

# ICHS Lunch

# January 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Jan 6-10	Popcorn Chicken OR Deep Dish Cheese Pizza Carrots/Dip Applesauce Giant Goldfish Milk	Chicken & Noodles OR Chicken Tenders Mashed Potatoes Fruit Cocktail Roll Milk	Corn Dog OR Pork Tenderloin Sandwich Texas Beans, Salad Lettuce, Tomato Banana, Juice Cup Milk	Lasagna/Cheese Cup OR Beef & Cheese Burrito Green Beans Pears Bug Bites Milk	Pepperoni Pizza OR Chicken Rings Broccoli, Lettuce Apple Slices Chortles Milk
Jan 13-17	Cheeseburger OR Breaded Chicken Sandwich Corn Lettuce, Tomato Pears, Pretzels Milk	Deep Dish Pepperoni Pizza OR Cheese Breadsticks Marinara Sauce Baked Beans, Salad Orange Slices Milk	BBQ Rib Sandwich OR Cheesy Brave Burger Carrots Fruit Cocktail Goldfish Crackers Milk	Loaded Nachos OR Cheesy Quesadilla Salsa, Pepper Rings Cucumbers, Apple Slices Sour Cream Graham Crackers, Milk	Chicken Nuggets OR Spicy Chicken Sandwich Broccoli Banana Giant Goldfish Milk
Jan 20-24	<b>Martin Luther King Day</b>  <b>No School</b>	Hot Dog OR Sloppy Joe French Fries Oranges Fruit Snack Milk	Cheese Breadsticks/ Marinara Sauce OR Chicken Alfredo with Garlic Toast Broccoli, Apple Slices Fruit Roll-up, Milk	Chicken Fries OR French Bread Pizza Baked Beans, Salad Peaches Giant Goldfish Milk	Calzone OR Spicy Chicken Tenders Green Beans Pears Milk
Jan 27-30	Pulled BBQ Pork Sandwich OR Stuffed Crust Pizza Broccoli Applesauce Giant Goldfish Milk	Breaded Chicken OR Pork Tenderloin Sandwich Lettuce, Tomato Texas Beans, Salad Pears Milk	Biscuit & Gravy OR French Toast Sausage Carrots Banana Milk	Cheese Quesadilla OR Chicken Taco Salad/Boat Corn Lettuce, Salsa Apple Slices Goldfish, Milk	Cheesy Brave Burger OR Grilled Cheese Sandwich Tomato Soup Crackers Celery/PB Peaches, Milk