

ES/IS Breakfast Menu				August 2020	
	Monday	Tuesday	Wednesday	Thursday	Friday
Aug 5-7			Cereal w/yogurt	Cereal Bar w/Cheese Stick	Cereal w/yogurt
			Fruit/Juice	Fruit/Juice	Fruit/Juice
			Milk	Milk	Milk
Aug 10-14	Muffin OR	Pancakes OR	Bagelful OR	Cinnamon Roll OR	Frudel OR
	Cereal w/yogurt	Cereal Bar w/Cheese Stick	Cereal w/yogurt	Cereal Bar w/Cheese Stick	Cereal w/yogurt
	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice
	Milk	Milk	Milk	Milk	Milk
Aug 17-21	Cinni Mini	Sausage Biscuit OR	Bagelful OR	French Toast OR	Benefit Bar
	Cereal w/yogurt	Cereal Bar w/Cheese Stick	Cereal w/yogurt	Cereal Bar w/Cheese Stick	Cereal w/yogurt
	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice
	Milk	Milk	Milk	Milk	Milk
Aug 24-28	Muffin	Waffles OR	Bagelful OR	Cinnamon Roll OR	Frudel
	OR Cereal w/yogurt	Cereal Bar w/Cheese Stick	Cereal w/yogurt	Cereal Bar w/Cheese Stick	OR Cereal w/yogurt
	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice
	Milk	Milk	Milk	Milk	Milk