

# ICHS Lunch

## January 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Jan 6-10	Popcorn Chicken OR	Chicken & Noodles OR	Corn Dog OR	Lasagna/Cheese Cup OR	Pepperoni Pizza OR
	Deep Dish Cheese Pizza	Chicken Tenders	Pork Tenderloin Sandwich	Beef & Cheese Burrito	Chicken Rings
	Carrots/Dip	Mashed Potatoes	Texas Beans, Salad	Green Beans	Broccoli, Lettuce
	Applesauce	Fruit Cocktail	Lettuce, Tomato	Pears	Apple Slices
	Giant Goldfish	Roll	Banana, Juice Cup	Bug Bites	Chortles
	Milk	Milk	Milk	Milk	Milk
Jan 13-17	Cheeseburger OR	Deep Dish Pepperoni Pizza	BBQ Rib Sandwich OR	Loaded Nachos OR	Chicken Nuggets OR
	Breaded Chicken Sandwich	OR Cheese Breadsticks	Cheesy Brave Burger	Cheesy Quesadilla	Spicy Chicken Sandwich
	Corn	Marinara Sauce	Carrots	Salsa, Pepper Rings	Broccoli
	Lettuce, Tomato	Baked Beans, Salad	Fruit Cocktail	Cucumbers, Apple Slices	Banana
	Pears, Pretzels	Orange Slices	Goldfish Crackers	Sour Cream	Giant Goldfish
	Milk	Milk	Milk	Graham Crackers, Milk	Milk
Jan 20-24		Hot Dog OR	Cheese Breadsticks/	Chicken Fries OR	Calzone OR
	Martin Luther King Day	Sloppy Joe	Marinara Sauce OR	French Bread Pizza	Spicy Chicken Tenders
		French Fries	Chicken Alfredo with	Baked Beans, Salad	Green Beans
	No School	Oranges	Garlic Toast	Peaches	Pears
		Fruit Snack	Broccoli, Apple Slices	Giant Goldfish	Milk
		Milk	Fruit Roll-up, Milk	Milk	
Jan 27-30	Pulled BBQ Pork Sandwich	Breaded Chicken OR	Biscuit & Gravy OR	Cheese Quesadilla OR	Cheesy Brave Burger OR
	OR Stuffed Crust Pizza	Pork Tenderloin Sandwich	French Toast	Chicken Taco Salad/Boat	Grilled Cheese Sandwich
	Broccoli	Lettuce, Tomato	Sausage	Corn	Tomato Soup
	Applesauce	Texas Beans, Salad	Carrots	Lettuce, Salsa	Crackers
	Giant Goldfish	Pears	Banana	Apple Slices	Celery/PB
	Milk	Milk	Milk	Goldfish, Milk	Peaches, Milk