Day | 18 | 19 |
| 20 | 21 President's Day | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | SETTING INTENTIONS: Visit alphaxidelta.org/educate-listen-amplify or alphaxidelta.org/we-cannot-stay-silent . Read and access resources for independent education with ways you can take action so you can have the courage to speak up, the grace to listen and educate others, and be a person who brings peace to to the world around you. | | | | |

The art of getting along with people must be based upon understanding and a willingness to see through another's eyes.

Exerpt from *The Quill of Alpha Xi Delta*

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REMINDER:

Alpha Xi Delta Foundation Scholarship & Grant Applications are Due March 1!
Apply at www.alphaxidelta.org/scholarships-grants-and-awards.

MARCH

| SUN | MON | TUES | WED | THURS | FRI | SAT |
|---|-----------|---|------------------------|--------------------------------------|----------------|-----------|
| WOMEN'S HISTORY MONTH join in commemorating and encouraging the study, observance and celebration of the vital role of women in American history. womenshistorymonth.gov | | 1 Foundation Scholarship And Grant Applications Due NPC Badge Day | 2 Ash Wednesday | 3 | 4 | 5 |
| National Interfraternal Ritual Celebration Week | | | | | | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 Daylight Savings: <i>Spring Forward!</i> | 14 | 15 | 16 | 17 St. Patrick's Day Purim | 18 Holi | 19 |
| 20 International Day of Happiness | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

“Man has a rival from the most unexpected source and “she has trod with a conquering foot nearly all the corners of the world. There is no step backward.””

There's a Woman in It, The Quill of Alpha Xi Delta Vol. 1, 1904

APRIL

| SUN | MON | TUES | WED | THURS | FRI | SAT |
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| SEXUAL ASSAULT AWARENESS MONTH The goal of SAAM is to raise public awareness about sexual harassment, abuse, and assault and educate communities on how to prevent it. Denim Day, on April 27, grew out of a 1998 Italian Supreme Court decision that overturned a rape conviction because the victim wore tight jeans. The <i>"I Ask"</i> campaign continues to explore the importance of consent in healthy relationships and empower everyone to put it into practice. nsvrc.org/saam | | | | | 1 April Fools Day | 2 |
| 3 Ramadan Starts | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 Palm Sunday | 11 | 12 | 13 | 14 Maundy Thursday | 15 Passover Eve Good Friday Tax Day | 16 Passover Starts |
| 17 Easter Alpha Xi Delta's Founders' Day | 18 | 19 | 20 | 21 | 22 | 23 |
| National Volunteer Appreciation Week | | | | | | |
| 24 Orthodox Easter | 25 | 26 | 27 Denim Day | 28 Lailat al-Qadr | 29 | 30 |

"The friends around you here are everlasting and true to the end. They stand by us in sunshine and sorrow."

When College Days are Over, The Quill of Alpha Xi Delta, 1904-1906

MAY

| SUN | MON | TUES | WED | THURS | FRI | SAT |
|--|---------------------------|---------------------------------|--|---|-----------|-----------|
| 1 Asian & Pacific American Heritage Month Starts | 2 | 3 Eid al-Fitr | 4 | 5 Yom Ha'atzmut <hr/> National Day of Prayer | 6 | 7 |
| 8 Mother's Day | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 Memorial Day | 31 End of Spring Term | MENTAL HEALTH AWARENESS MONTH Mental Health Awareness Month is a reminder that that mental health is essential and that those living with mental health issues are deserving of care, understanding, compassion, and pathways to hope, healing, recovery, and fulfillment. If you or someone you know is struggling, seek the support of your primary care doctor or another health professional about mental health problems. Ask them to connect you with the right mental health services. If you are experiencing a life-threatening emergency call 911. <i>If you or someone you know is suicidal or in emotional distress, contact the 24 hour National Suicide Prevention Lifeline, 1-800-273-8255 or Live Chat.</i> For general information on mental health and to locate treatment services in your area you can speak to a live person, Monday-Friday from 8:00 a.m. to 8:00 p.m. EST through the SAMHSA Treatment Referral Helpline, 1-877-726-4727. | | | |

SETTING INTENTIONS

How are you feeling this month?

JUNE

| SUN | MON | TUES | WED | THURS | FRI | SAT |
|---|--|------|---|-------|-----|-----|
| <p><i>"For the girls who wore the blue have proved pure gold."</i></p> <p><i>A Retrospect, The Quill of Alpha Xi Delta Vol. 1, 1904</i></p> | | | 1 | 2 | 3 | 4 |
| <p>5 Shavuot</p> <hr/> <p>Pentecost</p> | <p>6 D-Day <i>Commemorates when Allied forces landed in Normandy, France in 1944 during WWII.</i></p> | 7 | <p>8 National Best Friends Day</p> | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| <p>19 Juneteenth</p> <hr/> <p>Father's Day</p> | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |

SETTING INTENTIONS

In what way can you stay connected to your Alpha Xi Delta Sisters this Summer?

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JULY

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| <p><i>The higher education of woman is no longer a conundrum. Woman herself has solvevd it. College Girls, The Quill of Alpha Xi Delta, Vol. 1, 1904-1906</i></p> | | | | | 1 | 2 |
| 3 | 4 Independence Day | 5 | 6 | 7 | 8 | 9 |
| 10 Eid al-Adha | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 Nelson Mandela Day | 19 | 20 | 21 | 22 | 23 |
| 24 National Parents and Family Day | 25 | 26 | 27 | 28 | 29 | 30 International Day of Friendship |
| 31 | <p>SETTING INTENTIONS As you end your summer, what is one goal you have for the fall semester?</p> | | | | | |

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