

ICHS Lunch

November 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
			1	2	3
Week 1			Country Fried Steak Mashed Potatoes Green beans Peaches Roll Milk	Tex Mex Pizza Cheese Quesadilla Salsa, Pepper Rings Cucumbers, Banana Sour Cream Graham Crackers, Milk	Chicken Nuggets Breaded Mozz Sticks Broccoli Applesauce Cracker Milk
	6	7	8	9	10
Week 2	Beef Tenderloin Sandwich Spicy Chicken Sandwich Green Beans Pears Goldfish Milk	Hot Dog Sloppy Joe French Fries Fruit Cocktail Cookie Milk	Biscuit and Gravy Sausages Carrots Banana Goldfish Milk	Cheese Breadsticks w/ Marinara Sauce Calzone Broccoli, Applesauce Fruit Snack Milk	Chicken Tenders French Bread Pizza Baked Beans/Salad Peaches Graham Crackers Milk
	13	14	15	16	17
Week 3	Popcorn Chicken Deep Dish Cheese Pizza Carrots/Dip Applesauce Giant Goldfish Milk	State Fair Corn Dog Pulled BBQ Pork Sandwich Corn Mixed Fruit Juice Cup Milk	Creek Cattle Company Hamburger on Bun Celery/PB Peaches Fruit Snack Milk	Pepperoni Bosco Stick Chicken Chunks Broccoli Banana Goldfish Crackers Milk	Breaded Chicken w/roll Pork Tenderloin Sandwich w/Lettuce & Tomato Texas Beans, Salad Pears Milk
	20	21	22	23	24
Week 4	BBQ Rib Sandwich Spicy Chicken Tenders Broccoli Fruit Cocktail Goldfish Crackers Milk	Turkey & Noodles Mashed Potato Green Beans Applesauce Roll, Cookie Milk	THANKSGIVING BREAK	THANKSGIVING BREAK	THANKSGIVING BREAK
	27	28	29	30	
Week 5	Deep Dish Pizza Cheese Breadsticks Marinara Sauce Baked Beans, Salad Peaches Milk	Cheeseburger Grilled Chicken Sandwich Carrots Lettuce, Tomato Pears, Giant Gold Fish Milk	Meat Ball Subs Cheese cup Green Beans Applesauce Fruit Roll Up Milk	Tex Mex Pizza Cheese Quesadilla Salsa, Pepper Rings Cucumbers, Banana Sour Cream Graham Crackers, Milk	

Subject to change

This Institution is an Equal Opportunity Provider